



Sport Whanganui welcomes new Early Years team member

Emma Webby joins the team as Early Years Coordinator to provide 'active movement' opportunities, access and support for children aged 0-5 years in a variety of settings.

She will lead Sport Whanganui's new and exciting 'Mini Movers - Early Years Programme', which will promote the health and well-being of children by enabling them to learn through active exploration of their environment with a focus on:

Learning intention – to provide programmes and support systems that encourage children to become active movers.

Success criteria – children in their early years, their families and whanau have services and environments for active movement opportunities.

Emma has been involved in the health and fitness industry for around 10 years. She is also a mum who is passionate about providing opportunities for the community to become active and connected through physical activity.

To find out more about the programme contact Emma:
06 349 2312 | emma@sportwhanganui.co.nz



More about the new Early Years Programme

The programme has been introduced as part of the Young People Plan that Sport Whanganui is currently developing for children aged 0-18 years.

Active movement involves engaging in quality physical movement experiences that develop and enhance the whole child, meaning the spiritual, emotional, social and cognitive growth of a child.

Positive active movement learning experiences impact on the way infants, toddlers and young children learn and grow.

The principles of Te Whāriki, the Ministry of Education's early childhood curriculum policy, gives clear guidelines for early childhood education providers to develop programmes that empower children and build relationships with family and community through an inclusive and holistic approach.

Sport Whanganui's Early Years Programme reflects these values with a strong focus on the key strands outlined in Te Whāriki:

Strand 1: Well-being – Mana Atua

The health and well-being of the child is protected and nurtured. Children will experience an environment where:

1. Their health is promoted.
2. Their emotional well-being is nurtured.
3. They are kept safe from harm.

Strand 2: Exploration – Mana Aoturoa

The child learns through active exploration of the environment. Children will experience an environment where:

1. Their play is valued as meaningful learning and the importance of spontaneous play is recognised.
2. They gain confidence in and control of their bodies.
3. They learn strategies for active exploration, thinking and reasoning.
4. They develop working theories for making sense of the natural, social, physical and material worlds.

Welcome Angelique

At the start of 2016 we welcomed Angelique Bam to our Sport Whanganui 'Regions' team to deliver our Integrated Primary School Programme (IPP) across the Ruapehu district.

Angelique has come to us with extensive experience in the sport industry, from delivering sport programmes into primary schools, to analysing statistics for the Southern Steel Netball team and adding sport conditioning to her portfolio. Welcome to the team!



WINNING WATER SKIERS



Lily and Brent Meade have once again excelled at the New Zealand Water Ski Nationals held earlier this year at Lake Crichton.

Lily – a recent Future Champions Trust grant recipient – won the trick, slalom and jump events, which ensured she was the overall girls' champion for 2016.

Lily also competed in the Open Women's grade in which she went on to secure a 2nd in the women's trick, 4th in the jump and 5th in the slalom, placing her 4th in the overall woman's rankings.

Brent Slalommed well in one of the bigger slalom divisions receiving a 3rd place and Bronze medal for his efforts.

Brent also qualified for the Open Jump for the first time this year and was seeded 8th going into the competition. He made the most of his opportunity though jumping to a Silver in both the under-21 and Open Men's divisions. In the under-21 grade Brent finished 2nd, an outstanding achievement for this 19-year-old.

Both Brent and Lily clearly have a bright future in the sport and the Sport Whanganui team wishes them the very best for their future. We'll be watching their progress with great anticipation!



Volunteers are the life force of our local sporting community. With the help of the Lotto Sport Maker campaign we are thanking all our wonderful local clubs and their volunteers who give up their time and share their passion for the sports they love.

Without these people we wouldn't have the range of fantastic sporting opportunities offered in our region. Multisport, Touch, Softball, Water Ski and Golf were our January, February and March recipients of our Volunteer Sport Maker packs. It has been a pleasure and a privilege to visit these clubs and witness all the wonderful work they are doing for their sport first-hand.

Sport Whanganui would like to thank you all and looks forward to supporting your sports in the future.



February was 'Bike Wise Month' and lots of exciting bike-related events and activities happened in our region as well as nationwide.

In Whanganui a host of community clubs, organisations and individuals joined forces to ensure there was something fun and useful for everyone – from easy bike rides and safety tune-ups to kids' races and 'frocks on bikes'.

In particular, Sport Whanganui enjoyed supporting the month's 'Go By Bike Breakfast' at which around 40 people converged on their bikes at Cornmarket Reserve to enjoy a free 'cuppa and brekky'. They also enjoyed soaking up some early morning sunshine while meeting and chatting with fellow bike riders.

Thanks to all who helped host the event and to everyone who showed up on their bikes while on their morning commute!



Riders arriving at Cornmarket Reserve for national Go By Bike day.

Santos Tour Down Under INFO NIGHT

BESPOKE CYCLING TOURS

Santos Tour Down Under - Wanganui Info Night

Pop along to find out the nuts and bolts on how RIDE Holidays cycle tours operate. Is it for you? How fit do you need to be? What's the average age of cyclists? Do you cater for non-riders?

Tour de France
Tour Down Under
Canadian Rockies
Italy
Tour of California
Vietnam

DATE 14 April
TIME 5.30pm
(one hour presentation and question time)
WHERE Velo Ronny's Bicycle Store
49 Wilson St, Wanganui



rideholidays.co.nz

PRIMARY SCHOOL SPACE

Eastern Cluster Athletics

The Eastern Cluster Athletics meeting was held at Cooks Garden on Wednesday, 23 March and involved more than 350 students from rural-based schools on the east side of Whanganui.

