

Achievement Standard

Subject Reference	Physical Education 3.9		
Title	Devise strategies for a physical activity outcome		
Level	3	Credits	4
		Assessment	Internal
Subfield	Health and Physical Education		
Domain	Physical Education		
Status	Registered	Status date	19 December 2014
Planned review date	31 December 2016	Date version published	19 December 2014

This achievement standard involves devising strategies for a physical activity outcome.

Achievement Criteria

Achievement	Achievement with Merit	Achievement with Excellence
<ul style="list-style-type: none"> Devise strategies for a physical activity outcome. 	<ul style="list-style-type: none"> Devise in-depth strategies for a physical activity outcome. 	<ul style="list-style-type: none"> Devise comprehensive strategies for a physical activity outcome.

Explanatory Notes

- This achievement standard is derived from the Health and Physical Education learning area in *The New Zealand Curriculum*, Learning Media, Ministry of Education, 2007; Level 8 Achievement Objectives (relevant to the context used), and is related to the material in the latest version of the *Teaching and Learning Guide for Health and Physical Education*, Ministry of Education at <http://seniorsecondary.tki.org.nz>.

Assessment is consistent with, and reflects, the underlying concepts (hauora, attitudes and values, socio-ecological perspective, health promotion) of the Health and Physical Education learning area in *The New Zealand Curriculum*, page 22.

- Devise strategies* involves:
 - selecting and explaining the knowledge that underpins the strategies to achieve the physical activity outcome
 - trailing and making adjustments to the strategies in order to achieve the physical activity outcome.

Devise in-depth strategies involves:

- selecting and explaining, using coherent reasoning, the knowledge that underpins the strategies to achieve the physical activity outcome.

Devise comprehensive strategies involves:

- selecting and explaining, using coherent and insightful reasoning by questioning and challenging assumptions, the knowledge that underpins the strategies to achieve the physical activity outcome.

3 *Devise strategies* is the process by which knowledge is applied to meet the intended purpose of the physical activity outcome for self or others. This involves developing the strategies, trialling them and adjusting them as a result of a process of ongoing reflection.

4 Knowledge relates to:

- Biophysical - which may include – anatomy, biomechanics, physiology, psychology, skill acquisition, methods/principles of training
- Socio-cultural - which may include – societal, political, economical, environmental, ethical, cultural, historical factors
- The specific physical activity context.

5 A *physical activity outcome* is the goal, purpose, or end point of the activity such as developing fitness, or improving game play.

6 A physical activity outcome may relate to working with individuals or groups in:

- Outdoor education experiences
- Recreation activities
- Festival/cultural activities
- Coaching experiences
- Physical performance improvement.

7 Conditions of Assessment related to this achievement standard can be found at <http://ncea.tki.org.nz/Resources-for-Internally-Assessed-Achievement-Standards>.

Quality Assurance

1 Providers and Industry Training Organisations must have been granted consent to assess by NZQA before they can register credits from assessment against achievement standards.

2 Organisations with consent to assess and Industry Training Organisations assessing against achievement standards must engage with the moderation system that applies to those achievement standards.

Consent and Moderation Requirements (CMR) reference

0233