

# CULLINANE COLLEGE NEWSLETTER

## TERM 3, WEEK 4

### PRINCIPAL'S MESSAGE

Dear Parents and Caregivers,

As I type this message the term is in full swing. We have just farewelled the Education Review Office team from a week here with us. They provide a fresh set of eyes to review our school and the direction of learning here.

It is with great sadness that this last week Mr Martin Bullock has announced he is taking up a position with the Arahunga Special School. He begins Term Four as their new Regional Manager, a role that he will bring great strengths to. I want to acknowledge the tremendous contributions Mr Bullock has made here at Cullinane as the Deputy Principal.

The start of Week Four marks the real countdown for NCEA qualifications for our senior students. There are only fifty school days before the external examinations begin. Our in-school senior examinations will take place over the first three days of next week. These assessments, whilst providing good practice, form a basis for any derived grades (say if a child is unable due to sickness to sit the external exams). It is important that students are preparing well for these exams and strive to do their best.

One of the Church's core days of celebration for Mary occurs this week. Wednesday is the Feast of the Assumption. Having the Marist charisms as one of our core foundational philosophies, we will take the students through to St Mary's Church to celebrate this with the wider parish.

I want to congratulate those students involved in the winter code of sports. Our Cullinane teams consistently perform well across all codes and 2018 has seen this success continue.

Yours in Christ,

Justin Harper  
Principal



### SENIOR EXAMS

The College will be holding the Senior Examinations for Years 11, 12 and 13 on Monday 20th August through to and including Thursday 23rd August. Please find enclosed a copy of the Examination Timetable.

All senior students are expected to attend school as usual on these days. If your child is sitting five or more exams they are eligible to apply for exam leave through Mr Bullock. This will be approved on a case by case basis.

The Catch Up Programme will continue to run during this time. Our expectation is that all students will be in their usual classes when not sitting exams. Please be aware that students must be studying and working hard on their assessments in preparation for these examinations. If for any reason they are unable to sit NCEA at the end of the year, the mid year exams generate their final NZQA grade.

If you have any questions regarding these examinations please contact Señora Penn-Reina.

### COMING UP

**Friday 17th August**

*Basketball Finishes,  
Mass 11TB*

**Monday 20th  
August**

*Senior Exams,  
WSS Sports Awards*

**Tuesday 21st  
August**

*Senior Exams,  
Catch Up  
Programme*

**Wednesday 22nd  
August**

*Senior Exams*

**Friday 24th August**

*End of Rotations  
(Year 9 & 10),  
Mass 10EG,  
Whanganui  
Chronicle SS Cricket  
Cup*

**Tuesday 28th August**

*Feast of  
St Augustine's,  
Catch Up  
Programme*

**Friday 31st August**

*Mass 11DD,  
Open Day for  
Wellington  
Universities (Massey &  
Victoria)*

# SENIOR EXAM TIMETABLE 2018

## TERM 3, WEEK 5

	8.50-12.00	Mon 20/8	Tues 21/8	Weds 22/8
11	am	Science (1 Hour) (30 Stds)	English (2/3 Hours) (56 Stds)	Dance (2 Hours) 4 St Maori (3 Hours) 8 Std Accounting (2 Hours) 15 Stds
12		English (2/3 Hours) (44 Stds)	Physics (2 Hours) (7 Stds) Chemistry (2 Hours) (9 Stds)	Dance (2 Hours) 6 St Maori (3 Hours) 3 Std Accounting (2 Hours) 6 Std
13			Chemistry (2 Hours) (5 Stds) Geography 10 Stds	English (2/3 Hours) (21 Stds) Dance (2 Hours) 7 St Maori (3 Hours) 5 Std Accounting (2 Hours) 1 Stds
	12.40-15.40			
11	pm	Maths (1 Hour) (45 Stds)	Geography	Economics (2 Hours) 9 std Spanish (2 Hours) 11 Std Drama (3 Hours) 7 Std History
12		Maths (1.5 Hours) (32 Stds)	Biology (1Hour) (9 Stds)	Drama (2 Hours) 6 Std Spanish (2Hours) 1 Std History
13		Calculus (1.5Hours)(9 Stds)	Biology (1Hour) (11 Stds)	Drama (2 Hours) 6 Std History

## 2018 NZQA FEES

NZ Qualifications Authority charge Year 11 – 13 students NCEA fees each year to have their results recorded on their Record of Achievement and to receive certificates.

