

OCTOBER 2017 NEWSLETTER

GOOD SPORTS

Good Sports aims to create positive sporting experiences for Kiwi kids by supporting and educating the key adult influencers in children's sport: parents, coaches, teachers and sport administrators.

Both practitioners and researchers supporting Good Sports agree that issues in children's sport, such as poor side-line behaviour, early onset of overuse injury, burnout and disaffection with sport, stem from adult involvement in children's sport and can ultimately hinder success on and off the field.

To address these issues and give Kiwi kids the greatest chance of developing a lifelong love of sport, just as you may do, Good Sports believes we need to raise adults' awareness about their behaviours in children's sport, and if necessary promote a positive shift in that behaviour.

Whether you want to help your child be the next Richie McCaw or Lisa Carrington, or you view sport as a vehicle to help children to be active, healthy and learn life skills; critical in the success of these things happening, is the quality of support that adults provide children in sport.

What does quality support for children in sport look like? Aktive have developed a tool to help adults understand and reflect on how they impact children in sport. This tool is called the <u>Good Sports Spine</u>. Have a look and see if you fall under the Climate of Development or Climate of Performance.

<u>Girid Sports Spine</u>

The Good Sports Spine is a tool to help parents, coaches, teachers and sport administrators understand how they impact children's sport experiences. The two different 'climates' should be seen as opposite ends of a continuum. To support children to have positive sporting experiences, adults should aim to always fall under the Climate of Development.



Ray White. 2017 WHANGANUI SPORTS AWARDS FRIDAY 17 NOVEMBER | WHANGANUI WAR MEMORIAL CENTRE GET YOUR TICKETS NOW FROM SPORT WHANGANUI 40 MARIA PLACE EXTENSION

WHATS HAPPENING IN THE RIDE LEADER REGIONS PROGRAMME

TAUMARUNUI REAP HOLIDAY BIKE PROGRAMME

Over the term 3 school holidays Sport Whanganui delivered a bike programme to 12 children involved in the Taumarunui REAP holiday programme. The Sport Whanganui team are very fortunate to provide these programmes and bikes, which enables access for all ages, reducing the barriers of not owning a bike.

The programme consisted of helmet safety and placement, mounting and dismounting on to the bikes carefully and road safety signalling, held at the Taumarunui Domain. The children were aged between 5 - 12 years old with a range of experience. Some had no experience on a bike, while others were more confident, displaying great road safety techniques. All the children enjoyed learning new skills and had a fun! Going forward, we hope to support more bike programmes and provide more bike awareness across all ages.



Just a reminder that Cycling New Zealand (CNZ) will be running a ride leader programme here in Whanganui on the 28th October. Ride leaders are people who ride in groups for recreation or take others cycling for fitness, sport, health, or fun.

Ride Leader is funded through NZTA and works in partnership with sports trusts, councils, community cycling groups, bike shops and cycling clubs and is receiving fantastic reviews and interest nationwide.

CNZ will host this workshop at Sport Whanganui on Saturday 28th October. Register today and be part of this wonderful cycling opportunity.

Please share this opportunity with other interested cyclists in your community.

The ride leader prepares cycling enthusiasts to create safe, fun recreational rides locally and across the region. We would like to encourage cyclists of all ages and abilities to take up this free and supportive training opportunity.

FOR MORE INFORMATION OR TO REGISTER EMAIL: <u>RIDE@CYCLINGNEWZEALAND.NZ</u> OR PHONE 07 8230716 OR Phone Jodie at SPORT WHANGANUI 06 3492324

RIDE LEADER PROGRAMMES ARE DELIVERED IN PARTNERSHIP WITH:







THE DOWNS GROUP TOUGH KID.

Year 3 & 4 Boys: 1st Aiden Curtis, 2nd Henry Wilson, 3rd Hamish Coogan Year 3 & 4 Girls: 1st Grace Fannin, 2nd Charlie Cook, 3rd Charlotte Quigan Year 5 & 6 Boys: 1st Alec Ball, 2nd Tyler Smith, 3rd Oliver Bunn Year 5 & 6 Girls: 1st Kearny Matenga, 2nd Fleur Alabaster, 3rd Holly McIntyre Year 7 & 8 Boys: 1st Remy Early, 2nd Wa Matenga, 3rd Nikau Bennett Year 7 & 8 Girls: 1st Chantelle Smith, 2nd Eden Goodwin, 3rd Jade Guiniven For the whole race events and team results check out <u>www.thetimingteam.co.nz/</u>

TOUGHEST SCHOOL: SAINT JOSEPH'S SCHOOL, TAIHAPE





FREE RIDE LEADER PROGRAMME FOR PEOPLE WHO WANT TO SHARE THEIR WE OF BIKING WITH OTHERS.

