

# Celebrate Recovery

## **What is Celebrate Recovery?**

Celebrate Recovery is a weekly group meeting that encourages fellowship and celebration of God's healing power in our lives as we work our way along the road to recovery. It runs 52 weeks a year, because we understand that recovery is a continuous process, and not something solved easily, or even short-term.

This gathering is led by trained individuals who use the eight biblical principles found in the Beatitudes in Matthew 5 and the traditional 12 Steps to help participants to move forward and allow God to release them from behaviors that have been holding them back from living in freedom.

## **Who is Celebrate Recovery For?**

Anyone with a hurt, habit, or hang-up is welcome. You do not need to be a member of Mount Ararat to attend. There is no pre-registration or sign-up necessary (apart from childcare). You may choose to participate in all that is offered or simply attend the main program from 7:00–8:30 pm.

## **How Much Will It Cost?**

There is no charge for attending Celebrate Recovery. Free childcare is available during the school year.

## **What Happens At Celebrate Recovery?**

The main meeting takes place in the Chapel, followed by participants breaking out into smaller, gender-specific groups with others facing similar challenges.