The Year 3–8 students competed in long jump, high jump and shot put as well as 100m and 400m on the track and 4x100m relays to finish. The photo to the right is from the 100m track finals and the full results can be found by visiting the Sport Whanganui website under the primary section.

The Year 1 and 2 children from Kaitoke, Fordell, Upokongaro, Okoia and Whangaehu had an activities and games morning out in the middle of Cooks Gardens and then supported their seniors from the cool of the grandstand in the finals following the lunch break.



Contributing Schools Swimming

The annual Contributing Schools Swimming competition was held at the Splash Centre on Tuesday, 22 March and saw students from 16 schools vying for podium places in Freestyle, Backstroke and Breaststroke as well as medley and relays which concluded the programme.

The fastest four relay – the feature race in the programme which involves competing for the Sport Whanganui Contributing Schools Sports Trophy – was a close-fought affair with St Johns Hill School just tipping ahead of Durie Hill School in the last half-length, with St Anne's Catholic School taking out 3rd.



Pictured left are Sophia Bedwell, Nikki Forlong, Noah Jones and Callum Fantham from St Johns Hill School.

Integrated Primary Schools Programme

Sport Whanganui's Integrated Primary Schools Programme (IPP) has been busy this past few weeks with the various levels of delivery into the 'regions' primary schools.

As well as doing the Fundamental Movement Skills (FMS) and Foundation Skills programmes the senior students in Year 7 and 8 at the primary schools have been doing the "Physical Activity Leaders" programme. This programme is designed to enable these students to supervise younger people in their school community in activities and games during breaks and this adds value to whatever the school is already doing in the "leadership" space.

The most recent of these programmes was delivered to a cluster of schools, including Kaitoke, Fordell, Upokongaro, Okoia and Whangaehu schools. The teaching staff from each of the classes lead the activities which are facilitated by Steve Kerfoot, Sport Whanganui's Primary Schools Sport Development Advisor.



New FMS Deliverer Rebecca Knuth supervises a game of "sticky sticky gluepot" – a dodging game – during a session of FMS at Gonville School



The Year 7 & 8's from Kaitoke School enjoying a game of Medic Ball as part of their Leadership Camp in late February.

COACH ROB CONDER AND HIS 'PROMISING ATHLETES' RUN SQUAD

Just under three years ago three keen youth distance athletes, aged between 14–15 years, approached Coach Rob Conder to see if he would consider coaching them after they were left without a coach.

Since then Louis Hogan, Riley Culver, Jordan Reardon, Christian and Thomas Conder have trained and competed together regionally and nationally along with four members selected into Sport Whanganui's Promising Athletes Programme (PAP).

We caught up with the squad and Coach Conder to talk about what they'd gained from their time together.

Rob Conder competed here and overseas in middle distance running and, along with his wife Paula and three sons, strives to share his love of the sport:

"I want them to enjoy running, have fun and stay in the sport as long as they can. This means I've learnt to become flexible as most of them participate in other sports. They've all had big loads at this age, school, athletics, study, other sports and, at times, training has had to take a back seat, especially if they're tired," says Rob.

They have all enjoyed Rob's coaching and describe his flexibility and goal for them to enjoy athletics as the biggest thing they can take from him: "He likes to joke around and say after a training session that 'that was only half way', but he's flexible and makes it all work around us."

The squad and coach have been regular attendees at various PAP workshops, including nutrition, sport psychology and goal-setting, along with testing their flexibility at strength and conditioning assessments.

As most of them head off to the next stage in their life journeys post-school they reflect on their group.

Christian Conder soon heads off to the World Schools Championship Cross-Country 2016 in Budapest, Hungary and acknowledges the huge input to his success:

"Dad is very knowledgeable and supportive. I have learnt a lot about different aspects of training, speed, strength, endurance, anaerobic and aerobic. I have also learnt about the importance of stretching and sleep," he says.

Rob says he really enjoys coaching and feels he had the benefit of a good coach or two himself. That meant he could move into that role with confidence and make a contribution. They all still keep in touch with training together when they can and Rob will take a look at who might be the next lot of keen runners to join the squad and hang out at technique and lap training at Cooks Gardens or Sunday running along the Awa, all sharing their love of running.



From left to right: Rob Conder, Thomas Conder, Christian Conder, Louis Hogan & Riley Culver

KAYAK HOLIDAY PROGRAMMES

The kayak division of the Whanganui Multisport Club, with support from Sport Whanganui, worked to develop three kayak programmes aimed at Year 7-8 students. The expectation was to provide coach experience as well as introduce the sport to new participants.

The first two successful kayak programmes were run over the summer months and coached by senior paddlers Toby Brooke and Max Brown.

Here's some feedback received from Kayak Holiday Programme participants:

"The coaches were awesome and gave us great advice which improved my kayaking a lot."

"It was really fun and I will be doing the January and April programmes as well. Thanks a heap!"

While the April school holiday Kayak Programme is now fully booked, feel free to enquire about future programmes by contacting Amie Simpson:

amie@sportwhanganui.co.nz | 06 349 2882

Wanganui Schools Mountain Bike Champs

SAVE THE DATE!!

Friday 24 June 2016

More information coming to schools in Term 2.

Please contact Cherie:

cherie@sportwhanganui.co.nz
06 349 2880

Secondary Schools Update

Wanganui Schools Triathlon Champs 2016

The Wanganui Schools Triathlon Champs were held on Tuesday, 22 March at the Multisport Club rooms.

A total of 106 participants took part in this Tag Team Sprint Tri that consisted of teams of two, both completing a 300m swim in the Whanganui River, a 5km bike heading north on Anzac Parade and a 1.5km run along the river bank.

The students seemed to enjoy the team element to this triathlon on what turned out to be a very hot day!



