Velo RONNY'S Ladies BICYCLE STORE Cycling Night Out

Wednesday October 28th - 6:30pm

You are invited to a FREE fun night at Velo Ronny's Bicycle Store where you can learn all about the various topics related to enjoying your cycling.

Informal booths will be set up by knowledgable presenters on topics such as:

Workshop - Maintaining your bike, changing a tube and more..

Bike Comfort - The right bike seat, fit and position etc.

Clothing - The various features and benefits of clothing, shoes, helmets

Nutrition - What you need to eat and drink while riding

Cycle paths/roads/trails - Where to ride in Wanganui

Accessories - Any questions you have on any and all cycling accessories

Other Topics Include:

Wanganui Cycling Club will introduce the launch of 'group fun and fitness' rides. Sport Wanganui will introduce track/velodrome riding.

Specials

Some massive specials available on the night across a range of products

Refreshments

Wine (for those not driving), orange juice, cheese and crackers (all free)

Registrations

All attendees will need to call into the store at 49 Wilson St to register or phone **3484261**. Spaces are limited - *This is a free event*





The Total Cycling Experience Velo Ronny's Bicycle Store - 49 Wilson St - 06 3484261