SEPTEMBER 2016

NEWSLETTER

COMMUNITY BIKE PARK

Nationally and regionally cycling is a huge growth industry with many regions investing in mountain bike trails, pump tracks and urban cycle ways for their community.

Sport Whanganui and the local Mountain Bike Club has worked in partnership with the Whanganui District Council and ignited a community led approach to design and create a community bike park. The location of the park is on vacant council land next to the Splash Centre. We have received amazing community support to date with different community groups and organisations donating their time and money to this wonderful community initiative.

If you would like to know more about the project or find out how you can contribute to it in any way contact jodie@sportwhanganui.co.nz



Concept design for the layout of each stage of development.





Come along and meet our Rio Olympic athletes, Rebecca Scown and Chris Harris on Saturday 1st October, as they return home to Whanganui for a special meet and greet experience!

12pm - Join in on the Olympic 'Walking Bus', as our athletes make their way from the River Traders Market on Taupo Quay to Majestic Square, joined by Whanganui students.

12.15 - 1pm - Meet & Greet at Majestic Square. Come along, meet the athletes and have a blast on a rowing machine and eat a sausage or two!

2.15pm - Special presentation ceremony at Cooks Gardens, prior to the kick-off of the Whanganui vs Thames Valley Heartland fixture.





BECOME A SURF LIFESAVER



SURF LIFE SAVING NEW ZEALAND becoming a Surf Lifesaving

member? The essential survival skills you will learn can save you and potentially others in all open water environments.

Surf Life Saving offers a range of activities in a great environment. As a member of a club you are entitled to use the Clubs facilities and appropriate equipment. Surf Life Saving also offers a range of awards, training and courses through your club or region to increase your skills and knowledge.

As a surf lifeguard you are eligible to compete in Surf Sports events and enjoy access to regular coaching programmes.

Regions have representative teams and development squads are actively seeking new talent. For more information check out our website www.surflifesaving.org.nz





UPCMOMING EVENTS & ACTIVITIES

20 - 22 October: Whanau Sports. Contact David Steedman 022 683 9978.

28th October: Hunterville Interschool cross Country at Hunterville Domain.

29-30 October: Hunterville Huntaway Festival -Shepherds Shemozzle <u>www.shemozzle.co.nz</u> for further information.

19 November: The Great Pukeokahu Walk, Check out their Facebook page 'Pukeokahu Community Events'.

21st November: Papanui Junction Country School Athletics at Papanui Junction School

25th November: Hunterville Interschool Softball Tournament at Hunterville Domain.

28th November: Taihape Primary Schools Athletics at Taihape Recreation Grounds.

Taihape Tai Chi/Sit & Be Fit classes

Old Hospital dining room —2pm– 3pmTuesdays/10am-11am Thursdays.

Transport available. Phone Mokai Patea Services on 06 388 1156



Would you like to assist with the smooth running of a National sporting event in 2017?

We need you!

The David Jones Suzuki NZ School Triathlon Champs are taking place right here in Whanganui from 29-31st March 2017. We are looking for keen volunteers to assist us with various roles throughout the event. If you would like to put your name down to volunteer please contact:



Rachel O'Connor rachel@sportwhanganui.co.nz



WHS COLOUR RUN

An afternoon of fun was had at the Whanganui High School Colour Run Event on Tuesday 6th September! Whanganui High School raised \$676.60 with all proceeds going to a 9 year old Whanganui girl with cancer.

Well done to the WHS Sport Prefects for organising such an awesome event for such a great cause!



VISIT TO WHANGANUI GIRLS COLLEGE

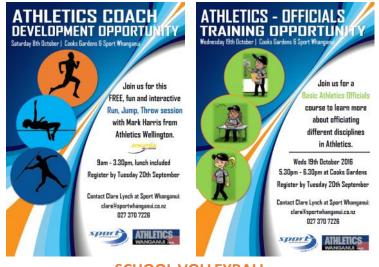
Clare and Rachel from Sport Whanganui and Mere Whanarere (Inspire Health & Fitness Centre Manager) visited a WGC Year 13 Physical Education class last week to talk about the role Sport Whanganui and Inspire Health & Fitness Centre play in the community. Topics included our vision, community outcomes, the reasoning behind the work we do, statistics around participation in sport & recreation and various other elements relating to sport and physical activity. The aim was for the students to gather further information for an assignment in an interview type forum about the role physical activity plays in their lives but also at a community and societal level. "Learning the statistics from our region was very interesting and also how much effort Sport Whanganui puts into getting our region active" – Sidney Boobyer, WGC student.