If you love cycling like we do, and you are passionate about the community, why not become a ride leader and share your experience with others.

We would like you to be part of a network of passionate people who are keen to share their knowledge and passion of biking with others by becoming cycling ambassadors and cycling group leaders on or off the road. Whether you are a person who rides for fitness, recreation, commuting or who enjoys exploring our region's network of wonderful cycle paths, we are keen to have you part of this programme to help others to get cycling.

MANAWATU

WORKSHOP 1: FRI 27 OCT OR 9.30AM - 3.30PM

SPORTMANAMATU

WHANGANUI

WORKSHOP 1: SAT 28 OCT 9.30AM - 3.30PM

> WHANGANUI DISTRICT COUNCIL

RIDE LEADER PROGRAMMES ARE DELIVERED IN PARTNERSHIP WITH:



SPORT & RECREATION STRATEGY





INSIGHTS/OPPORTUNITIES

The general consensus of stakeholders was that the Whanganui district needed a Sport and Recreation Strategy. This reflects the Sport New Zealand guide for Territorial Authorities in making decisions on their sporting infrastructure that stated; Development of a sport and recreation strategy, aligned with the TA long-term and annual plans, is essential for defining the TA's vision, mission, approach, outcomes, focus and priorities for sport and recreation. The Whanganui District Council contracted Sport Whanganui to undertake preparation of the Sport and Recreation Strategy.

It is crucial that the Council has a clear picture of what is happening in the sport and recreation sector to be able to make decisions that reflect and enhance what is happening in our community. The strategy development was broken down into the following areas: Infrastructure and Sport Development. Preceding this it was identified that there needed to be a more formal system for sport clubs and other community organisations to be able to engage with the Council, and be prepared with the necessary information to support their individual requests or requirements, this system has now been put into practice.



INFRASTRUCTURE

Sport Whanganui engaged the services of GLG Ltd to undertake a review of key sporting facilities in Whanganui.

The review identified that Whanganui has an

array of riches when it comes to sporting facilities and that there is a strong and proud sporting history in the community.

Connectivity has been identified as an area of focus—that is with regards to development of sporting facilities in the past there has been no co-ordinated plan.

This has led to facilities having been built in isolation, and having different management models resulting in a lot of duplication of effort and inefficient use of resources.

SPORT DEVELOPMENT

The other major piece of the sport and recreation strategy is based around the people and organisations who use, manage and fund sporting infrastructure in Whanganui.

CURRENT STRATEGY STATUS

Sport Whanganui presented the strategy to the Governance group on the 5ht of October. The strategy was accepted and now sits with the Council policy team for configuration.

Early 2018 the strategy will move through Council and become public.

Sport Whanganui are excited to continue to work with the Council & Sport and Recreation community on implementation.

We wish to thank the community sport groups who attended the public and participated in the targeted

GRX PROGRAM



One area of work that Sport Whanganui is involved in is our free Active Families programme designed to encourage and support whanau and families to get active, eat well and spend more time together. Our team meet the family to discuss the changes they feel would benefit them and then we support them with weekly activity sessions, resources, healthy eating advice.

We are here to help positive changes for all whanau and families. Find out more at <u>www.sportwhanganui.co.nz</u> or contact Deb Byers; <u>deb@sportwhanganui.co.nz</u>



ATHLETE DEVELOPMENT



RELATIONSHIPS ARE MORE IMPORTANT THAT GOLD MEDALS

The golden sand of Hahei Beach on the Coromandel Peninsula was my summer haven growing up. My days were spent swimming, fishing, diving and skiing, then after dark, I'd sit around the fire with my mates playing guitar and singing rock anthems until my fingers bled. I first picked up a guitar on my 10thbirthday, when I was gifted one by my parents.

Unfortunately, after a few one-on-one lessons and great excitement at the opportunity of becoming a rock star, I lost the enthusiasm to practice and my guitar sat around the house gathering dust.