Clare Lynch

Regional Sport Director
(06) 349 2881

clare@sportwhanganui.co.nz

Wanganui Secondary Schools Lifesaving

The Wanganui Secondary Schools Lifesaving Championships were held at the Splash Centre on Friday, 4 March. Ten teams competed from three schools: Wanganui High School, Whanganui Girls' College and Wanganui Collegiate School. Excitement levels were high as the students screamed and cheered for their team mates.

In the Boys' Grade, the Wanganui Collegiate School Senior team was placed 1st with Wanganui Collegiate Junior team coming 2nd. The Girls' Grade finished with Wanganui Collegiate placing 1st and Whanganui Girls' College coming a close 2nd.

The student instructors were great, coaching and encouraging the students as they competed. Aimee Bradley from Wanganui Collegiate won the Female Instructor trophy and Alister Hughes of Wanganui High School took home the Male Instructor trophy. Well done!

A big thank you to Marie Baker of the Royal Lifesaving Society and to her team of helpers for their support with this event.



Huntley School Team



Nga Tawa School Team

Wanganui Secondary Schools Swimming

The Wanganui Secondary Schools Swimming Championships followed on from the lifesaving event on Friday, 6 March with swimmers from eight secondary schools: Whanganui Girls' College, Wanganui High School, Nga Tawa Diocesan School, Taihape Area School, Rangitikei College, Ruapehu College, Wanganui Collegiate School and Cullinane College.

This was a successful meet with an increased number of entries than last year. Thank you to the swim club officials and volunteers for your help on the day.

All results can be found on the Sport Whanganui website, under the schools/youth section.



Year 7 & 8's



Ethan Gillespie - Fastest male and winner of U16 individual grade



Intermediate Boys 100m



Sophie Andrews from WHS



Intermediate Boys High Jump

Secondary Schools Update Cont.

Wanganui Secondary Schools Athletics

Athletes from nine secondary schools filled Cooks Gardens on Wednesday, 16 March for the annual Wanganui Secondary Schools Athletics Championships.

As host school Wanganui High School were very efficient and fulfilled duties very well. Thank you to Lisa, Steph, the school staff and students for all your help.

There were a number of close battles and champions were found at every school! Here are a few stand-out efforts from the day:

- **Sophie Black** from Rangitikei College winning the junior girls' 100m
- **Genna Maples** of Wanganui Collegiate winning the junior girls' 200m, long jump, high jump and triple jump
- Junior middle distance runner **Rebecca Baker** from Wanganui High School winning the 800m and 1500m
- Cullinane's **Rayden Huwyler** winning the Intermediate Boys' long jump
- **Jane Lennox** of Wanganui Collegiate School winning the Intermediate Girls' 3000m, 1500m and 800m with a PB in the 800m
- Nga Tawa's **Jessica Pfefferle** continued to show good form in the throws winning the discus and javelin
- Ruapehu College athlete **Dylan Te Kura Bishop** was an impressive winner in the Junior Girls' Shot put
- **Hayley Artz** from Ruapehu College won the intermediate girls' high jump on a count back and also the long jump
- **Oliver O'Leary** of Wanganui Collegiate School won the intermediate boys' 200m, 800m, 400m, 100 hurdles and high jump – many near national-class performances.

With so many other incredible results, please head to our website to view them all:

www.sportwhanganui.co.nz

Contact Us

For all Secondary School enquiries please contact Clare Lynch:
clare@sportwhanganui.co.nz | 06 349 2881 | 027 370 7226

COMMUNITY



The community workshops Sport Whanganui launched last year to address needs highlighted by our region's sporting community are continuing – with a host of diverse learning opportunities planned for 2016.

Sport Whanganui has teamed up with experts in a range of sport-related fields to deliver the workshops at central locations across the Whanganui, Rangitikei and Ruapehu regions. Topics covered so far include strapping, health and safety, Tri NZ technical officials training and, most recently, funders and sponsorship.

Clare Lynch from Sport Whanganui, who is coordinating the workshops, says all the workshops have proved popular.

Future topics planned for the 2016 workshops include: strapping and massage, first aid, grassroots coaching, general sport conditioning, running successful events, health and safety, Special Olympics participation, recruiting and retaining coaches and volunteers, user-friendly ways to record and analyse athlete performance and more.

"It's fantastic to see the community coming together to knowledge-share in this way. It's something we see as really positive and beneficial for the wider community in terms of sport and recreation, providers and participants alike," adds Clare. Check out the 2016 community workshop calendars online under the Sport Development section.

To register or to find out more about upcoming workshops please contact Clare Lynch:
clare@sportwhanganui.co.nz | 06 349 2881 | 027 370 7226

Basketball

There has been a lot happening in the basketball scene so far this term. The representative teams trialled early and took part in the Mel Young Easter Classic Basketball 2016 tournament held in Tauranga.

The teams have been putting in a lot of work, with early morning skill sessions at Cullinane College on Tuesdays and Thursdays, conditioning sessions at Fight Fit Gym on Fridays and team training at the Springvale Stadium on Saturdays.

The girls' under-17, boys' under-17 and boys' under-19 squads headed away to the Easter tournament for the first time. The teams also took part in tournaments down at Paraparaumu College in Kapiti. The girls won their grade, with both boys' teams finishing second.

The teams are made up of kids from around the region. There are kids from Wanganui High School (WHS), City, Cullinane, Collegiate, Rangitikei and Taihape schools. It is great to see the kids from all these areas becoming part of teams to compete.

Whanganui Basketball Association will be trialling again for teams to try and qualify for nationals, with age groups being opened up again to trialists. Also, trials will be held for an under-23 team.

