



## Up2Us AmeriCorps Coach at SOS Outreach

About Up2Us Coach	
<p>Founded in 2010, Up2Us Sports is a national nonprofit organization dedicated to inspiring youth to achieve their potential by providing them with coaches trained in positive youth development. We do this by identifying, training, and supporting coaches who bring sports-based youth development to low-income communities as part of our national service program, Up2Us Coach. Up2Us Coach and Up2Us Training focus on providing coaches with positive youth development and mentoring strategies to help fight childhood obesity, to inspire academic success, and to reduce youth violence. While cultivating caring, trust-based relationships with the youth they serve, Up2Us Coaches can make a great impact and experience meaningful connections within their community.</p>	
About AmeriCorps State and National	
<p>AmeriCorps State and National programs provide thousands of Americans each year the opportunity to improve the lives of their fellow citizens through service. Funded by the Corporation of National and Community Service (CNCS), a federal agency, AmeriCorps works hand in hand with local partners, tapping the ingenuity and can-do spirit of the American people to tackle some of the most pressing challenges facing our nation.</p> <p>CNCS invests in thousands of nonprofit and faith-based groups that are making a difference across the country. Up2Us Sports is a proud member of the AmeriCorps community.</p> <p><b>AmeriCorps members are not employees of the Program or of the federal government. The definition of "participant" in the National and Community Service Act of 1990 as amended applies to AmeriCorps members. As such, "a participant (member) shall not be considered to be an employee of the Program in which the participant (member) is enrolled" ((42 U.S.C. 12511(30) (B)). Moreover, members are not allowed to perform an employee's duties or otherwise displace employees, and therefore generally not eligible to receive unemployment compensation.</b></p>	
About: SOS Outreach	
<p>At SOS Outreach, our goal is to help kids gear up for life, ultimately changing their lives and the communities they touch. Grounded in outdoor experiences, our program ignites a passion for adventure, inspires the courage to try something new, and instills lifelong lessons and skills in our kids. It starts with gearing up for all the mountains have to offer, but in these moments we're not just teaching kids to snowboard, ski, hike, climb, and camp. Our kids learn to connect with their peers, mentors, and community, all of which help them discover an unknown side of themselves – a side that can do anything, especially overcome their circumstances and come out on top. Our goal is to inspire our kids with a sense of purpose, ultimately preparing them with the unique skills and strengths to contribute to the world beyond themselves. Using a unique combination of outdoor adventure experiences, positive adult mentorship, and leadership development opportunities, SOS enables participants to unleash their potential to thrive. Serving nearly 5,000 youth each year, across 15 locations in 9 states, SOS provides opportunities for personal growth for the kids in our communities who need it most.</p> <p>The SOS outreach coordinator position will work with youth in our long term mentor program called University. The coordinator will be responsible for all communications, activities, and workshops with the youth (and their families) and mentors. The position operates as an 8am-4pm, Monday-Friday but includes many weekend and weeknight events. Weekend events will be on mountain for outdoor activities from December-April and service learning, community events, or activity days on weekends September-March (they are not every weekend). Youth and mentor workshop and some service learning days will take place on week nights.</p>	
Member Title	Service Term
AmeriCorps Coach with Up2Us Sports Full-time	<b>Start Date:</b> September 1, 2018 <b>End Date:</b> August 31, 2019 or sooner
Host Site Name	Hours
SOS Outreach	<b>Total Hours:</b> 1700; <b>Weekly Hours:</b> 40
<b>Up2Us Sports Program Manager</b>	<b>Host Site Supervisor</b>

Hilary Harvey, Up2Us Sports	Theresa Papandrea, SOS Outreach	
Benefits	Program Type	Program Association
Living Allowance: \$15,105 Segal Service Award: \$5,920 Host Site Living Stipend: \$9,000 Health Care Childcare Student Loan Forbearance	<input type="checkbox"/> In-School Programming <input type="checkbox"/> Afterschool Programming <input checked="" type="checkbox"/> Out-Of-School Time Programming	<input type="checkbox"/> California Volunteers