ATHLETICS COACH AND OFFICIALS DEVELOPMENT

Are you interested in Coaching or Officiating in Athletics? Athletics Wanganui Inc and Sport Whanganui are hosting two workshops very soon that will help you get started! A Coaching Workshop and also a Basic Officiating Workshop are scheduled for October. For more information or to register, please contact clare@sportwhanganui.co.nz or 349 2881.



SCHOOL VOLLEYBALL

Interested in playing volleyball?

Primary, Intermediate and Secondary School volleyball leagues are scheduled again for Term 4! Intermediate and Secondary School leagues will be played at Jubilee Stadium on a Wednesday from 3.30pm, starting Week 2 and the Primary School league will be played in the Springvale Stadium Annexe on Fridays from 3.15pm also starting in week 2!

For more information, talk to your school Sports Coordinator or contact Ross at Sport Whanganui: Email: <u>ross@sportwhanganui.co.nz</u> or 349 2320.

DUB. WHANGANUI SECONDARY SCHOOLS SEE. SPORTS AWARDS 2016

The Awards will be held on Wednesday 26th October 2016 at Whanganui City College from 5.15pm. We are excited to announce Kat Austin, Athletics NZ High Performance Athlete Development Coordinator as this year's guest speaker! Nominations are now open. For more information please contact: clare@sportwhanganui.co.nz or 3492881.



Erica Tanner (WHS) - Senior Sportswoman of the Year 2015

SECONDARY SCHOOLS WINTER TOURNAMENT WEEK

Secondary Schools Winter Tournament Week saw over 25,000 students, their coaches, managers and parents involved in 67 school sport tournaments around the country! Months of training, preparation and playing in local and qualifying events, the Tournament represents the high point of the season for these students with New Zealand Secondary School Championship titles up for grabs.

Whanganui was fortunate to host three of these tournaments; Lower North Island SS Netball, Girls Hockey (Mary Clinton Cup) and Football (Trident Trophy). The city was buzzing with young people, accommodation facilities were full and the weather was kind for most of the week!

All results are on the NZSSSC website.











WALKTOBER 2016 Get Walking with 'Active & Out There' Green Prescription!

Pop into the Splash Centre to grab your map of fantastic Wanganui walks and get out walking. Have a look at the calendar below and come along and join us!



MINI MOVERS PLAYGROUP

Come and join us in Term 4! Mini Movers Playgroup is a place for parents/caregivers and children (0-5) to meet and engage in active play.

Tawhero School Hall Tuesdays 9.45am - 11.45am Gold coin donation per child

Stiff Competition

The midweek league futsal competition was popular this year, with three girls teams and eight boys teams involved. Games were played at Whanganui High School on Wednesday's and City College on Fridays. The teams entered were from Whanganui High School, City College and Whanganui Girls College.

There were some very good games over the season, with great skills being displayed and some really tight competition. The boys section was made up of junior and senior teams, and it was great to see the junior boys never taking a step back to the larger and stronger seniors.

In the girls grade Mannschaft (German for team) were the undefeated champions of the season, beating The Ballers 7-4 in the finals. The Ballers finished second, with Whanganui Girls College coming in 3rd. Mannschaft and The Ballers had some very competitive games near the end of the season, so it wasn't all one way traffic.

The Supreme Team and The Rejects battled it out for the boy's championship, with The Supreme Team winning in a well-played game 7-5. CityZens and Hogan's Heroes will be playing off for 3rd place. Kelly, from The Supreme Team, declared himself MVP of the league, so we'll go with that.

We would like to thank all the players for coming along and playing the game like it should be played and the schools (Mike as well) for use of the facilities and refereeing. It will be great to see the league grow next year!



A special mention to Mike O'Connor for taking charge of the league at WCC. Thank you!



Women interested in road cycling and socialising with other women in a friendly and supportive environment now have the chance to do so with the introduction of a women's group road cycling series.

Sport Whanganui and Wanganui Cycling Club have teamed up to run a 12-week series, which started on the 4th September.

Cherie Prince, Sport Whanganui's Bike Development Officer, who is coordinating the group rides and related activities, says: "The series is for women who want to take up the opportunity to train with other women and perhaps socialise over a coffee afterwards, as well as partake in other related activities if they wish to.

"The timing of the series – 12 weeks between now and the end of November – makes it ideal for those women who are preparing to take part in upcoming events. These might include the 2016 Lions Tour de Manawatu Charity Cycle coming up on 6 November, the 2016 Lake Taupo Cycle Challenge coming up on 26 November, or the 2017 New Zealand Masters Games being held in Whanganui on 3-12 February. But anyone interested in training and building on their road cycling skills in general is most welcome."