A couple of years later, I tried again and headed down to the local school hall for group classes. It lasted 6 weeks. Before even strumming a chord, I was being told how to sit, where to position my feet, and precisely how to hold my guitar. Boring! And then, once I finally got to play, it was overly structured and ordered. I didn't think music was supposed to be like that, so I left. When I was 14, things changed. One afternoon, while flicking through a local rag, I came across a small advert in the corner of the classifieds. "Guitar Lessons. Denis Doherty Music, Avondale. Call 8493969", it read. A week later, I rode the train to Avondale and made the 5-minute stroll to the small music shop. It was just on dusk and business was closed for the day, but the door had been left ajar in anticipation of my arrival.

As I walked in, I was met by a wall of cigarette smoke sifting across the darkened room and the sweet sound of Stairway to Heaven being played note perfect on a Fender Stratocaster.

James was tall and skinny. He wore black slim fitting jeans, a black, buttoned down long sleeve shirt, and Doc Martin steel cap boots. He had shoulder length, sleek dark hair and a fringe that he kept swishing out of his eyes with his forefinger. His teeth were stained yellow, the result of a diet of black coffee and a pack a day habit. People smoked everywhere in the mid-90s and my guitar lesson was no exception.

But James was not like the other music teachers I'd had. He was alternative, mysterious, and cool. His happy place was there, in the back of Denis Doherty's music's, playing guitar. And man, could he play. My dad used to say that a good player could make a guitar sing. He was right. James would teach me anything I wanted to know. There were no rules to my learning. Except, of course, that if I wanted to get better, I had to practice.

I spent 3 years with James. Every Tuesday night at five thirty, I'd grab my guitar, jump on the train and head off to that dark, smelly little music shop in Avondale. And I loved every minute of it.

I never did become a rock star, but now, 22 years later, I still play. And one of my favourite songs to play is *Mr Jones* by the Counting Crows. I particularly like the live version of Mr Jones, off the album *Across a Wire: live in New York*. Adam (the lead singer) begins with a line he borrowed from a 1967 song *So You Want to Be a Rock 'n' Roll Star* by The Byrds:

"IF YOU WANT TO BE A ROCK AND ROLL STAR, JUST GRAB AN ELECTRIC GUITAR, AND TAKE SOME TIME, AND LEARN HOW TO PLAY."

Not only is it a great song with great lyrics, but the lessons we can take from it are immense. If you want something in this world, all you need is the opportunity to begin, and the time to put into getting good at it.

I was gifted the opportunity to play guitar by my parents when I was 10. It was the start of my musical journey, and although momentum took a while to gather, I got there in the end. Sport is about opportunity too. Every gold medal won, every goal scored, and every day spent living a healthy and happy lifestyle that habitual sport and exercise can afford, started with an opportunity.

Kids need the opportunity to play. Participating in many different sports when they're young is important for many reasons, including developing fundamental movement skills, reducing the risk of repetitive strain injuries and decreasing athlete burnout. But more importantly, it gives them the chance to find what they're truly passionate about.

I've learnt that the right opportunity isn't necessarily the first one that comes along. Or that if you don't find it straight away, to keep looking. The most precious resource we have is time. Meaningful connections take time. True learning takes time. Indeed, the things that reward us the most are the things that take the most of our time. Once I found James, the right opportunity to teach me guitar, it was time that made the experience special. Not only did I need to dedicate time to practice, to get through the frustrating feeling of sucking at something new and gain a sense of achievement. But I also needed the time to get to know James, to trust him and to develop a relationship. When the results aren't going well, and it happens to us all, it's the people who are most important. It's the people who encourage us, pick us up when we fall and keep us coming back for more.

> Be the best you can be, By <u>Dr. Craig Harrison</u> – 26th September 2017

LOCAL AND LOYAL APP

SPORTS DIRECTORY REGISTRATION

Registration is still open to get your club listed in the directory. The sports directory is one portal where all local sporting bodies and clubs can be reached. Get your club visible to potential members, players, supporters, and volunteers.

Click here to fill out a registration form: <u>https://</u> form.jotformpro.com/72042275857965



HITS WHANGANUI SECONDARY SCHOOLS SPORTS AWARDS 2017 AWARDS EVENING

TICKETS ARE NOW ON SALE!

Purchase from the Sport Whanganui office.

