



for grieving children, teens, & families

Family Newsletter December 2016

Ideas for Creating New Holiday Traditions After a Death

Light a candle:

As a family, light a candle in the beginning of the holiday season and allow it to burn throughout. If you're not comfortable with a real candle, use a fake candle or a special light up decoration. You could also have a candle lighting ceremony on a designated day.

Secret Signal:

Create a secret signal for your family members to give one another when something reminds them of the person who has died. This could be a signal used at any moment, happy or sad, throughout the year.

Remembrance ornaments:

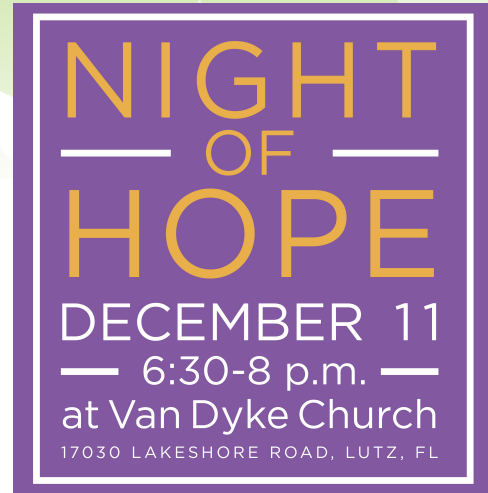
Buy a new ornament every year that reminds you of your person that died. If children are affected by the loss, invite them to help you select the ornament or even allow them to create one.

Go somewhere that you feel close to your person:

Start a tradition of visiting your person's grave or another place where you feel close to them on the holiday.

More ideas can be found at:

www.whatsyourgrief.com/creating-new-tradition-after-a-death/



More information available at:

www.SuncoastKidsPlace.org/Special-Events

Camp Erin Tampa Bay 2017



February 24 – February 26, 2017

Camp Erin® Tampa Bay is a weekend sleep away camp specifically designed for kids and teens, 1st-12th grade, who have experienced the death of a significant person in their life. At Camp Erin, kids have the opportunity to explore, express, and memorialize while being around other kids who have experienced similar losses in their lives.

Camper and Volunteer applications are now available! Registration ends on Dec 31st.

More information and applications can be found at: www.SuncoastKidsPlace.org/CampErin



December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 3rd-5th (2) 6:30-8:00 Middle School Boys 6:30-8:00 Brandon 6:45-8:00 (All age groups)	2	3
4	5	6 3rd-5th (1) 6:30-8:00 Middle School Girls 6:30-8:00	7 K-2nd (1) 6:30-8:00 HALOS Group: Healing After a Loved Ones Suicide 7:00-8:30	8 New Port Richey 6:30 - 8:00 (All age groups)	9	10
11	12 Littles (3-5 y/o) 5:30-6:30 High School Girls 6:30-8:00	13 K-2nd (2) 6:30-8:00	14 3rd-5th (3) 6:30-8:00 High School Boys 6:30-8:00	15 No Groups	16	17
18	19 Winter Break No School	20 Winter Break No Groups	21 Winter Break No Groups	22 Winter Break No Groups	23 Winter Break No School	24
25 Merry Christmas!	26 Winter Break No Groups	27 Winter Break No Groups	28 Winter Break No Groups	29 Winter Break No School	30 Winter Break No School	31

Please call/email if your family will be absent from group
813.990.0216 • info@suncoastkidsplace.org

SKP calendar is based off of the Hillsborough County Schools calendar