Basketball in Wanganui will be kicking off in Term Two. Intermediate basketball will start on 10 May, with secondary schools starting on 6 May and mini-ball and adult league starting on 5 May. For more information you can check the Whanganui Basketball Association Facebook page.



Whanganui U17 Girls
Basketball Team



Whanganui U19 Boys
Basketball Team



Whanganui Basketball Academy Kids

Volleyball

Midweek League Volleyball has been running through Term One. Intermediate and secondary competition runs on Wednesdays from 3.30-5.45pm at Jubilee Stadium.

Primary Volleyball is run on Friday from 3.30-5pm at the Springvale Stadium annexe.

River City Volleyball also run an adult competition on Wednesday nights from 6pm, with competitive and social grades available. These competitions have been well received. Teams from most of the local schools take part with some great development taking place.

WHS will be sending away a girls' and boys' team to the Volleyball NZ nationals being held in Palmerston North during summer sports tournament week. Both teams have been preparing hard for the tournament and are looking to do well. The girls competed in the tournament last year, improving their national ranking by 20 places. This will be the boys' first time at nationals for a while. They are hoping to compete and improve their rankings also. We wish all the best to the teams and coaches!

Des Kerekere, one of New Zealand's top referees, has been in town recently running a coaching and referee course for local schools. The course was attended well, with some local kids sitting their referee exam. We'd like to thank Kevin and Ivy Gray for organising the course and making sure everything ran smoothly.

Badminton

It's building up to the badminton season. Graham Feist will be continuing to run the rep programme, as well as coaching and competitions for local schools.

Badminton can be played on a casual basis over the weekend in the Springvale Stadium annexe. The keys are available from the Splash Centre reception. The cost is \$2.00, which gives you 15 minutes for lights in the stadium. It's a great way to keep active and have some fun during the weekend, and a good sport for the whole family to play.

Contact Us...



For more information regarding Basketball, Volleyball or Badminton please contact Sport Whanganui's Court Sports Development Officer:

Ross Cronshaw

ross@sportwhanganui.co.nz

06 349 2320

022 641 2043





Term One has been flat out at the Splash Centre with numerous schools coming in and taking advantage of our wonderful facility.

Not only have we had individual schools having their own swimming sports at the centre, but we've also hosted West Country, contributing schools, intermediate and secondary school cluster swimming sports.

The Splash also hosted the Wanganui Intermediate and Wanganui Secondary School Lifesaving Championships and we've had the 'slip and slide' out over the summer, which has been well received by everyone who has been on it.

Some exciting news is that work is about to begin on extending our outdoor area. This means we can have even more outdoor activities and a relaxing area that families can enjoy.

Check out our website www.splashcentre.co.nz or contact the reception on 06 349 0113



A message from Sport NZ: What is a great leader?

Workers, volunteers, managers and senior leaders in the sport and recreation sector are participating in a series of interviews and focus groups up and down the country, between April and August, to share their views on leadership. This will help shape a framework for world-class leadership in the sport and recreation sector. This extensive consultation, at all sector levels and broadly across this sector, is designed to develop a truly shared vision for what great leadership would look like. Unfortunately, we can't interview or consult with everyone but we are planning broad representation and diversity in the consultation process.



Sport NZ has engaged leadership consulting firm Winsborough Ltd to:

1. review and research all related documents (status: completed)
3. interview senior leaders (status: in progress)
3. run a series of 27 focus groups – involving participants at various levels and from a variety of settings throughout the country (status: focus group members being identified).

Using all this input, the goal is to develop a framework that reflects a shared vision for great leadership, that describes exemplary leadership behaviour at all levels to help the sector to plan for, attract, develop and inspire our most potent resource – our people. Studies show that leadership has been one of the top two global talent issues for several years now, and New Zealand is no exception. Nations all face significant challenges in responding to the changing needs of an ageing, growing and increasingly more diverse population, and leadership is critical to successfully meeting these challenges.

For further information please contact Gretchen Young, Principal Advisor, Sector Capability,
gretchen.young@sportnz.org.nz | 021 597 427

WAIMARINO TOUGH KID®

FRIDAY 3RD JUNE 2016

NEW VENUE TO BE ANNOUNCED AND ENTRIES OPEN IN TERM 2 ...

WHAT'S UP IN THE REGIONS

Congratulations Tania

It's been a fantastic start to the New Year for Tania Te Huia-Kumeroa, who is delivering our Sport Whanganui IPP throughout the Rangitikei district.

Congratulations to Tania for successfully completing her National Certificate in Sport and Recreation (coaching and instruction developing coach) Level 3 through Skills Active Aotearoa.



Communities

In March Sport Whanganui hosted two workshops out in the regions. These workshops are designed to support clubs, organisations, schools and individuals with tools and resources to enable self-sustainability and the growth of their knowledge base.

All of the upcoming workshops are listed on the Sport Whanganui website under the Sport Development section. If you are interested in any of the Taihape or Marton workshops or would like a schedule sent through please contact Marie:

marie@sportwhanganui.co.nz | 027 440 9305

Upcoming Events in the Regions

10 May - 28 June, 2016
Rangitikei Flip & Twist Gymnastics
After-School programme

3 June, 2016
Waimarino Tough Kid®

10 June, 2016
Taihape Ripper Rugby

Country Schools Basic Sport Skills

In 2016 we will be including in the delivery of Sport Whanganui's 'Basic Sport Skills' programme our small country schools across the outskirts of the Ruapehu and Rangitikei districts in Orautoha, Ngamatea, Pukeokahu and Papanui Junction and many more out in isolated areas of our regions.

The aim of this programme is to enhance children's and teachers' ability in a variety of basic specific sport skills.