\$10 each, nominees are free.

Wednesday 1st November

Cullinane College,

15 Peat Street, Whanganui

5:15pm drinks & nibbles

6:00pm Ceremony Starts

(seated by 5.55pm)



Smart/casual dress Students to wear formal school uniform

Any queries, please contact: clare@sportwhanganui.co.nz |06 349 2881 | 027 370 7226





NZRL have developed new resources for schools in time for the NZ Rugby League World Cup 2017 being hosted in NZ, Australia and PNG.

THE PRIMARY FOCUSED RESOURCES INCLUDE:

- Three resource cards focused on the themes of wellbeing, leadership and resilience and include a short story written by David Riley (readingwarrior.com) profiling a New Zealand rugby league player
- A booklet of activities more aligned with the Rugby League World Cup tournament

It is intended that the resources are adapted to fit learner needs and context. There is an Education Gazette article this month and a profile on women's rugby league in a school journal later this year as the women's tournament is running alongside the men's http://www.rlwc2017.com/

You can access the resources by emailing <u>rlwc2017@nzrl.co.nz</u> with school name and contact details and they will be emailed to them directly. More information in the news section found here <u>www.nzrl.co.nz</u>



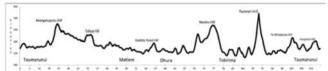
'The Taumarunui Cycle Classic' formerly branded as the 'Dave Logue Cycle Classic' will be held on Saturday 11th November 2017.

The circuit consists of 114km of undulating, challenging and beautiful scenery with the race commencing and finishing in Taumarunui. The ride takes you around what is termed locally as "The Ohura Circuit" with the first 25km on SH4 after which you turn off to fast, smooth country roads. This event is two weeks before the Taupo Cycle Challenge making it the perfect training ride. We recognise the effort to complete is the same for male and female and our prize money reflects this.

Open Grade Individual Male and Individual Female Prize money offer of: \$1,000 1st, \$500 2nd and \$250 3rd.

Two start times – 8am for riders expecting to take over 5 hours and 9am for riders under 5 hours.

\$50 entry fee – \$5 from each entry will be donated to a local charity.For more information contact us at Info@taumarunuicyclingclub.co.nz or visit www.taumarunuicyclingclub.co.nz



TE URANGA R2

www.taumarunuicyclingclub.co.nz

S LTD



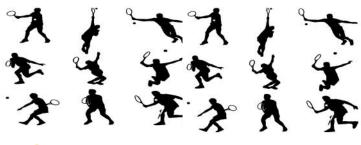
Play Tennis in collaboration with Sport Whanganui, will continue to leverage off the successes of the term 1 competitions and will be offering the same again in term 4!

Primary & intermediate tennis starting on Thursday 26th of October, 3.30-4.30 held at WIS.

Secondary school tennis starting on Tuesday 24th of October, 3.45-4.45pm held at WGC and WIS.

CONTACT GENE FOR MORE INFORMATION:

Gene Ridgway - Play Tennis Mobile: 021 0252 3147 Email: <u>generidgway@gmail.com</u> Website: <u>www.playtennis.co.nz</u>



VOLLEYBALL TERM 4

Primary, intermediate and secondary school Volleyball starts again week 2, term 4!

To enter, talk to your school Sports Coordinator! We look forward to the weekly volleyball action!

For more information please contact Ross Cronshaw: ross@sportwhanganui.co.nz or 0226412043.



Rangitikei College and WCC teams – Term 1 2017

TOUCH RUGBY TERM 4

PRIMARY & INTERMEDIATE COMPETITION Starts week 1, term 4 - Tuesday 17th October Springvale Park

MODULE CONTACT: Pania Millar - 021 087 04364

SECONDARY SCHOOLS COMPETITION

Starts week 2, term 4 - Tuesday 24th October Springvale Park

MODULE CONTACT:

Talia Poutini - 021 023 98535





<u>Group Training</u> with West Coast Squash Academy Teaching Pro Rod Bannister, ideal for all wanting a great introduction to the sport of squash.

Registrations: from all keen people wanting to learn more about the game.

Details: How to play, basic rules, serve & return of serve, match play & lots more in a group of similar level players.

Limited spaces available, 4 one-hour sessions, first in first served.

Cost: \$80 for 4 one-hour sessions. If you don't have any rackets they will be supplied FREE of charge.

