



WHANGANUI HIGH SCHOOL POLICY SEXUALITY EDUCATION

INTRODUCTION	1	As sexuality is an integral part of everyone's everyday life, the perception young people have about themselves as sexual people affects expectations, aspirations, social roles, living and learning as well as governing sexual behaviour and ultimately their total wellbeing.
OBJECTIVES	1 2 3 4	<p>To assist students to gain accurate and honest information about sexuality.</p> <p>To encourage students to clarify their own values and achieve an understanding of those of their family and community values.</p> <p>To assist students to develop skills to make informed and responsible decisions about personal relationships, sexual behaviour and sexual health.</p> <p>To assist students to understand their rights of access to healthcare services and find out more about the guidance, counselling and supportive services within and beyond the School.</p>
GUIDELINES	1 2 3 4 5 6 7 8	<p>That sexuality education is an integral part of a comprehensive health education programme in the School. Students are informed of programme content in advance. Year 10 students are encouraged to take part in the programme, but parents can request that their children be withdrawn, by writing to the Principal.</p> <p>This programme, which includes and encourages skills and attitudes of self-esteem, decision-making, relating to and respecting the rights of others, will have the topic of contraception integrated into it. Within the <i>Sexuality</i> section of the programme, abstinence will be promoted as a positive option.</p> <p>a) That only appropriately trained staff be able to give information about sexuality including contraception and contraceptive methods to classes. The Principal will be informed of topics to be covered by visiting speakers in the sexuality area.</p> <p>a) Students seeking advice regarding pregnancy and sexually transmitted diseases may self-refer to the Guidance Counsellors and/or School-based Health Nurse, if available.</p> <p>The Health Programme will focus on giving quality information to students, covering issues such as:</p> <p>a) attitudes and values of parents/students; b) relationship and communication with parents; c) physical and emotional implications and strategies for more positive outcomes; d) the right to say "no" and legal issues including consent; e) peer group and societal influences and expectations; f) risks online and in social media environments and acting in ways to enhance wellbeing; g) health hazards (STIs, etc.); h) what if it all goes wrong?</p> <p>That within the bounds of confidentiality, students will be actively encouraged and supported by School Counsellors to discuss their sexuality issues, contraception, pregnancy, etc with parents as early as possible.</p> <p>That the School can, with due sensitivity, display posters, hand out pamphlets, lend books, stock books in the School Library and show videos containing contraception information targeted at appropriate levels.</p> <p>Teaching staff will be available to discuss the content of the sexuality education courses with parents and caregivers of students.</p>

	9	The Health Nurse is available for self-referral by students and these services are actively promoted by this programme.
EVALUATION		The Board, in association with the Principal, will review this policy annually in accordance with the School's quality management cycle.

Approved by the Board

Signed Chairperson:

Date:

18/8/18

Signed Principal:

Date:

27/8/18