These small isolated country schools can quite often be neglected in terms of such opportunities and the presence of sporting opportunities. This year it is great to have onboard all 10 of these schools throughout the Ruapehu and Rangitikei regions to encourage development in such areas.

Rangitikei Midweek Leagues

The Rangitikei Midweek League has kicked off with a hiss and a roar with 19 Rangitikei primary and secondary school teams taking part in the four-a-side Volleyball League.

The Midweek League is providing an opportunity for primary and secondary school students to participate in an organised sport on a regular basis and enabling participation in an affordable and accessible after-school opportunity.



CANOE POLO MIDWEEK LEAGUES

Canoe polo is back for a second year as part of the Midweek League Programme. Changes made to this year's programme include a change of venue to the more central Wanganui City College pool, a connection made between the school and River City Canoe Club and an increase in the number of schools involved in the programme.

With guidance from River City Canoe Club, Wanganui City College were able to build permanent goal structures that will be able to be used for other leagues and in-school programmes. The canoe polo league has proved to be a perfect opportunity for students to try out an alternative sport before going on to try kayaking in open water. It's a perfect way to introduce the sport to new participants.



KiwiSport

Successful KiwiSport funding recipients October 2015 - March 2016

Wanganui Rugby Football Union	Participation framework	\$12,800.00
Huntermville Sports Club	Soccer startup	\$1,387.50
Te Kura o Kokohuia	Tennis and badminton project	\$1,140.00
River City Rollers (RCR)	RCR summer skate camp	\$1,483.50
Rangitikei College	Coach coordinator / development / rural travel (two years)	\$9,000.00
Wanganui High School	Coach coordinator / development (two years)	\$12,070.00
Te Kura O Kokohuia	Coach coordinator / development (two years)	\$1,330.00
Taihape Area School	Coach coordinator / development / rural travel (two years)	\$6,750.00
Collegiate School	Coach coordinator / development (two years)	\$5,490.00
Cullinane School	Coach coordinator / development (two years)	\$3,827.50
Nga Tawa	Coach coordinator / development / rural travel (two years)	\$1,330.00
Ruapehu	Coach coordinator / development / rural travel (two years)	\$8,575.00
Te Kura Kaupapa Maori O Tupoho	Coach coordinator / development (two years)	\$1,330.00
Whanganui Girls' College	Coach coordinator / development (two years)	\$5,490.00
Wanganui City College	Coach coordinator / development (two years)	\$5,490.00
20 local primary schools	IPP delivery, Whanganui	\$26,570.00
12 regional primary schools	IPP delivery, regions	\$16,805.00
Glastonbury Dance Studio	Dancing competition	\$1,000.00

How KiwiSport is helping some of our region's clubs to help kids:



Children's summer roller skating camp (Whanganui):

Mel McGhie, River City Rollers head coach and Team New Zealand Roller Derby member, says that KiwiSport had a profound effect on the running of her club's 2016 summer camp, which was aimed at providing kids aged 5-18 years with free, fun roller skating lessons.

"The funding covered the cost of hiring our local venue, Jubilee Stadium, which was ideal in terms of location, accessibility, available facilities and cost-effectiveness. This enabled us organisers to focus on the planning and delivery of the camp.

"Importantly, the funding also meant the camp could remain free for families, meaning more kids and families could access it and benefit from getting out and active and learning a new sport over summer."

Reminder - Community organisations wishing to apply for assistance through the KiwiSport RPF within the current funding window need to do so by Friday 30 April 2016.

For more information regarding KiwiSport please contact Jimmy Hildreth at Sport Whanganui
06 349 2317 | jimmy@sportwhanganui.co.nz

SPORTS RAGE



We've all seen and heard it. The parent standing on the sideline abusing the referee, the player swearing at officials or the opposition or maybe a punch is thrown in the heat of the moment.

Sports rage has made its way into sports of both young and old and it's up to us all to help stamp it out one game at a time.

Here at Sport Whanganui we want to help schools and sports codes prepare and promote their winter sports to be free of sports rage incidents and support them to ensure that sports rage in whatever shape or form will not be tolerated.

We have put together a resource to help guide schools and clubs to develop systems and procedures to encourage positive behavior and help deal with the negative behavior in our community sports.

This will be made available on our website or we are happy to work alongside individual clubs and schools to help them develop a plan that meets the needs of their own sports community.

This winter our Sport Whanganui team will be out and about in search of those teams and players who work hard to ensure fair play is part of their game. Prizes will be awarded to individuals that set a good example for their school or sports club. So play hard and play fair. We will be watching!!!!!!

If you would like more information then please contact
Jodie Brunger:

jodie@sportwhanganui.co.nz | 06 349 2324

COMMUNITY BIKE PARK

Fences are about to go up on the grassed area adjacent to the Splash Centre as the first stage of the new bike park development gets under way.

The bike park is an initiative that was ignited by cycling enthusiast Greig Brodie resulting in a partnership between Sport Whanganui and the Wanganui Mountain Bike Club.

In November the Whanganui District Council gave the go-ahead for the group to use vacant land at Springvale Park between the Splash Centre and YMCA. The Council is not contributing financially to the project.

The bike park will include pump tracks for junior and senior level riders with a learn-to-ride track to be constructed at a later date.

Wanganui Mountain Bike Club spokesperson Doug Rennie said the bike park is "a great opportunity to promote cycling and family recreation in Whanganui."

The community project will be done in stages with individuals, groups and local businesses working voluntarily. Whanganui businesses Bullocks, Jurgens and Loaders are providing machinery, dirt and labour to assist the project. Doug Rennie of the Bike Shed and Wanganui Mountain Bike Club is designing the pump tracks, while For Our Kids is donating funds to put towards signs, fencing and picnic tables.

