

Achievement Standard

Subject Reference Home Economics 1.6

Title Demonstrate understanding of how packaging information influences an individual's food choices and well-being

Level 1 **Credits** 4 **Assessment** External

Subfield Health and Physical Education

Domain Home Economics

Status Registered **Status date** 30 November 2010

Planned review date 31 December 2018 **Date version published** 20 November 2014

This achievement standard involves demonstrating understanding of how packaging information influences an individual's food choices and well-being.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> Demonstrate understanding of how packaging information influences an individual's food choices and well-being. 	<ul style="list-style-type: none"> Demonstrate in-depth understanding of how packaging information influences an individual's food choices and well-being. 	<ul style="list-style-type: none"> Demonstrate comprehensive understanding of how packaging information influences an individual's food choices and well-being.

Explanatory Notes

- This achievement standard is derived from *The New Zealand Curriculum*, Learning Media, Ministry of Education, 2007; Level 6, achievement objectives A1 (Personal growth and development) and D1 (Societal attitudes and values), and is related to the material in the *Teaching and Learning Guide for Home Economics*, Ministry of Education, 2010 at <http://seniorsecondary.tki.org.nz>. Assessment will be consistent with and reflect the underlying concepts (hauora, socio-ecological perspective, health promotion, and attitudes and values) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.

This standard is also derived from Te Marautanga o Aotearoa. For details of Te Marautanga o Aotearoa achievement objectives to which this standard relates, see the [Papa Whakaako](#).

- 2 Definition
Packaging information is nutritional information on food labels and packaging such as ingredients, nutrition panels or tables; and nutritional claims such as low fat/sugar/salt. It also includes promotional features.
 - 3 *Demonstrate understanding* involves giving an account with clear examples of how packaging information influences food choices and well-being.
 - 4 *Demonstrate in-depth understanding* involves giving reasons for why packaging information influences food choices and well-being.
 - 5 *Demonstrate comprehensive understanding* involves considering and justifying recommendations based on packaging information that influences food choices and well-being.
 - 6 Assessment Specifications for this achievement standard can be accessed through the Home Economics Resources page found at <http://www.nzqa.govt.nz/qualifications-standards/qualifications/ncea/subjects/>.
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Quality Assurance

- 1 Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.
- 2 Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference

0233