

## Family Newsletter September 2017

for grieving children, teens, & families

#### Calendar Change

You will notice a change on the monthly calendar beginning this month. We have changed the labeling system for age groups that have multiple groups to reflect the day of the week it meets. For example: the 3<sup>rd</sup>-5<sup>th</sup> group that meets on Tuesday is now labeled 3<sup>rd</sup>-5<sup>th</sup> (T).

#### **Meet Our Interns**

Throughout the years, Suncoast Kid's Place has been blessed to have had the opportunity to mentor a large number of College Interns who have shown an interest and compassion to learn about the impact that grief can have on children and help support the children and families whom we serve. This year is no different.

We want to introduce you to our fall interns who will be working closely with your children.



Hey guys! My name is Danielle. I am a senior at University of South Florida majoring in Social Work. I am so excited to be working with Suncoast Kid's Place this semester! When the senior internship was approaching, I was unsure of where I was going to go. However, I knew I wanted to be

able to work with and help children. Then, I was introduced to SKP and was impressed by their facility and the services offered to the community. I am really excited to be interning at SKP this semester and getting to know all of you!

My name is Alexa; I am a senior at the University of South Florida studying Psychology and Behavioral Healthcare with a concentration in children's mental health. I enjoy painting, watching movies, playing ultimate Frisbee and doing yoga. I chose Suncoast Kid's Place because it is an organization that combines



group therapy with family well being. I am excited to get a hands-on opportunity to participate in group therapy and to get to know each individual on a personal basis.



My name is Brianna. I am a senior at the University of South Florida majoring in Behavioral Healthcare. My concentration is in children's mental health. I have always been fascinated in the human mind and especially with children and their capacity to express themselves to communicate their needs. Suncoast Kid's Place is such an

amazing opportunity for me to work with children that are experiencing loss and mourning. It allows me the opportunity to help children navigate through their emotions in a variety of different means.

We are so excited to have these three young ladies join our staff for the fall session. Welcome Danielle, Alexa and Brianna.

#### **Healing After Heartache**

Suncoast Kid's Place is now offering a grief education and support group specifically designed for the grieving adult. **Healing After Heartache** is for all persons 18 years old and older, who have experienced the death of a significant person. This group will mix educational components about the grief journey with experiential activities to build resiliency and help participants adjust to life without their person. Involvement in other SKP groups is not required to participate, but this group can be attended in addition to other SKP groups. This group is free of charge.

**Healing After Heartache** will meet twice a month on the 1<sup>st</sup> and 3<sup>rd</sup> Mondays, from 7:00-8:30 pm at the Lutz campus, in Bldg. G. If you, or someone you know, would benefit from this support group, contact <u>info@suncoastkidsplace.org</u> or <u>813-990-0216</u> for more information.

### **Upcoming Events:**

- October 9<sup>th</sup> Registration for Camp Erin 2018
- December 10<sup>th</sup> Night of Hope 6:30 pm – 8:00 pm

813.990.0216 • info@suncoastkidsplace.org • www.SuncoastKidsPlace.org Facebook.com/SuncoastKidsPlace • Twitter: @SuncoastKidsPL • Instagram.com/SuncoastKidsPlace



# September 2017

Group Color Key: Lutz Location Groups Satellite Location Groups Adult Only Groups

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Â			1	2
3	4 Labor Day <b>No Groups</b>	5 3rd-5th (T) 6:30-8:00 Middle School Girls 6:30-8:00	6 K-2nd (W) 6:30-8:00 HALOS Group: Healing After a Loved One's Suicide 7:00-8:30	7 3rd-5th (R) 6:30-8:00 Middle School Boys 6:30-8:00 Brandon 6:30-8:00 (All age groups)	8	9
10	11 Littles (3-5 y/o) 5:30-6:30	12 K-2nd (T) 6:30-8:00 High School Girls 6:30-8:00	13 3rd-5th (W) 6:30-8:00	High School Boys 6:30-8:00	15	16
17	Healing After Heartache: Adult Grief Support Group 7:00-8:30	19 3rd-5th (T) 6:30-8:00 Middle School Girls 6:30-8:00	20 K-2nd (W) 6:30-8:00 HALOS Group: Healing After a Loved One's Suicide 7:00-8:30	21 3rd-5th (R) 6:30-8:00 Middle School Boys 6:30-8:00 Brandon 6:30-8:00 (All age groups)	22	23
24	25 Littles (3-5 y/o) 5:30-6:30	26 K-2nd (T) 6:30-8:00 High School Girls 6:30-8:00	27 <b>3rd-5th (W)</b> 6:30-8:00	28 High School Boys 6:30-8:00	29	30

Please call/email if your family will be absent from group 813.990.0216 • info@suncoastkidsplace.org

SKP calendar is based off of the Hillsborough County Schools calendar