



for grieving children, teens, & families

# Family Newsletter October 2017

## Continuing Bonds...

There are many foundational grief theories that have made great contributions to the field of bereavement. These initial theories have helped us to understand the many feelings and dynamics that are often experienced after the death of someone significant. Many of theories have a common idea of a process of steps that one goes through to lead to some sort of closure and detachment with the deceased, thus permitting those who grieve to move on to a "new life".

However, do we ever "move on"? How can we move on from a relationship that meant so much to us? *Continuing Bonds* is a concept that was first discussed by Dennis Klass, Phyllis R. Silverman and Steven Nickman in their book titled "Continuing Bonds: New Understanding of Grief" (1996).

The concept of Continuing Bonds suggested that perhaps previous linear models of grief, which proposed the ending of a relationship, were denying realities of how many people grieve. They suggested a new theory, rooted in the observation of healthy grief that did not resolve by detaching from the deceased, but rather in creating a new relationship with the deceased. This idea acknowledges the fact that death ends a life, not necessarily a relationship.

*those we love  
don't go away  
they walk  
beside us  
every day  
unseen, unheard  
but always near  
still loved  
still missed  
and very dear.*

simply designing



Suncoast Kid's Place was recently blessed by Sloan Hodges who continues his bond with his older brother, Caleb Hodges, who died at the young age of 19 in a motorcycle accident. Sloan

coordinated a day of working with his mom, dad and little brother, as well as many of his extended family and friends, building two picnic tables and a bench in memory of his brother Caleb. The tables are placed in the back of the SKP house and the bench is located in the solitude of the butterfly garden. Sloan has left a legacy of his brother for all present and future SKP families to enjoy and to help us remember that the relationship we had with our deceased will live on.



## Reminder:

October 9<sup>th</sup> – Registration for Camp Erin 2018 begins

## Wish List for Camp Erin:

Donate New/Lightly Used Items

- Water bottles
- Children's books
- Board games
- Craft supplies (markers, paint, crayons, etc.)
- Flashlights
- Duffel bags



# October 2017

**Group Color Key:**  
 Lutz Location Groups  
 Satellite Location Groups  
 Adult Only Groups

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>Healing After Heartache:</b> Adult Grief Support Group 7:00-8:30	3 <b>3rd-5th (T)</b> 6:30-8:00 <b>Middle School Girls</b> 6:30-8:00	4 <b>K-2nd (W)</b> 6:30-8:00 <b>HALOS Group:</b> Healing After a Loved One's Suicide 7:00-8:30	5 <b>3rd-5th (R)</b> 6:30-8:00 <b>Teen Boys (MS &amp; HS)</b> 6:30-8:00 <b>Brandon 6:30-8:00</b> (All age groups)	6	7
8	9 <b>Little's (3-5 y/o)</b> 5:30-6:30	10 <b>K-2nd (T)</b> 6:30-8:00 <b>High School Girls</b> 6:30-8:00	11 <b>3rd-5th (W)</b> 6:30-8:00	12	13	14
15	16 Non-Student Day <b>No School</b> <b>Healing After Heartache:</b> Adult Grief Support Group 7:00-8:30	17 <b>3rd-5th (T)</b> 6:30-8:00 <b>Middle School Girls</b> 6:30-8:00	18 <b>K-2nd (W)</b> 6:30-8:00 <b>HALOS Group:</b> Healing After a Loved One's Suicide 7:00-8:30	19 <b>3rd-5th (R)</b> 6:30-8:00 <b>Teen Boys (MS &amp; HS)</b> 6:30-8:00 <b>Brandon 6:30-8:00</b> (All age groups)	20	21
22	23 <b>Little's (3-5 y/o)</b> 5:30-6:30	24 <b>K-2nd (T)</b> 6:30-8:00 <b>High School Girls</b> 6:30-8:00	25 <b>3rd-5th (W)</b> 6:30-8:00	26	27	28
29	30 5 <sup>th</sup> Monday <b>No Groups</b>	31 5 <sup>th</sup> Tuesday <b>No Groups</b>				

Please call/email if your family will be absent from group  
 813.990.0216 • info@suncoastkidsplace.org

SKP calendar is based off of the Hillsborough County Schools calendar