The first stage, which is expected to be finished by early April, will include erecting safety fencing around the site, moving dirt on to the site to build the tracks and marking out the tracks. As the project relies on the availability of voluntary labour there is no firm completion date.

Whanganui District Council sport and recreation portfolio holder Cr Philippa Baker-Hogan commended the individuals, groups and businesses involved in the project:

"This is a true community project and it's fantastic to see the enthusiasm from people and businesses throughout our community who have volunteered to help make it happen," said Cr Baker-Hogan.

To find out more about this community project or to indicate that you'd like to contribute in any way, please contact Jodie Brunger:

jodie@sportwhanganui.co.nz | 06 349 2324



COME & **JOIN US** IN 2017...



Thurs 30th & Fri 31st March
www.schooltrichamps.co.nz



MARTON RUGBY & SPORTS CLUB

Established in 1885

We are a club based in the heart of the Rangitikei District. We have a senior men's team playing in the WRFU Competition and we also cater for Junior Rugby. We pride ourselves on fostering a brotherhood team environment on and off the field and providing a family and friendly clubrooms for our local community.

If you would like more information please check out our website or Facebook page:

Website: www.sportsground.co.nz/martonrugby

Facebook: www.facebook.com/martonrugbysportsclub

WANGANUI MARTIAL ARTS CLUB



Open 7 days a week

159 Wicksteed Street

The Wanganui Martial Arts Club now has seven different Martial arts and operates seven days a week. We offer a range of martial arts options including:

Judo, BJJ, Karate, Muay Thai, and Two kick-boxing clubs

Each club has their own coach and caters for all age groups and abilities with top coaches for each of the martial arts. Judo is from five years up, the oldest on the mat over 60 years of age. Anyone wanting to get fit and have fun is welcome to come along and try any of the martial arts.

For more information contact:

Wayne Watson | 027 445 7882

BULLS BOWLING CLUB



The Bulls Bowling Club calendar is out, with a number of great open tournaments to choose from. If you'd like to see the calendar or take part in any of these wonderful events please contact Merv or Lez.

Merv Smith | 06 322 1284

Lez Wineera | 06 322 0191 | 027 2472 149

bullsbowls@vodafone.co.nz

Bulls Open Tournament

Men's Fours (Mufti) Sunday 8th May
9am at the Bulls Bowling Club



GET INVOLVED

Located at 3 Bassett Street, the Wanganui Tennis Club has 12 courts, including six synpave and six astroturf. Individual and group coaching is available for all ages and abilities, with subsidised group coaching sessions available and costing only \$20 per term, which is a great way to improve your children's tennis.

There are weekly activities happening at the club, 12 months of the year, catering for junior and adult social and competitive grades.

TENNIS EVENT DATES

- 9-10 April:** Capital coaching Tennis Central Teams event
- 13 April:** Adult/Child fun festival comp to close season
- 7-8 May:** Senior/Vets Tournament-Ladies & Men's Doubles

Check out our website for more information or contact the club and get involved with Wanganui Tennis today!

www.wanganuitennis.co.nz
enquiries@wanganuitennis.co.nz



WANGANUI INDOOR LINK NETBALL

TWO-DAY TOURNAMENT

Wanganui Indoor Link Netball are hosting a two-day competition open to mixed and women's teams. Entries are limited so grab your friends and put a team together today.

When: Saturday 16 and Sunday 17 April, 2016

Where: Springvale Stadium

Who: Mixed and women teams

If playing is not your thing and you would like to help umpire games for this tournament then please contact Julie to register your interest. Times and grades to be confirmed once entries close.

WINTER ROUND

Our Wednesday night Winter Round netball competitions open to mixed and women's teams. Once again entries are limited.

When: Saturday 18 May and Sunday 20 July, 2016

Where: Springvale Stadium

Who: Mixed and women teams

If you have any other questions regarding any of these competitions then please contact:

Julie | julietemperton14@gmail.com | 0272512515 | www.facebook.com/WanganuiIndoorLinkNetball

JUNIOR GOLF COACHING

WANGANUI GOLF CLUB BELMONT LINKS CLARKSON AVE, WANGANUI

At the Wanganui Golf Club we provide free coaching to all junior members. This programme is delivered by Peter Cassidy and he is assisted by our club members.

If you are a beginner we can get you started, or if you already play let us sharpen up your game!

Learn how to sink those long puts, drive straight and long like a pro and blast it out of the bunkers! Are you the next Lydia Ko, Jordan Speith or Ricky Fowler? Come along and find out!

Register now with the Wanganui Golf Club:

Peg Irvin | 021 172 6812 | manager@wanganuigolfclub.co.nz



Public Session Times - \$5.00 Entry

Fridays 7-9pm, Saturday's 2-4pm & 7-9pm, Sunday's 2-4 pm

Learn to Skate Classes - \$5.00 Entry

Thursdays 5:30-6:30pm Artistic, 6:30-8pm General.

For all enquiries phone Gary on 06 348 8366

If you are interested in:

Speed Skating contact coach Gary Clark on 06 348 8366

Artistic Skating contact Hannah Smith on 027 842 3229

Playing Roller Hockey contact Dave Dench on 021 0836 7706

37 Hatrick Street | 06 345 3381

RIVER CITY ROLLERS JUNIOR ROLLER DERBY PROGRAMMES

Come and join in the fun and be part of this unique sporting experience.

Time: 5.30-7pm

Days: Tuesdays

Location: 37 Hatrick Street, Wanganui

Age group: 5-18 years old



Contact us for more information:

027 656 4422 | rivercityrollers@hotmail.com
www.facebook.com/RiverCityRollers/

Rivercity Football Club

Rivercity Football Club is Whanganui's newest football club. The club aims to provide an affordable platform from which to promote and develop the playing of football in Whanganui at all levels. Rivercity Football started their first season with two senior men's teams and one senior women's team.