To reserve your spot book with Rod now at: 027 555 2021 or westcoastsquashacademy@gmail.com



GIVE SQUASH A GO



SUMMER SPORTS

This month we are looking at some of the many sports options available for primary school students this term. I'm sure you agree that there is something here for everyone.

If you have other events or programmes that you run in the community, contact us here at Sport Whanganui and let us know so we can share these great sporting opportunities with our community.

Archery

Dates: October 17 - 5 December When: Tuesday Times: 3.30 to 4.40pm The venue: Kaitoke Hall Ages: 10 up to adult and we supply all gear Registrations still open: Contact Maureen secrtary@marangaiarcheryclub or phone 0272770426 or 063426636 in the evening.

Futsal

Dates: 16 October—11 December When: Monday Times: 4.30—5.00pm The Venue: Jubilee Stadium Ages: 9.00am —12.00pm Cost: \$320 per team

Teeball—10-a-side

Starts: 28 October When: Saturday Times: 9.00am — 10.30am The Venue: Gonville Domain Ages: U7's, U9's, Slow Pitch U 13's Cost: \$50 per team

Squash

Dates: 16 October – 4 December AND 18 October – 6 December Times: 4-5pm. Venue: Wanganui Squash Club, 3 Bassett Street Cost: \$90 with \$10 refund for those that attend all sessions.

Cricket

Dates: Term 4 When: Saturday Times: Saturday mornings The Venue: Springvale Park & school venue Ages: Year 5/6 and 7/8 Cost: \$15 per cricketer

Kiwi Cricket

Dates: Term 4 When: Friday Times: Friday Evenings The Venue: Ages: Year 3/4 Cost: \$15 per cricketer

Volleyball (5 a side)

Year 3/4 & 5/6

Starts: 20 October When: Friday Times: 3-5pm The Venue: Springvale Stadium Annex Ages: Year 3/4, Year 5/6 Cost: \$50 per team

Year 7/8

Starts: 25 October When: Wednesday Times: 3.45pm-6pm The Venue: Jubilee Stadium Ages: Year 7/8

Netball

Year 1/2

Dates: 26 October—30 November When: Mondays and Thursday Times: 3.45-4.40pm The Venue: Laird Park Cost: \$40 per player

Year 3/4

Dates: 26 October—30 November When: Mondays and Thursdays Times: 3.40—4.25pm The Venue: Laird Park Cost: \$40 per player

Year 7/8

Dates: 18 October—29 November When: Wednesday Times: 5.45pm The Venue: Laird Park

Touch Rugby

Dates: 17 October When: Tuesday afternoons Times: 4-7pm The Venue: Springvale Park Ages: Usually: Yr 1/2, 3/4, 5/6, 7/8, Cost: \$150 per team

Athletics

Dates: 30 October When: Monday nights Times: 4-5pm The Venue: Cooks Gardens Cost: Age dependant How to register: Register here http://www.athleticswanganui.co.nz/registration/ registration

Athletics Coaching and Teams Completion for 9 to 13 year olds (\$10 per person) from 6-7pm. All at Cooks Gardens. Please see the Athletics Wanganui Facebook page for more details.

EVENTS CALENDER

One of the key insights we have found when working with schools and community sport and recreation groups is their desire to have quick and easy access to all the events and programmes happening in and around the region.

To help with this we have partnered with the team at Whanganui and Partners to promote the What's On calendar as the online calendar of choice for sport and recreation activities in the region.

We would like to encourage as many of you as possible to use this platform so we can promote and inform the whole community about what's on and to avoid hosting programmes and events on the same day. You can log on and enter events yourself or if you would like support with this then you can send the details through to us so we can load them for you.

Primary and secondary school events are currently being added and we are working with the calendar developers to create additional filters so it is even easier to find specific events related to community needs and interests.

