



for grieving children, teens, & families

Family Newsletter

August 2017

NEW GROUPS

REMINDER:

The group season begins August 1st, 2017.

Emails have been sent out to all current families; please check your email box and your spam and follow the link embedded which will direct you to choose the group most convenient for you and your family. If you have not received an email, please contact our office at (813) 990-0216 so that we may register you today.

Please do NOT delay as groups are filling up fast!



Healing After Heartache

Beginning Monday, August 7th, 2017, Suncoast Kid's Place will be offering a grief education and support group specifically designed for the grieving adult. **Healing After Heartache** is for all persons 18 years old and older, who have experienced the death of a significant person. This group will mix educational components about the grief journey with experiential activities to build resiliency and help participants adjust to life without their person. Involvement in other SKP groups is not required to participate, but this group can be attended in addition to other SKP groups. This group is free of charge.

Healing After Heartache will meet twice a month on the 1st and 3rd Mondays, from 7:00-8:30 pm at the Lutz campus, in Bldg. G. If you, or someone you know, would benefit from this support group, contact info@suncoastkidsplace.org or [813-990-0216](tel:813-990-0216) for more information.

National Alliance for Grieving Children Symposium

Suncoast Kid's Place was well represented at the National Alliance for Grieving Children's (NAGC) 21st annual Symposium in Richmond, Virginia. Three staff members attended to learn the latest trends, theories and practices related to children's grief; as well as, engage with colleagues, clinicians, researchers, and healthcare professionals, around the world working in the field of children's grief.

Suncoast Kid's Place Program Director, Deborah Brooks and Associate Director, Kimberly Pacheco were selected to present a workshop titled "Holistic Self Care for a Balanced Life". This year's symposium focused extensively on the importance of self-care for the helping professionals, as well as, grief support for at-risk youth.

Over 450 attendees from across the country learned new ideas and shared successes.



Upcoming Events:

- August 1st – Start of ALL SKP Groups
- August 7th – Healing After Heartache "New" – Adult Grief Group – ages 18+
- October 9th – Registration for Camp Erin 2018
- December 10th – Night of Hope
6:30 pm – 8:00 pm



August 2017

Group Color Key:
 Lutz Location Groups
 Satellite Location Groups
 Adult Only Groups

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|---|--|--------|----------|
| | | 1 3rd-5th (T) 6:30-8:00 Middle School Girls 6:30-8:00 | 2 K-2nd (W) 6:30-8:00 HALOS Group: Healing After a Loved One's Suicide 7:00-8:30 | 3 3rd-5th (R) 6:30-8:00 Middle School Boys 6:30-8:00 Brandon 6:30-8:00 (All age groups) | 4 | 5 |
| 6 | 7 Healing After Heartache: Adult Grief Support Group 7:00-8:30 | 8 K-2nd (T) 6:30-8:00 High School Girls 6:30-8:00 | 9 3rd-5th (W) 6:30-8:00 | 10 High School Boys 6:30-8:00 Hillsborough County First Day of School | 11 | 12 |
| 13 | 14 Littles (3-5 y/o) 5:30-6:30 | 15 3rd-5th (T) 6:30-8:00 Middle School Girls 6:30-8:00 | 16 K-2nd (W) 6:30-8:00 HALOS Group: Healing After a Loved One's Suicide 7:00-8:30 | 17 3rd-5th (R) 6:30-8:00 Middle School Boys 6:30-8:00 Brandon 6:30-8:00 (All age groups) | 18 | 19 |
| 20 | 21 Healing After Heartache: Adult Grief Support Group 7:00-8:30 | 22 K-2nd (T) 6:30-8:00 High School Girls 6:30-8:00 | 23 3rd-5th (W) 6:30-8:00 | 24 High School Boys 6:30-8:00 | 25 | 26 |
| 27 | 28 Littles (3-5 y/o) 5:30-6:30 | 29 5 th Tuesday No Groups | 30 5 th Wednesday No Groups | 31 5 th Thursday No Groups | | |

Please call/email if your family will be absent from group
 813.990.0216 • info@suncoastkidsplace.org

SKP calendar is based off of the Hillsborough County Schools calendar