### Principal Member Duties and Responsibilities

During the term of service, the Up2Us AmeriCorps Coach will primarily serve in a direct-service role at his/her host site. Direct-service duties and responsibilities must account for at least 70% of the coach's total service term hours, align with Up2Us Sports' mission and goals, and coincide with the following guidelines:

#### Sports Based Youth Development (SBYD) Coaching (70%)

- Lead SBYD programming (schedule and activity determined by the host site) for at least 80 youth participants
- Maintain knowledge of and implement Up2Us SBYD training strategies and techniques
- Create and utilize lesson plans that maximize youth physical fitness and skill development
- Incorporate opportunities to recognize, practice, and develop competence in the Up2Us High Impact Attributes (life skills for healthy decision making) during sport activities
- Enhance skill development during non-sport enrichment activities by intentionally connecting and cascading skill competence learned from sports sessions with classroom and community applications
- Create and foster an inclusive team culture by maintaining a safe space, by encouraging pro-social connections, and by practicing positive traditions
- Serve as a supportive mentor by consistently showing belief in youth participants and by celebrating their successes
- Incorporate "informal time" into program activities to strengthen relationships with and among youth participants
- Support program recruitment efforts
- Set up and break down for program/practice/activity
- Maintain/organize equipment

#### Host Site Sport/Physical Activities

- Skiing, snowboarding, hiking, skateboarding, camping, rafting, mountain biking, kayaking, and rock climbing
- Schedule will consist of 6-8 weeknights/month and 2-4 full weekend days/month – to facilitate workshops and activities after school hours and at the mountain, outdoor activity, and service learning on weekends

#### Host Site Enrichment Activities

- Leadership training, core values, life skills, team building, service learning, and community projects

#### Volunteer Recruitment/Community Engagement (7%)

- Recruit and engage two ongoing volunteer(s) in program activities for a minimum of 7 hours each
- Recruit and engage ten one-time/episodic volunteers in program activities for a minimum of 3 hours each
- Track volunteer participation using a volunteer log
- Build strong relationships and gain trust within the community (including but not limited to parents, guardians, volunteers, school staff, and partners) in order to serve the needs of youth participants
- Act as an ambassador of Up2Us Sports and the host site by spreading awareness about SBYD programming

#### Reporting Relationships (5%)

- Report to and collaborate with the Up2Us Sports Program Manager
- Report to and collaborate with the Host Site Supervisor and other host site staff members
- Support volunteers at the host site
- Submit bi-weekly timesheets
- Report student safety concerns

#### Data Collection (8%)

- Accurately monitor youth participation in SBYD programming at the host site using the Up2Us roster for the duration of the service term
- Administer pre and post physical fitness testing (PACER) to youth participants at the host site
- Administer pre and post Up2Us High Impact Attribute (HIA) Survey to youth participants at the host site

- Complete pre and post Up2Us Coach Surveys
- Complete additional data collection required by host site (eg: attendance, surveys, youth performance reviews)

The Up2Us AmeriCorps Coach will also engage in training and professional development as part of his/her service term. Training is not considered direct service and cannot exceed 20% of the coach's total service term hours. Training duties and responsibilities are as follows:

#### **Training & Professional Development (10%)**

- Attend and complete all training and professional development sessions required by Up2Us and the host site in order to provide high-quality direct service and to successfully complete the service term
- Complete all required knowledge checks to achieve Up2Us Sports SBYD Certification

#### **Uniform Policy**

Up2Us AmeriCorps Coaches must wear Up2Us Sports branded t-shirts provided by Up2Us Sports with AmeriCorps logo when coaching and at program sessions and events

#### **Other Service Activities**

If the host site would like the Up2Us AmeriCorps Coach to perform other service activities not outlined above, they must seek approval from the Up2Us Program Manager.