**NCEA Fees for 2018 are \$76.70 per student. Scholarship fees are additional.**

You are more than welcome to make part-payments towards this fee but all NCEA fees must be paid in full by **Friday, 31<sup>st</sup> August 2018.**

**Financial Assistance is available if parents or caregivers meet one of the following conditions:**

- Two or more students are entered for NCEA with fees more than \$200.
- Be receiving a Work and Income or Study Link benefit.
- Have a Community Services Card.
- Have joint family income that qualifies for a Community Services Card.

In order to qualify for financial assistance, you are required to complete an application form which is available from the Bursar or College office.

**Please contact the Bursar, Joanne O'Hara if you have any queries related to NCEA fees or financial assistance.**

## YOUTH GROUP



Wairua Tapu Kids  
Whanganui Youth Group

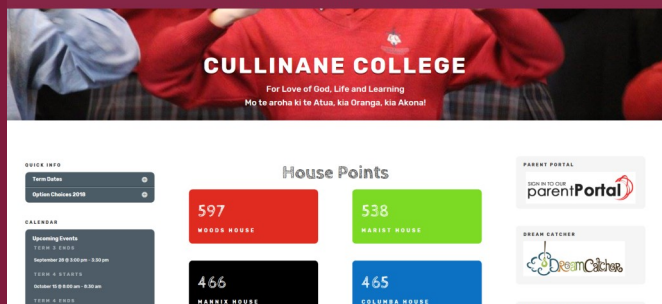
Buna ziva  
ALIVE!  
Bonjour  
Salam  
Goede dag

Come and join the fun n' games – it's INTERNATIONAL night so dress up as a country of your choice ☺

St Mary's Church, Friday 17th August  
6.30pm to 8.00pm  
Pizza provided

Anyone in Year 7-10 welcome.  
Led by Marianne Lynch & Te Mana Kaua (Y12 students)  
& Tausilia McClutchie (021509439)

## New website in the works



CULLINANE COLLEGE  
For Love of God, Life and Learning  
Mo te aroha ki te Atua, kia Oranga, kia Akona!

HOME OUR SCHOOLS SPORTS ARTS & CULTURE INTERNATIONAL CONTACT US

QUICK INFO  
Term Dates  
Options Choices 2018

CALENDAR  
Upcoming Events  
Team 3 TUES  
November 20 5:00pm - 5:30pm  
Team 4 THURSDAY  
October 18 5:00pm - 5:30pm  
Team 2 SATURDAY

House Points  
597 WOODS HOUSE  
538 MARIST HOUSE  
466 MARIST HOUSE  
465 COLUMBA HOUSE

PARENT PORTAL  
parentPortal  
DREAM CATCHER  
Dream Catcher

The College is currently in the process of getting a new website created. As soon as it goes live - we will let our College community know.

*If you have recently changed address, email or your contact phone numbers, please update this information at the College.*

### College Contact Details:

*School Website:*

[www.cullinanecollege.school.nz](http://www.cullinanecollege.school.nz)

*fref=ts*

*Ph: (06) 34 90105*

*College Facebook Page:*

[www.facebook.com/Cullinane-College-296761296715/?](https://www.facebook.com/Cullinane-College-296761296715/?)



## Massey University Open Day

On Wednesday 1st August I accompanied a small group of Year 12 and 13 students to Palmerston North for the Massey University and UCOL Open Day. The University had a lot of hands-on displays running with opportunities to speak with lecturers and current university students.

The Veterinary Science block had some animals in the foyer that enjoyed the attention they received. One of those animals was the beautiful female parrot standing on Patrick Hunt's shoulder. The females of this species are this beautiful rich red colour while the males are a bright green - for camouflage obviously. The lecturer told us that the females can have such bright plumage as the males forage for food and bring it back to the females in the trees.

It was a very interesting day and the student feedback was positive.