Having sorted the seniors, we are now turning our attention to the junior's. In our first year we aim to field a 12th/13th grade team, and a 7th/8th grade team.

We hope to grow the junior's further in following years. All those kids who come and play the season in our 12th/13th grade team will get to come to Wellington to watch the Wellington Phoenix training and to meet the guys afterwards.

For more information about our club contact:

Cathy | rivercityfootball316@gmail.com | 022 682 8002



WANGANUI SKI & SNOWBOARD CLUB

Located on Whakapapa ski resort, Mt. Ruapehu – New Zealand's largest ski field – the Wanganui Ski and Snowboard Club is the highest club on the slopes. Don't wait in a lower mountain queue – have the upper mountain to yourself every morning!

Our membership consists of snow bunny's aged five to 85 years who all enjoy the creature comforts of a well-run lodge while spending a day, weekend, and week or longer on the slopes of this beautiful mountain.

Accommodation - Non-members are welcome to stay.

Ski or Snowboard, tramp or climb, winter or summer – our ski lodge 'The Hut' (as it is affectionately known) is frequented by like-minded families there to enjoy what the mountain has to offer.

Breath-taking views – fantastic facilities – warm and family friendly.

Contact us today:

Lodge Bookings and Website Administrator:

Bill Nichol

(04) 293 6067 | 021 390 480 | bpnichol@xtra.co.nz

Club President:

Dave Gilberd

021 328 344 | dave@goldbeard.co.nz

Our phone number on the mountain

(07) 892 3870

www.wssc.co.nz | www.facebook.com/wanganuisandsclub

Halberg Disability Sport Foundation

Halberg Junior Disability Games

Cambridge, 22, 23, 24 April, 2016

We are now looking for young people to join the regional teams for the 2016 Halberg Junior Disability Games. These games were very popular last year and it would be great to have some athletes from Whanganui involved this time around.



The games are a national three-day sports tournament open to 8-21 year olds with a physical disability or visual impairment.

There are over 15 different sports to compete and participate in over the weekend which cater for all athletes.

Competitive sports such as athletics, swimming, triathlon, Boccia and wheelchair basketball will bring out the best from around the country. Then many sports such as Powerchair football, goalball, rowing and table tennis will offer a chance for athletes to have a go and have some fun.

To find out more contact John Sigurdsson:

johns@halberg.co.nz | 021 190 4881

<http://www.juniordisabilitygames.org.nz/>

No Exceptions Training

The Halberg Disability Sport Foundation provides No Exceptions Training (NET), a nationwide Professional Learning and Development (PLD) course for primary, intermediate and secondary schools on adapting sport, physical activity and recreation to ensure they can include physically disabled New Zealanders.

The Halberg NET is based on a model of best practice for providing physical activity in schools. The training enables teachers to deliver physical activity to all students across various physical abilities and skill sets.

The Halberg NET is delivered by a local Halberg Disability Sport Adviser and consists of two one-hour sessions. At the conclusion of a NET teachers will have the skills, tools and confidence to delivery fully inclusive physical activities to all students to enhance their enjoyment and skill learning in the classroom and playground. The cost for a school to complete the NET course is \$300.00 per school and this covers preparation, delivery, resources, post evaluation and access to online material.

For more information please contact John Sigurdsson:

johns@halberg.co.nz | 021 1904 881



**Special
Olympics**
Wanganui

Special Olympics Wanganui are hosting an inter-club swim event expected to attract almost 100 swimmers from seven clubs from throughout the lower North Island, and are seeking volunteers to assist with timekeeping.

Special Olympics provides a year-round programme of sports training and competition for children and adults with intellectual disabilities.

Date: Sunday 17 April 2016

Venue: Splash Centre, London Street, Wanganui

Times: 9.30am–2.30pm

Volunteer briefing followed by competition (refreshments will be provided).

If you are interested and want to know more, please contact:

Julia Sanson | Regional Sports Coordinator

Special Olympics New Zealand

julias@specialolympics.org.nz | 027 299 4734



NEW Website

Netball Wanganui has a new website where you can find information on upcoming events along with registration forms for various programmes, tournaments and competitions:

www.sporty.co.nz/netballwanganui

Please note also that Netball Wanganui through its website now produces a weekly 'On the Ball' e-newsletter. If you would like to subscribe to this newsletter, visit the website and click the "email me notices" button at the bottom of the homepage.

NEW Game Development Officer

Netball Wanganui is very pleased to welcome on board our new Game Development Officer (GDO), Natasha Simmons (Kingi), who began at the end of January.

Two of the GDO's key areas of responsibility involve coordinating the development, implementation and review of a range of robust competitions, tournaments and programmes for all players, representative players and coaches.

Tash is a product of the Whanganui UCOL's Exercise and Sport Performance programme and is very excited to have joined our small team. She is a past Netball Wanganui representative player and in recent years has played premier netball for East Club Sports but has hung up her boots to give her new role her full concentration. Tash enjoys spending time with her family, playing netball, ki o rahi, touch, basketball and rugby. Contact Tash on the below details:

Tash | 06 349 2326 | netballgdo@sportwhanganui.co.nz

FREE Training Workshops

Star Helpers Course	Tuesday 19 April
5—6:30pm	Laird Park
Year 3 & 4 Coaches Course	Wednesday 20 April
5—7pm	Laird Park
Junior Coordinators Course	Tuesday 3 May
6—8pm	Laird Park

This is an open course to anyone interested in becoming a Junior Coordinator. Netball Wanganui is looking to employ a core group of junior coordinators who will report to the GDO (Tash Kingi) and are responsible for working alongside our school Star Helpers on a Wednesday afternoon and our Year 3 and 4 coaches on a Saturday morning.