#### **Requirements**

Up2Us AmeriCorps Coaches must adhere to the following requirements during their service term:

- Complete minimum required hours of service and training by last day of coach contract (not to exceed a 12-month period)
- Attend Up2Us Coach Orientation (one-time event)
- Attend Up2Us Coach Training Institute (one-time event)
- Attend a regional Day of Service hosted by Up2Us (one-time event)
- Attend ongoing Up2Us Sports trainings, meetings, and special initiatives (monthly)
- Complete and submit accurate timesheets (bi-weekly)
- Complete and submit data collection materials (as requested by Up2Us Program Manager)
- Report student safety concerns (as-need basis)

#### **Service Activities may NOT include:**

- Administrative functions (answering the phone, filing, etc.)
- Fundraising
- Grant writing

## **Member Eligibility**

#### **Basic Eligibility**

- Members must be U.S. citizens, nationals, or lawful permanent residents
- Members must be 18 years old, or 17 with written parental/guardian consent
- Members must have or be working toward a High School diploma, GED, or its equivalent
- Members must consent to a background check performed by Up2Us Sports. The term of service is always contingent upon satisfactory completion of a background check. The results of state and FBI criminal history background checks and national sexual offender checks through the National Sex Offender Public Registry Website (NSOPW) are considered.
- Members must commit to the entire term of service
- Members must have access to consistently reliable transportation (eg: personal vehicle or public transit)
- Military Veterans have priority status for this position

#### **Host Site Additional Eligibility Requirements:**

- Must like working with youth
- Must like cold weather and being on the mountain/in snow
- This position requires the ability to: travel within the service area; use the computer, telephone, and electronic mail systems; lift 50 pounds; and lead meetings and speak in public
- Valid driver's license required

#### **Desired Qualifications**

- Expresses commitment and excitement to a year of service coaching youth sports

- Values making connections with people (especially youth) and building relationships
- Able to encounter challenges with a solution mindset and remain optimistic despite setbacks
- Has flexibility and adaptability in work style and in work environment
- Can manage a dynamic “work” schedule with other jobs, personal responsibilities, school, etc
- Able to meet deadlines and complete tasks/projects on-time

**Host Site Additional Desired Qualifications:**

- Familiarity with outdoor adventure sports, including skiing/snowboarding and summer activities and/or a desire to learn
- Proficiency with Microsoft Office Suite, especially Excel, Outlook, and Word.
- Spanish-speaking
- Knowledge of sports-based youth development, public education, and youth engagement
- Experience in, comfort with, and passion for working with underserved youth
- Ability to communicate and organize effectively

**Restrictions on Eligibility for Benefits**

If a candidate has participated in:

- Two full-time service terms or their equivalent, the candidate will be ineligible for a third Education Award or other in-service and after-service benefits.

Additionally, a candidate cannot serve if:

- Failed to disclose to Up2Us Sports any history of having been released for compelling personal circumstances or for cause from another AmeriCorps program, this will render him/her ineligible to receive the Education Award and may render the Coach ineligible for service with the Program.
- Released for cause from another AmeriCorps program but was released having performed satisfactorily, the candidate may still be eligible for participation in the Program. However, this eligibility does not guarantee selection or placement.
- Served four AmeriCorps National Direct or State service terms previously, regardless of whether those terms were served on a full or part-time basis. The candidate is ineligible to serve after four terms.

**Typical Physical & Mental Demands**

This position requires sufficient physical ability and mobility to stand for extended periods at times; to walk at an indoor or outdoor site in various weather conditions; to climb stairs at some sites; to occasionally stoop, bend, kneel, crouch, reach and twist and, dependent on assignment the employee may occasionally lift, push, pull and/or move up to 50 pounds.

Requires a range of hearing, vision, and speech that enables the member to exchange information, to hear and locate the source of a sound in a noisy environment and to see effectively to monitor youth activities.

Up2Us Sports provides reasonable accommodations to applicants and members as required by law. Applicants with disabilities may request a reasonable accommodation at any point in the employment process.

**Application Submissions/Inquires**

***Inquiries should be directed to:***

Theresa Papandrea, Senior Regional Director  
 SOS Outreach  
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