- Eleanor Foster



## COUNSELLORS CORNER

### 10 PRACTICAL TIPS FOR DEALING WITH STRESS

- 01 **ASK FOR HELP**  
 Speak to someone about your struggles (Doctor, GP, Mental health charity)
- 02 **EXERCISE REGULARLY**  
 Exercise is a great tool which can help to reduce anxiety, depression and stress
- 03 **PROBLEM SOLVE**  
 Challenge any negative thoughts that you experience by using effective problem solving techniques
- 04 **PRACTICE BREATHING**  
 Learn a range of different breathing techniques. Try deep breathing or progressive muscle relaxation
- 05 **EAT PROPERLY**  
 Manage your energy levels and make sure you are eating the right food and staying hydrated
- 06 **SLEEP WELL**  
 Aim for 7-8 hours sleep each night. Make sure you create a relaxing environment
- 07 **STRESS LOG**  
 Identify and write down the things that are making you stressed and learn how to manage them effectively
- 08 **BE AWARE**  
 Monitor and be aware of your stress levels. Understand how you react to stress
- 09 **ORGANISE AND PLAN**  
 Plan your time effectively. Set realistic goals and organise your time to make things easier
- 10 **HAVE FUN**  
 Go out and enjoy yourself. Spend some time where you can focus on yourself and have fun

## Important Dates for Senior Students

There are a variety of events coming up that parents/students might be interested in:

- Students who are looking at attending University in 2019 need to start applying for their Halls of residence at their chosen universities soon.
- University Scholarships; closing dates for these will happen in the coming months. University dates differ so check out the date before it is too late.
- School exams start on Monday 20th of August— all students are expected to be at school.
- On 31st August Victoria and Massey Universities will be hosting their Open Days.
- Tuesday, 30th August; Massey University will be visiting the College to help students sort their courses for 2019.

## CATCH UP PROGRAMME

The College will be continuing with the Catch Up Programme in Term Three. It is held on Tuesdays from 3.15pm - 4.15pm for senior students needing extra support with assessment tasks.

**Note:** Catch-up takes priority over sports practices—that is students should be attending this before they can attend sports practices.

Parents and students will be notified by text that they are on Catch-Up.

If your child is unable to attend please let us know. Catch-Up will run during the exam week (Tuesday 21st August).



## **Attendance Dues—August 2018**

*We thank all parents and families who have and are continuing to pay their Attendance Dues on time or who have a payment arrangement with the Palmerston North Diocese Attendance Dues Team. But just a reminder:*

If your postal address has changed, please contact Marcy, Susan or Mark at Attendance Dues on **0800 200 208** or by email: [dues@pndiocese.org.nz](mailto:dues@pndiocese.org.nz).

One off payments by credit card or debit card (Visa or Mastercard only) can be made using the Diocese website:  
**[www.pndiocese.org.nz/education/dues](http://www.pndiocese.org.nz/education/dues)**.

Payment of the total amount may also be made by weekly, fortnightly or monthly deductions from your bank account or credit/debit card. For assistance with payment options or to set up a regular deduction, please contact the Attendance Dues team.

While the payment of these dues is a condition of enrolment, the College realises that this may present a financial hardship to some families. In the case of difficulty, please contact the Bursar, Joanne O'Hara, Ph 06 349 0105, Extn 7036 or email [johara@cullinane.school.nz](mailto:johara@cullinane.school.nz).



## **OVERDUE LIBRARY BOOKS**

If your son/daughter have any overdue Library books at home, these must be returned ASAP please.



## **SCIENCE DEPARTMENT NEWS**

We have left Mechanics behind and moved onto Electricity in Level 2 Physics. First up is a section on Electrostatics, which we can see in action using a Van der Graaff generator. Brennan Hope demonstrated one effect of static electricity - hair-raising!



## **CONGRATULATIONS**

Congratulations to Mr Vaan Rauhina on his appointment as the Head of Department of Maori Studies. Mr Rauhina is an old boy of St Augustine's College, and he also worked for several years in our Sports Coordinator role. It is wonderful having him back in our College.



## **WHANAU HUI**

On Wednesday 22nd August at 6pm there will be a Whanau Hui.

This hui is to discuss the initiatives that I am implementing into the Maori Department for 2019, and also share some information from our ERO visit moving forward. The meeting will be held in Te Here Atamai.