"Each week we'll be offering two group road cycling rides – one will leave from Velo Ronny's Bicycle Store, 49 Wilson Street, at 10am every Wednesday, and the other will leave from the Red Lion Inn, 45 Anzac Parade, at 10am every Sunday.

"The first ride is free, and then one payment of \$20.00 covers the guided rides, Wanganui Cycling Club social membership, a bike maintenance evening (date TBC), a Velo Ronny's Bicycle Store drink bottle, and giveaways and/or maintenance checks available at the mid-week rides. Also, for those who would like to, and at the cost of the usual entry fee, there'll be the opportunity to come along to weekly spin sessions at the Splash Centre."

Women who would like to get involved can simply show up at the allocated starting time and location on the day a ride is taking place.

Keep an eye on Sport Whanganui's Facebook page to find out more, or contact Cherie on 021 748 873 or email: cherie@sportwhanganui.co.nz.







ST JOHNS HILL SCHOOL MINI OLYMPICS

On Friday 12th August St Johns Hill School had their very own mini Olympics which was genuine right down to an opening ceremony including an athlete walk past.

The Games were officially opened by Olympian

Aranui Interschool Cross Country Results

9 YEARS AND UNDER GIRLS (133 runners) JUNIOR GIRLS CHAMPION

1stMady Petley2ndEmily Corcoran3rdMeg Scully-Arnott

Faith City School Westmere School South Makirikiri School

9 YEARS AND UNDER BOYS (140 runners) JUNIOR BOYS CHAMPION

1st Connor ReesWestmere School2nd Oliver BunnHunterville School3rd Hayden LourieHunterville School

10 YEARS AND OVER GIRLS (129 Runners) MADAMS FAMILY CUP

SENIOR GIRLS CHAMPION

1st Lillah CorneliusChurton School2nd Carrie RennieCastlecliff School3rd Lana O'ConnorWestmere School

10 YEARS AND OVER BOYS (150 runners) SENIOR BOYS CHAMPION

1st Chase Morpeth 2nd Matthew Hocquard 3rd Oliver Jones St Johns Hill School Huntley School St Georges School

ANDERSON'S FOR MEN - TEAM CUP: St Johns Hill School

BRETONS GARAGE - TWO TO COUNT TEAM CUP: Westmere School

PRINCIPAL'S CUP - BEST TEAM PERFORMANCE SCHOOL WITH LESS THAN 75 CHILDREN: St Georges School

BOOTH FAMILY CUP - JUNIOR GIRLS 2 – TO-COUNT CUP: St Johns Hill School

TIMMS ENGRAVERS JUNIOR BOYS 2 – TO-COUNT CUP: Hunterville School

LAMBERTS BUSINESS SUPPLIES - SENIOR BOYS 2 –TO-COUNT CUP: St Johns Hill School

KITCHEN CONTOURS - SENIOR GIRLS 2-TO-COUNT CUP: Westmere School



Philippa Baker-Hogan, who inspired the children with anecdotes from her Olympic experiences.

Sport Whanganui deliverers Hannah Mauchline and Jack Stewart ran a station in the tabloid type format, which the students thoroughly enjoyed.



BASKETBALL AT DURIE HILL

The last session of Basic Sports Skills Basketball at Durie Hill School in Term 3 saw Jack Stewart teaching the students the finer points of 4 versus 4 basketball, a popular new format of the game to compliment miniball.







MOUNTAIN BIKING AT WESTMERE

On Thursday 22 September Westmere School used their rural setting to challenge the students to sample mountain bike racing.

The day was a resounding success with a huge number of parents supporting the event.



SUN, SWEAT & SMILES

The sun was shining on Friday 23rd September for the 5th annual The Downs Group Tough Kid[®]. McIntyre Reserve in Ohingaiti was flooded with 981 Year 3-8 kids from 26 schools across the Rangitikei District, each one finishing the event with a smile!

Participants ran, crawled, slipped, rolled and pulled themselves through various obstacles on the course, including the walls, the bog pit and the famous water slide!

Keeping a close eye throughout the day were the wonderful team at The Downs Group, who remain the events principal partner for a third year in a row.

Special thanks must go to The Downs Group, Mangaweka School for hosting the event, the Mangaweka Volunteer Fire Service and also all the wonderful volunteers who helped make the day such a success. Huge congratulations to Hunterville School who walked away with the Toughest School trophy for a second consecutive year.

Head to <u>www.sportwhanganui.co.nz/events</u> to view the top placings from the day.



