



Wednesday Noontime Study

Kerygma: The Bible in Depth

Beginning September 26 @ 11:30 am

Join us for a 34 week comprehensive exploration of the Bible and its meanings for life today. Each of ten themes traces related stories and events through both Old and New Testaments. This is an exciting course of study for adults ready to reflect deeply on the Scriptures, faith and life.

Themes

The Bible as a Whole

God Saves a People

People Find God Is Faithful

People Reflect about God

People Live in God's World

God's People Have Leaders

God's People Have Rulers

but One Sovereign

God Demands a Righteous People

God's People Learn Wisdom

God's People Worship

God's People Have Hope

Last Things

Suggested donation for study book: \$35



[Please Join Us for Our Next Class](#)

First Presbyterian Church, Kalispell

CLASS BEGINS

SEPTEMBER 26, 1:30 – 3:30

(continues each Wednesday for six weeks)

NO CHARGE FOR PARTICIPATION

WHO SHOULD ATTEND?

Anyone interested in:

how our brain works with our body

how to gain or retain muscle strength

learn simple movements which builds muscles

what affects balance

simple-gentle techniques for strength training

gaining confidence in movement

how to help others

how to exercise from a chair

simple-gentle techniques for stretching

learning why certain muscles hurt more

how to have a discussion with your doctor

mindful movement

You don't have to have experienced a fall to benefit from this class.

Space is limited!

Call FPC office (752.7488) or email fpcka-lispell@gmail.com to reserve your spot.