- Mr Vaan Rauhina

# SPORTS UPDATE

## August 1st, 2018

Cullinane College Under 15 Rugby Team played Whanganui High School Green today in the final of the local competition. The boys got off to a great start where they got their hands on possession early and worked their way up the field nicely where Isaac Jordan scored next to the posts after four minutes. The boys struggled at set piece especially with line outs, which gave the opposition the ball to attack with and the team had two tries scored against them being down 14-7 at halftime.



The second half saw the team lift again where Captain Paulie Manuel attacked a grubber kick to collect it and score a brilliant try by the posts seven minutes into the second half. The team was playing brilliantly with ball in hand and were holding possession for long periods of time. However, with 17 minutes to go, WHS Green managed to get possession in which they scored two tries in the space of three minutes to make it 28-14. Tyler Edwards scored a quick try around the ruck which Tadhg O'Connor converted to give the team a chance with seven minutes to play. The team couldn't get their hands back on the ball for long enough and WHS Green finished well. Final score 43-21.

Even though the team didn't get the win, I am so proud of the effort that all players made in the game. You really put your body on the line and showed a lot of pride for the jersey you play in. The development of each individual's game has improved dramatically from the start of the season until this current point. Hold your heads high boys, we may not have won the final but now you have had the experience, I am sure you will enjoy many finals that are yet to come your way.

Rugby is not finished this season as we have a Catholic Under 15 Rugby Tour happening during Winter Tournament Week to the Manawatu and Hawkes Bay. Permission slips will be issued to players tomorrow. Practice will happen once a week leading up to the tour on a Tuesday from 3:30-5:00. Thanks also to Tash Nepia-Reweti for sending in the photo.

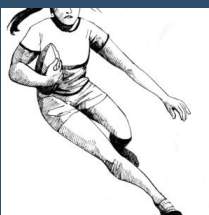
**Player of the day awards:** 1 point= Tyler Edwards, 2 points= Paulie Manuel, 3 points= Shayden Gardiner. The recipient of the 3 points receives a player of the day trophy courtesy of our sponsor GDM as well as a player of the day certificate/voucher courtesy of our sponsor Pita Pit.

Cullinane College 21 (Isaac Jordan, Paulie Manuel, Tyler Edwards tries; Tadhg O'Connor 3 conversions)  
Whanganui High School Green 43.

**Cullinane College Under 15 Rugby Team:** Rico Ahleong, Johnny Francis, Tomas Jackson, Kayne Sisson, Mikaere-Lee Katene, Isaac Coe, Ruben Hudson, Shayden Gardiner, Tyler Edwards, Rehimana Meihana, Isaac Jordan, Paulie Manuel (Captain), Mitai Hemi, Mikah Hall, Tadhg O'Connor, Daniel Austin, Oliver Hill, Jack Hadfield, Jack Annabell, Trevor Boulton, Petera Koro.

## CONGRATULATIONS

Congratulations to **Maze Thompson-Koro** who was part of the Wanganui Under 18 Women's Rugby Team which beat Horowhenua-Kapiti Under 18 by 30-5.





## **ST BERNARDS FOOTBALL FIXTURE**

Every year St Bernards College pay us a visit to compete in a football fixture. It is always a pleasure having them here, the coach and students are very respectful and the fixture played is always enjoyable, fun and fair.

Although we don't have a school 1st XI Football team, we do have some students who play for club and others who just want to have a run. Considering this, we gave St Bernards a good run for their money and the final score was 4-2 to St Bernards. The boys were stoked with the end result and the day finished with a small prizegiving and food.

Thank-you to Te Mana Kaua for organising the team and other duties required on the day. You are a fantastic help to the sports department!



