

Attention u/8 to u/14's

The Proficiency swim must be successfully completed before membership applications are finalised and you can join in any nipper activities.

	1- <u>Junior Participation (club) Proficiency</u>	2- <u>Open water swim (to be eligible to compete in carnivals)</u>	<u>Surf Ed education</u>
Under 6	Nil	Nil	Surf Play One
Under 7	Nil	Nil	Surf Play Two
Under 8	25m pool swim (any stroke) 1 minute survival float	Not Applicable	Surf Aware One
Under 9	25m pool swim (any stroke) 1 minute survival float	150m surf swim – no time limit	Surf Aware Two
Under 10	25m pool swim (freestyle) 1.5 minute survival float	150m surf swim – no time limit	Surf Safe One
Under 11	50m pool swim (freestyle) 2 minute survival float	288m surf swim – no time limit	Surf Safe Two
Under 12	100m pool swim (freestyle) 2 minute survival float	288m surf swim – no time limit	Surf Smart One
Under 13	150m pool swim (freestyle) 3 minute survival float	288m surf swim – no time limit	Surf Smart Two
Under 14	200m pool swim (freestyle in less than 5 minutes) 3 minute survival float	288m surf swim – no time limit	Complete their SRC by 31/12/2015 to be able to compete in carnivals in 2016

- 1- **PROFICIENCY SWIM** must be done before the **OPEN WATER SWIM**. If **NO** open water swim is done , the child **CANNOT** compete in **Sydney Water Carnivals**
 - 2- To compete in **CARNIVALS** in 2015/2016 season **PROFICIENCY SWIM AND OPEN WATER SWIM MUST BE COMPLETED.**
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This form must be completed by an authorised club official/ or a certified swim school. It must be received by the Registrar prior to first Nipper day. **NO CERTIFICATE – NO NIPPERS**

This Certificate is for _____ aged _____

- 1- Is able to swim _____ metres and float for the required _____ minutes
- 2- Open water swim – to be done at a specified time

ASSESSED at _____ DATE _____

BY _____