

# GRIEF Care COMMUNITY

*JESUS HAS COME "... TO SHINE  
ON THOSE LIVING IN DARKNESS  
AND IN THE SHADOW OF DEATH,  
TO GUIDE OUR FEET INTO THE  
PATH OF PEACE." LUKE 1:79*

## WHAT IS GRIEF CARE?

Grief Care at Bay Hope Church is a grief recovery support community for those who are experiencing grief over the death of a loved one.

## GRIEF CARE INCLUDES:

### **MEET AND GREET NIGHT.**

Join this community and hear about how Grief Care has helped others in their grief recovery.

### **EIGHT-WEEK SUPPORT GROUP ADAPTED FROM GRIEFSHARE.**

Each week consists of a weekly video featuring some of the nation's foremost experts on grief recovery, and small group discussion time to allow participants to talk about the content of the video and about how they are dealing with their grief. In addition, there is a weekly handout that offers Bible verses, insights and prayers to help make a difference in your recovery.

## TOPICS INCLUDE:

- |                                |                           |
|--------------------------------|---------------------------|
| • Challenges of Grief          | • Complicating Factors    |
| • Grief and Your Relationships | • Stuck                   |
| • Why?                         | • Lessons of Grief        |
| • Guilt and Anger              | • What Do I Live for Now? |

**Two-week "Surviving the Holiday" program** - Based on the GriefShare program that offers a video, a discussion group, and a Survival Guide with daily encouragement.

**A Night of Hope** - Bay Hope annual tradition. Night of Hope is church-wide night of worship and reflection to honor the death of your loved one and encourage you in your grief recovery journey.

**Grief Care Walk** - A memorial walk that will offer time for reflection, remembrance and celebration of your loved one.

*Count on 4 annual events to socialize and continue to offer support and encouragement to one another.*

# GRIEF CARE COMMUNITY CALENDAR

## FALL 2017

### August 27

Welcome Orientation Meet & Greet  
Grief Care Community Gathering • 7:00 Portable E

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### Sept. 7 - Oct. 26

Grief Care Community • 8 week support group • 7:00 Portable E

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### Nov. 5 & 12

Grief Care Community • Surviving the Holidays • 7:00 Portable E

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### December 10

Night of Hope • Worship Center • 6:30 - 8:00 p.m.

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### December 28

Grief Care Community Pot Luck Dinner • Location TBD

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## SPRING 2018

### February 8

Welcome Orientation Meet & Greet • Grief Care Community Gathering  
7:00 Portable E

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### Feb. 8 - Apr. 12

Grief Care Community • 8 week support group • 7:00 Portable E

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### April 26

Grief Care Community Event • Location TBD

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### May 5

Grief Care Community Memorial Walk • Location TBD

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### June 28

Grief Care Community Event • Location TBD

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**BAYHOPE**  
PRAYER & CARE