GOOD SPORTS

Last month, after a long consultation and planning process with clubs, secondary schools and community groups, Sport Whanganui was finally able to launch our Community Good Sports Campaign. This campaign was created to unite the community in promoting positive behaviour in sport.

The campaign has the backing of former Silver Fern Joline Henry and former All Black Glen Osborne (the campaign's lead ambassadors), Dub.Dee.See. Youth Committee, Awa Signs and For Our Kids – with a focus to help minimise negative behaviour and ensure our sporting community is a positive and supportive place for all.

There's a real need for this campaign, with many groups and organisations affected and seeing a need to address the issue. There especially seems to be a need in relation to sport involving 5-18 year olds, and it's crucial our young people are exposed to positive sporting experience, so they go on to reach their full potential and view sport as a positive part of a healthy lifestyle.

A key focus will be on providing information and resources to help organisations, groups and individuals to establish the policies, processes, personnel and action plans necessary to help bring about positive change within their sporting culture.

Campaign information packs – including a campaign outline, guidelines, a brochure highlighting "10 tips for creating a community good sport" and posters featuring local youngsters – are being distributed. These resources are also available to view and download at *www.SportWhanganui.co.nz*.

Anyone wishing to find out more or get involved in the 'Community Good Sports' campaign can head to the Sport Whanganui website or contact Jodie Brunger or Clare Lynch on (06) 349 2300.





MASTERS GAMES

This February Whanganui plays host to hundreds of athletes, supporters, sponsors and volunteers as part of the annual New Zealand Masters Games. This ten day event comprises of 55 different sports, with athletes from the age of 20 and beyond competing to be the best in their age group.

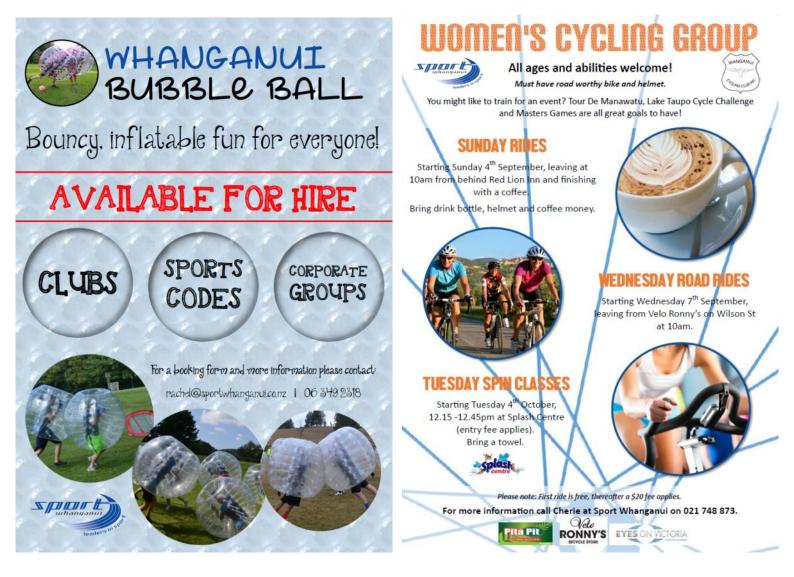
As well as competitive events there will be social twilight events to encourage local competitors to get involved in the games.

2017 will see some significant changes for the games, with the relocation of the Games Village to the War Memorial Centre, and the Opening and Closing Ceremonies being held at Cooks Gardens where Peter Snell broke the world record for the mile in 1964.

Registrations are open now at <u>www.nzmg.com</u> Go online and register today and be part of this vibrant sporting festival.

If you would like to know more about the games then please contact the New Zealand Masters Games Team on 0800 35 40 45 or at <u>whanganui@nzmg.com</u>





Ever thought about becoming a Tri NZ Technical Offical?



Are you a supporter of triathlon; does your partner, friend or child take part in triathlon; or are you simply a great fan of our sport and want to be more involved?



Being a Technical Official is a great way to give back to the sport and to help develop it. As a technical official you can be a part of local club events and major events around the country to assist them to create an atmosphere of sportsmanship, equality and fair play. Want to be a part of the **2017 NZ Schools Tri Champs** held right here in beautiful **Whanganui**? Becoming a Technical Official could be your perfect opportunity. No prior learning or knowledge of the sport is required and the courses are free to attend.

give Sport Whanganui and the Whanganui Triathlon Club are offering a Tri NZ Technical Official Course on **Thursday Oct 27th** from **5:30-7:30** pm at the Sport Whanganui Resource Room. You will have an opportunity to put your new skills to the test at the NZ Schools Tri Champs to be held on March 29-31st. Register your interest today by email: amie@sportwhanganui.co.nz or by phone: D27 211 4042



- Can attend more than one session.