If you would like to review the calendar or add your events and programmes then you can visit the site by clicking the link <u>here.</u>

TENNIS

TENNIS - JUNIOR WEEKLY EVENTS

Mondays

Private coaching with Leela Wanganui Tennis Club \$20 per half hour \$40 per hour

Tuesdays

Junior match play—secondary students Girls College & City College 3.30-4.30pm

Wednesdays

Junior club day All junior club members and non-club members welcome Wanganui Tennis Club—free to club members \$2.00 for non-members 3.15-6.00pm

Thursdays

Junior match play—intro to tennis Primary and intermediate students Beginners aged 5-8 Wanganui Intermediate School Wanganui Tennis Club \$30 for 6 sessions or \$7 per session 3.30—4.30pm 4-00—4.30pm

Fridays

Junior match play Ages 10-14 Wanganui Tennis Club & Wanganui Collegiate School

Saturdays

Junior match play— all juniors welcome Wanganui Tennis Club — free to club members \$2.00 for non-members

Sundays Private coaching with Leela Wanganui Tennis Club \$20 per half hour \$40 per hour



TEACHER PROFESSIONAL DEVELOPMENT

As a part of the Sport Whanganui Integrated Primary Schools Programme, Teacher/Coach PD has become a key component over recent years. Never more so than in term three of 2017 when over 100 teachers from Primary schools in the Whanganui city and surrounding area underwent training in the delivery of either cross-country or Athletics. With the focus of primary schools on Athletics for term 4 – the interschool primary event is at Cooks Garden on November 21^{st} – the delivery of the Athletics PD is continuing with seven schools locked in for their staff meetings this term.

The final week of term 3 saw Sport Whanganui's Community Coaching Advisor, Steve Kerfoot, working with the staff at Kaitoke School in the various skills of Athletics, including running, jumping and throwing. This was very well received, as demonstrated in this collage of photos, with principal Sarah McCord showing her grasp of the throwing techniques being taught!

The planning of new modules of PD for teachers is a current focus for the Young Peoples Team at Sport Whanganui and the detail will be rolled out in the meetings to be held with the respective school principals later this term.







olunteers





Nominate a sports volunteer to win \$2,000 worth of sports gear and the ultimate team experience at lottovolunteers.co.nz



OUGH KID

Planning is well away for this years Mitre 10 Mega Tough Kid Whanganui. Last year's event attracted 1800 kids and Sport Whanganui is confident with a similar turn out again this year.

The Sport Whanganui run event will take place on the 1st of December at Cooks Gardens with Year 3 - 8 children completing an obstacle course including water slides, climbing frames, cargo net crawls and much more.

A positive change to this year's Tough Kid are the new obstacles and the event being water only. This is an initiative led by Healthy Families and Whanganui DHB developed to increase access to drinking water, an initiative Sport Whanganui is proud to have a strong partnership with. There will also be healthy food options available on the day.

The Mitre 10 MEGA Tough Kid started in 2011 with 519 kids participating and has not only tripled in numbers locally, it has also grown to three events throughout the region and is being run by four other Regional Sports Trusts nationally.

This event is participation focused and Sport Whanganui encourage kids to have fun and give it a go. Not only will there be individual races there will also be team races and a parent teacher race as the final race of the day.

Event Coordinator Angela Watson says, "While there are medals and trophies presented at the Mitre 10 MEGA Tough Kid, Sport Whanganui have promoted the event as a participation event where children can maybe push themselves outside their comfort zone and challenge themselves to complete the course. The main thing however is that children are out there having fun, enjoying themselves and being physically active!"

Once again also, the Army, Police and Fire Brigade will be present adding to the excitement of the obstacles encouraging safety and fun for participants.

Sport Whanganui are thankful for the support they receive for this event and would like to thank major sponsor Mitre 10 MEGA Wanganui along with the following supporting businesses and groups, Whanganui District Council, Events and Venues Whanganui, Healthy Families, Wanganui Police, Wanganui Fire Service, Army Cadets, GF Event Caterers, Dub. Dee. See. Committee & Hoskins Carriers.

Sport Whanganui are also on the hunt for volunteers to assist in helping kids over and under obstacles and general success of the day. If you are interested or would like to find out more about this event run by Sport Whanganui, http://www.sportwhanganui.co.nz/events-new visit: or angela on (06) 2326, email: contact 349 or angela@sportwhanganui.co.nz

TAIPAHAKE KAUMATUA OLYMPICS



On Thursday the 19th of October Whanganui hosted approximately 200 kaumātua (elders) from our Whanganui, Rangitikei and Ruapehu regions along with visitors from Manawatū, Taranaki and Maniapoto.

Jubilee stadium was jam packed with these elders and support personnel. Music, line dancing, shared kai and tikanga Māori (protocols) ensured a full day's activities.