To apply for these paid positions, you must have attended the Junior Coordinators Course and it is highly recommended that you also attend the Star Helpers and Year 3 and 4 Coaches courses as well.

For more info contact Tash at netballgdo@sportwhanganui.co.nz

YEAR 1 & 2 Winter Programme

Entries for this programme are restricted to a maximum number of 72 players (whether entered by team or individually)

Wednesdays, 11 May—29 June (8 weeks)

3:30—4:30pm

Springvale Stadium

\$40 per player

YEAR 3 & 4 Winter Programme

Entries for this programme are restricted to a maximum number of 128 players (whether entered by team or individually)

Saturdays, 14 May—9 July (8 weeks)

8:30—9:30am

Laird Park

\$40 per player

For more information about any of the above and all other things netball, please visit:

www.sporty.co.nz/netballwanganui

KIWI KIDS BIKE RACES

The Kiwi Kids' Bike Races hosted by Wanganui Mountain Bike Club were a four-part series that ran from February (Bike Wise Month) and into April, giving children aged 4–13 years the chance to have fun while building on their technical riding skills.

The series was held at St Johns Hill School, Wanganui Intermediate School and Durie Hill School, with the last race on 3 April taking place on the mountain bike tracks at Pauri Lake.

The races featured hills, trees and twists and turns and all racers received prizes, including a chocolate fish, certificate, McDonalds' voucher and entry into a competition to win a new bike (kindly donated by The Bike Shed).



HOLIDAY PROGRAMMES



2015-2016 KAYAK HOLIDAY PROGRAMMES FOR YR 7-8 STUDENTS

Give kayaking a go!

Ever wanted to try kayaking? Sign up for one of our kayak holiday programmes for just \$20 and give it a go! Dedicated coaches to run the 4 day programme, choose from morning or afternoon session. Classes are limited to 10 participants so sign up today!



3 HOLIDAY
PROGRAMMES TO
CHOOSE FROM

GET 4 DAYS OF
KAYAKING WITH
DEDICATED COACHES
FOR JUST \$20

MORNING AND
AFTERNOON SESSIONS
AVAILABLE

DEC-17, 18, 21, 22
JAN-18, 19, 20, 21, 22
APRIL 26, 27, 28, 29

CONTACT AMIE AT
amie@sportwhanganui.co.nz
TO BOOK

WHANGANUI KAYAKING

141 Anzac Parade
Whanganui 4501

www.whanganuimultisport.net

Morning sessions 9-11am
Afternoon sessions 1-3pm



GIVE BIKING A GO!

2016 BIKE HOLIDAY PROGRAMMES FOR YEAR 6+ STUDENTS

Learn bike skills, try track cycling and mountain biking under the guidance of experienced riders. Classes are limited to 10 participants, so sign up today!

Days 1 & 2 will be based at the Cooks Gardens Velodrome, Day 3 at Paori Lake (we will transport you to Paori)



HOLIDAY PROGRAM
CHOOSE WEEK 1 OR 2

WEEK 1 - APRIL 18, 19, 20
WEEK 2 - APRIL 26, 27, 28

GET 3 DAYS OF BIKING
WITH DEDICATED
COACHES FOR JUST \$30
(LIMITED NUMBER OF BIKES
AVAILABLE IF PARTICIPANTS
DON'T HAVE THEIR OWN)

AFTERNOON SESSION
From 1-3 pm

CONTACT CHERIE
349 2882
cherie@sportwhanganui.co.nz
BOOK
BEFORE 15 APRIL

WHANGANUI CYCLING CLUB
whanganuicyclingclub.org

WHANGANUI MOUNTAIN BIKE
CLUB

whanganuimountainbikeclub.co.nz

Find us on Facebook

(YR 6/7)

Afternoon sessions 1-3pm



HOLIDAY PROGRAMMES

Stuck for something to do this school holidays? The YMCA have something for you!!!!

Oscar Holiday Programme

WHEN: 18-29 April

This programme caters for 5-13 year-olds and is based at the YMCA Community Centre (YCC).

Holiday Camp

WHEN: 18-23 April

This week long camp caters for a range of age groups. Visit the YMCA website to find out more:
www.ymcacentral.org.nz/holiday-programmes

Breakaway Holiday Programme

WHEN: 18-29 April

Breakaway is a free holiday programme run for 11-17 year-olds. It is based at the YCC and the theme is "Soldier Up" this year.

For more information about these and other programmes the YMCA has to offer, please contact:

Benjamin Androustos | 06 349 0197 | 027 269 1452
ben@ymcacentral.org.nz



First Term Holiday Programme

Venue: Gonville Hockey Domain – Alma Road

Date: 28th and 29th April

Time: 9.00am – 1.00pm

Cost: \$40 for both days or \$72 for a family of two

Food: Please bring something for morning tea

Equipment: Regulation hockey gear is required – contact us if you need kit

This fun holiday programme is designed to enhance current skills and introduce new skills such as attacking, defending, distribution and ball carrying and game awareness.

There will also be a mini hockey tournament and some enjoyable non hockey activities.

Prizes up for grabs so come along and enjoy a great fun two days.

Please register:

<https://eventdesq.imgstg.com/index.cfm?fuseaction=main&EventDesqID=18948&OrgID=13361>

Or visit our website: www.hockeywhanganui.org.nz

Registration closes: 26th April 2016

Hi My name
is Emma
Rainey. I
attend
Whanganui
High School
and I
represent
NZ in the
U19
Hockey.



Hi My name is
Reid. I play for
the central
regional U21
team and I will
be your coach.

