

Demonstrate rock climbing skills on natural rock

Level 3

Credits 5

Purpose People credited with this unit standard are able to: demonstrate an understanding of route and equipment selection and hazard management; demonstrate rock climbing techniques; and demonstrate rock climbing ethics.

Subfield Outdoor Recreation

Domain Rock Climbing

Status Registered

Status date 27 October 2006

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Entry information Open.

Accreditation Evaluation of documentation and visit by NZQA and industry.

Standard setting body (SSB) Sport, Fitness and Recreation Industry Training Organisation – Outdoor Recreation

Accreditation and Moderation Action Plan (AMAP) reference 0102

This AMAP can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Special notes

- 1 This unit standard may be assessed against at the same time as one that covers rope skills, such as Unit 20157, *Demonstrate the use of basic rope systems for top rope rock climbing and abseiling*; or Unit 20151, *Demonstrate skills with ropes, knots, anchors, and belays for rock climbing and abseiling*.
- 2 To meet the assessment requirements for this unit standard a minimum of six different climbs must be assessed.
- 3 Assessment against this unit standard must be on natural rock where ropes may or may not be required.

- 4 The *New Zealand Alpine Club (NZAC) Code of Conduct for Rockclimbers* is available from the New Zealand Alpine Club, PO Box 786, Christchurch, or from <http://www.alpineclub.org.nz>.
- 5 The *Ewbank* (Australian) grading system is an open ended numerical grading system. With this system the grade increases with the corresponding increase in climbing difficulty. Contact the New Zealand Alpine Club for more information: PO Box 786, Christchurch, or <http://www.alpineclub.org.nz>.
- 6 All activities must comply with relevant environmental, legislative, and/or regulatory requirements set out in the *New Zealand Environmental Care Code*, Health and Safety in Employment Act 1992, Injury Prevention, Rehabilitation, and Compensation Act 2001, and their subsequent amendments. The *New Zealand Environmental Care Code* is available from the Department of Conservation, Head Office, PO Box 10420, Wellington, <http://www.doc.govt.nz/>.
- 7 There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Sfrito website <http://www.sfrito.org.nz>.

Elements and performance criteria

Element 1

Demonstrate an understanding of route and equipment selection and hazard management.

Performance criteria

- 1.1 The Ewbank grading system is described.
- 1.2 Routes are identified based on the route descriptions.
Range features on a crag, grade, access.
- 1.3 Hazards are identified for the chosen routes and actions appropriate to the management of the hazards are explained and implemented.
- 1.4 Routes appropriate to own skill are selected.
- 1.5 Climbing equipment is selected and its selection justified based on the chosen routes.

Element 2

Demonstrate rock climbing techniques.

Range over the six different climbs required by special note 2.

Performance criteria

2.1 Features are identified on the chosen routes.

Range a minimum of six features which may include but is not limited to – arête, chimney, corner, crack, edge, flake, jug, ledge, overhang, pinnacle, pocket, roof, scoop, slab.

2.2 Climbing techniques suitable to the features and holds used are demonstrated.

Range a minimum of six techniques which may include but is not limited to – sequence of movement, rest positions, bridging, laybacking, layaways, mantleshelving, pinch grips, smearing, underclings, side pulls, hand jams.

Element 3

Demonstrate rock climbing ethics.

Performance criteria

3.1 Respect for self and others is demonstrated.

3.2 Care for the environment is demonstrated based on the *New Zealand Environmental Care Code*.

3.3 Climbing code of conduct is identified and demonstrated based on the *NZAC Code of Conduct for Rockclimbers*.

Please note

Providers must be accredited by the Qualifications Authority, or an inter-institutional body with delegated authority for quality assurance, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be accredited by the Qualifications Authority before they can register credits from assessment against unit standards.

Accredited providers and Industry Training Organisations assessing against unit standards must engage with the moderation system that applies to those standards.

Accreditation requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

Comments on this unit standard

Please contact the Sport, Fitness and Recreation Industry Training Organisation Limited info@sfrito.org.nz if you wish to suggest changes to the content of this unit standard.