The Taipāhake collaboration is driven by kaumātua and supported by 20 Iwi and Health and Sport organisations. Kura kaupapa from Whanganui helped run the various games which included seated Volleyball, Kapahaka, Noodle Hockey, Cup Stacking and Hand Games.

The initiative is 3 years old and also features 2 smaller cluster events shared around the regions, in March and July of each year.

The outcomes are focused on reducing social isolation, promoting more physical activity and retaining kinship links.

For more info on this programme contact Nicole Dryden at Sport Whanganui 06 3492319 or <u>nicole@sportwhanganui.co.nz</u>



Photo cred – Mark Brimblecombe Photography

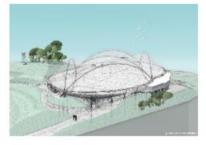
THE VELODROME PROJECT

RAISE THE VELO ROOF

Dear Velodrome Supporter,

A Fantastic and productive few months for the Velo Project. And now everything points to the Velo Roof developments being a reality for the region and city within the next 18months....Exciting times.

And well done to all the Regional Velodrome Development Trust(RVDT) Team. Special mention to Bob Smith and Leigh Grant who are working on the project **full time** and are the main reason for so much - significant progress.



BIG NEWS:

Central Government has committed to assisting financially with the project...\$6 MILLION. This is a huge step forward giving confidence to all other sponsors/funders and potential funders. A big Thank you to Chester Borrows our out- going MP who committed to this project, we hope you'll be one of the first to ride the track at our opening celebrations!!

Central Government really see the economic impact that the Development will have for the Whanganui community and the Regional community.

To make this an even better story both major parties have agreed to back the project to 6 Million, whoever the new Government might be.

Project Funding:

Currently the RVRT team are working with a number of funders, Trusts and Foundations and sponsors.

The Good News, the Central Government \$6,000,000 has provided excellent leverage to encourage confidence and commitment from potential project funders.

Have a Look:

'Eyes on Victoria' have a window display of the Velo Development Project. Pop in and have a look. Eyes on Victoria are one of our Velo5000 Club members – Good on you!

Introducing Our Project Ambassadors



Campbell Stewart



Simon Van Velthooven

How Can You Help?:

Join the Supporters group - email us with your name and you'll receive regular email updates

Join the Velo5000 Club – email or call and we'll meet with you to set up your commitment and payments, you'll receive signage for the first 3 years at no cost, you name on a master board at the Velodrome, A model of the Velodrome and Recognition on our website, Raise the VeloRoof. Also listing on the WDC website and updates by newsletter.

Become a Significant Sponsor \$10,000 +, please contact one of the RVDT team.

FaceBook - RaisetheVeloRoof, Like our FB page and Share all posts

Get in behind your wonderful and hugely valuable Regional Velodrome Project!!



A Big Thanks!

We'd like to extend our thanks to all those that have supported us along the way, both financially and with your encouragement. An extra big thanks to those members of the Velo 5000 Club whose pledges demonstrate to local, regional and central government that there is real grass-roots support for putting a roof on our Velodrome to create a stunning regional facility and that local people are prepared to put their money where their mouth is and step up for their community.

Some of our supporters:

 John Key (Ex PM)
 Wanganui Cycling

 Johnathon Coleman (Minister)
 Cycling Taranaki I

 Nathan Guy (Minister)
 Cycling New Plym

 Stephen Joyce (Minister)
 Bike Manawatu

 Chester Borrows (Minister)
 Levin Cycling Clut

 Hamish McDouall (Wanganui Mayor)
 West Coast North

 Grant Smith (Palmerston North Mayor)
 Ashhurst Enginee

 Don Cameron (Ruapehu District Mayor)
 Rotary Wanganui

 Andy Watson (Rangitieki District Mayor)
 Rotary Wanganui

 Andrew Matheson (Cycling NZ Chief Executive)
 Rotary Wanganui

 Danny Jonas (Sport Wanganui CEO)
 Ketary Wanganui

Wanganui Cycling club Inc. Cycling Taranaki Inc. Cycling New Plymouth Bike Manawatu Levin Cycling Club Inc. West Coast North Island Cycling Centre. Ashhurst Engineering Rotary Wanganui North Rotary Wanganui South Rotary Wanganui

Not to mention the hundreds that have signed our supporters book.



If you have a question or want to catch up with the project team, email us at velo.trust@gmail.com