\$25 per session (Cash or bank transfer)

Phone David: 027-237-3486. Email:promacdavid@gmail.com

Please advise preferred date and times your child would like to attend as groups have limited numbers.







Want to learn how to mountain bike or do you want to develop your skills?

Come along and learn how to mountain bike, become a more confident rider and put your skills to the test!

Our 8 week Skills Development Evenings are on every Thursday from 13th October 2016. These sessions are run by our dedicated team of passionate coaches and helpers at Panieri Park, end of Maxwells Line.

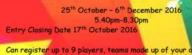
> Under 13's - 5pm to 5:45pm 13 years and over - From 6pm

If you can bike and are keen to learn, then register today!

Check out more details www.mmbc.co.nz/what-to-do/juniors



Summer Hockey 6 a-side



Mixed Social gender teams - two girls must be an field at all times, two Div I men may be registered in a team.
Open Men
Open Women
Dispensation conditions apply
To register please clink link:
https://eventdesg.sportstg.com/index.cfm?fuseaction=main&Even ross(D: 20420AOraID=13361
Teams must register through SportsT6. Confirmation will be emailed.
Players can only be registered in two teams Cost \$180 per team - Co-ordinators will not be receiving

WANGANUI SOFTBALL ASSOCIATION

03 0791 0553444

nent must be made by Direct Credit



Summer means softball and the Wanganui Softball Association would like to welcome new and old members back for the 2016/2017 season.

Junior and Senior grades will commence from Saturday 15th

October 2016 and continue until the 10th December 2016.

Registrations must be emailed to <u>wanganuisoftball@gmail.com</u> or mailed to Lindsay Edwards, 71 Portal St, Wanganui by 10th October 2016.

The draw for the games will be published in the Wanganui Chronicle on Wednesday or can be found on the Sport Whanganui website www.sportwhanganui.co.nz

Cancellations can be heard on More FM or found on the Wanganui Softball Facebook page. If there are no cancellations on these contacts, then all games will still be played. Wanganui Ballpark phone (06) 3445066.

Secondary School Competition

A Secondary school team's competition will be organised for this half of the season. Those teams will play normal fast pitch rules, and can be of mixed gender. It is envisaged that these games will be played mid-week with more information to follow. Please start preparing your teams now, and be ready to go by the first playing Saturday (15th October 2016).

There are a number of players from schools that do not have the right number of players to form a team, so if any school/club can cater for these players, please contact us early.

Additional information, registration details and updates can be found on Wanganui Softballs Sportsground page <u>www.sportsground.co.nz/wanganuisoftball</u> or on the Wanganui Softball Facebook page.

If you have any queries contact Lindsay Edwards on 021 674 624.

NETBALL WANGANUI

Twilight Netball and Future Ferns Netball is coming to Laird Park!

The competition will commence:

Primary: Wednesdays 26th October to 30th November 2016

ANZ Future Ferns: Wednesday 26th October 2016.

To register contact netball Whanganui at netballgdo@sportwhanganui.co.nz

All entries close: Friday 14th October 3pm. Late entries will not be accepted after this date. Get in quick.





'The Taumarunui Cycle Classic' formerly branded as the 'Dave Logue Cycle Classic' will be held on Saturday 12th November 2016.

The circuit consists of 114km of undulating, challenging and boaufilul sconery with the race commencing and finishing in Taumanuni. The dis takes you around what is termed locally as "The Ohura Circuit" with the first 25km on SH4 after which you lum off to fast, smooth country reads. This even is two weaks before the Taupo Cycle Challenge making it the perfect training ride.

Open Grade Individual Male and Individual Female Prize money offer of: \$1,000 1st, \$500 2nd and \$250 3rd. Two start times – Bam for riders expecting to take over

5 hours and 9am for riders under 5 hours. \$50 entry fee - \$5 from each entry will be donated to a

local charity.

For more information contact us at info@taumarunuicyclingclub.co.nz or visit www.davelogueclassic.co.nz





Congratulations to all 31 of our 2016 New Zealand Paralympians! What an amazing two weeks of competition with fantastic results!



NEW ZEALAND



New Zealand finished the Games with 9 gold, 5 silver and 7 bronze medals, finishing 12th in the world on the medal table and 1st in the world per capita.

Well done to all of our athletes.

Left: Swimmer Sophie Pascoe with her medal haul - three gold and two silver.