

Woonona Surf Life Saving Club

Illawarra Club of the Year 2009, 2012, 2013 & 2015

NSW Club of the Year 2013

Illawarra Patrolling Club of the Year 2009, 2013 & 2014

Illawarra Volunteer of the Year 2015

PRESIDENT

A note from the President!

Another Patrolling Season is finished! Many thanks to all patrolling members who provided such a high level of vigilance and service on the beach this year..thank you! I encourage all our member to come along to our Annual Presentation night on Saturday the 25th of June, where certificate will be distributed for all education awards gained during the season, and we will celebrate the achievements of our club members during the year. Also, I would like to wish all the very best to the Woonona IRB crews who have been training hard and will soon be competing in their winter competition series.

I would also like to thank everyone who was involved in the Multicultural Surf Education on Wed 20th April at our beach...everyone involved had a great day!. This was a surf education day for new immigrants run in conjunction with Australian Red Cross and SLSNSW. There were smiles all around from all the participants, most of who had never been to the beach before (and loved it!!!!)

Below is some feedback received from Australian Red Cross.

"Thank you once again for your organisation of the day. We had a lovely home call form a client today who was super excited in telling their caseworker about how great the day was. In particular they mentioned how safe the lifeguards made them feel and that they had so much fun with their family"



Thank you again to all our members for such a fantastic patrolling season, and see you all on the beach next year!

Stacey Paddon

President (0407710221)



The Black and White



May 2016 edition

Provide CPR (Cardiopulmonary Resuscitation) Course.

Woonona SLSC are running a CPR course, **FREE** to all members of Woonona SLSC.

We are strongly encouraging and asking all our General and Associate members (that is Nipper parents) to consider doing this course. As parents being able to administer CPR is a way you can become a life saver in your own home.

We will be running the course on a Sunday morning at our Club, date to be decided once we have expressions of interest. The course will take 3 hours.

The Cardiopulmonary Resuscitation (CPR) course delivers the essential principles, skills and knowledge to maintain or restore breathing and circulation in an adult, child or infant. The course content is based on the policies and standards of the Australian Resuscitation Council.

The course would normally cost \$65 with other first aid providers, but Woonona SLSC is running the course FREE to all members.

Accreditation. Upon successful completion of the course, participants will receive a nationally recognised statement of attainment for the following unit of competence:

- HLTAID001 - Provide cardiopulmonary resuscitation

If you are interested in doing this course please contact me and let me know, then once I have expressions of interest we will set a date.

Regards,

Stacey Paddon (0407710221)



The Black and White



May 2016 edition

SOCIAL COMMITTEE

SAVE THE DATE

Presentation night Masquerade theme – June
(SEE ATTACHED)

Hall hire

If you're interested please check the website for details or contact Troy Johnson by phone on 0411 969 656 or by email troy.johnson@raywhite.com.au.

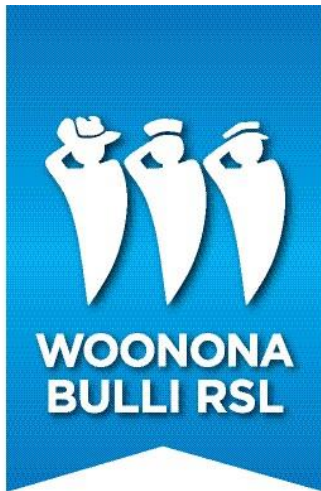
Clothing

We now have Club uniforms available through Denise Salm of South Coast Uniforms. There are a wide range of items available and a price list and order form can be located on the Woonona SLSC website - <http://woononaslsc.com.au/nippers/uniforms>.

Committee for 2015/2016

President	Stacey Paddon	0407710221
Director of Administration	Cathi Rigby	0417695669
Director of Finance	Craig Odewahn	0402092714
Director of Lifesaving	Rachel Fenwick	0466694366
Director of Education	Vacant	
Director of Junior Activities	Anthony Arnold	0403471926
Director of Surf Sports	Morgan Mackinnon	0402603045

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