## **SPECIAL MENTIONS**

**Congratulations to the following players who made the Wanganui Under 16 Rep Wider Training Squad for Rugby:**  
**Ezra Malo, Isaiah Teki, Jaiden Edmonds, Neo Tichbon, Paulie Manuel, Rehimana Meihana, Rico Ahleong, Rongomai McLean-Wanoa, Shayden Gardiner, Tomasi Connor**

## **VOLUNTEERS - THANKS A BUNCH!**

It goes without saying, a 'THANK-YOU' goes along way! This week I would like to say a massive thank-you to **IVAN SYME & HAYDEN HEPBURN**

For those of you who don't know Ivan or Hayden, they are teachers at Cullinane who help in most areas of sport. In particular, Ivan is the coach of the U15 Rugby team, and Hayden is the TIC of Rugby. Each have put in many hours of organizing, developing, supporting and travelling. Rugby is really building at Cullinane, with the U15s going away to a tournament in September and several students making representative teams. As a school, and from the Sports Department, we are very thankful for all that you do Hayden and Ivan!

## **OUTSTANDING SPORTS FEES**

There are still a number of outstanding sports fees that need to be paid please. Especially Basketball and Netball. Please understand that the school makes **NO PROFIT** from sports fees. The charged amount is what it costs to enter a team.

**There are three options regarding payment:**

**Full amount paid into school account:** BNZ 02 0792 0328513 000  
(child's name as reference)

**Set up an automatic payment** (\$5.00 a week is a great start)

**Speak to our school bursar:** Joanne O'Hara

**johara@cullinane.school.nz / 06 3437978**



## **QUAD TOURNAMENT**

Cullinane had the privilege of hosting the Quad Tournament this year. As per every year this is a mini sports tournament where we compete against our fellow Catholic schools in Netball, Basketball, Rugby, Hockey and Football. St Peters are always our toughest competition and have strong teams in most of the sports played. Viard College seem to be the underdogs who come out fighting when it counts the most. And Chanel College are the steady and consistent school.

Overall it was a fantastic day, the weather held out for us and most things went smoothly. Thank-you to our kapa haka group for the Powhiri and to all our student volunteers who helped from 8am until the end of day. Thank-you to all the teachers who sacrificed their subject classes to assist, and a special thanks to Robbie Clark, Ben Laure, Sean Fergusson and Lizzy Hunter who are from our community and were referees for the day. Your contribution, time and support throughout the day was muchly appreciated.

# SPORTS UPDATE

## Quad Tournament Results

### Quad Results 2018

#### Basketball

• Cullinane	16 points	1 <sup>st</sup>
• St Peters	9 points	2 <sup>nd</sup>
• Bishop Viard	7 Points	3 <sup>rd</sup>
• Chanel	3 Points	4 <sup>th</sup>

#### Netball

• Cullinane	9 Points	1 <sup>st</sup>	(37 Goals)
• St Peters	9 Points	2 <sup>nd</sup>	(34 Goals)
• Bishop Viard	9 Points	3 <sup>rd</sup>	(24 Goals)
• Chanel	6 Points	4 <sup>th</sup>	

#### Rugby

• St Peters	8 Points	1 <sup>st</sup>
• Cullinane	5 Points	2 <sup>nd</sup>
• Bishop Viard	2 Points	3 <sup>rd</sup>
• Chanel	(no team)	4 <sup>th</sup>

#### Football

• St Peters	10 points	1 <sup>st</sup>
• Chanel	7 Points	2 <sup>nd</sup>
• Cullinane	2 Points	3 <sup>rd</sup>
• Bishop Viard	(no team)	4 <sup>th</sup>

#### Hockey

• St Peters	20 points	1 <sup>st</sup>
• Chanel	6 points	2 <sup>nd</sup>

• Cullinane	3 Points	3 <sup>rd</sup>
• Bishop Viard	(no team)	4 <sup>th</sup>

### Quad Overall Points

• St Peters	1st	56 Points
• Cullinane	2nd	35 points
• Chanel	3rd	21 Points
• Bishop Viard	4th	18 points



## CONGRATULATIONS

Congratulations to **Ioane Hough-Aki** and **Te Heru Reu Koro** on making the Wanganui Under 18 Rep Rugby Team. What a fantastic achievement!

## NETBALL

Well done to our Premier Netball team who played two teams for the Taranaki region on August 8th.



The final results were:

**Cullinane vs Hawera High**  
38 - 20 to Hawera

**Cullinane vs Stratford High**  
43 - 13 to Cullinane



## More Netball News:



Our Premier Netball played New Plymouth Girls High on August 13th, 2018. The final score was 48—26 to NPGHS