



Developing a Strong Coaching System in Secondary Schools

This is not a definitive list but rather something to start or check off as useful strategies for developing a strong coaching system in your school. Contact Nicole to explore any work in this area.

✓ **Building Blocks**

- Dedicated time to develop a Coaching System - recruit, look after and keep Coaches - in your school;
- Support from school community, Board and management to prioritise Sport and Coaching;
- Engaging parents successfully into School Sport and Coaching;
- Teachers and support staff encouraged and expected to keep coaching or contributing to Sport in your school;
- Established links with good clubs in key sports;
- Understanding of the value of coaching and how to make it an attractive option;
- Good relationship with Sports codes and identified Coaching needs and outcomes in your school;
- Thanking coaches and volunteers regularly and in a way that means something to them;
- Fostering students into coaching.

✓ **Sport Whanganui Offer**

- Coach Coordinator programme and Coach Development funding;
- Support to establish club and code links;
- Developing a coaching system in schools;
- Best practice tools and strategies for Coaching;
- WSS Coach Development series;
- Talent development and coaching programmes;
- Specialist Coaching advice and assistance;
- Planning, designing and reviewing Coaching in your school.

Coaching in Secondary Schools Best Practice

Building Block	Strategies, Tools	Doing/ Interested in
<p>1. Dedicated time to develop a Coaching System - recruit, look after and keep Coaches - in your school.</p>	<ul style="list-style-type: none"> a. Coach Coordinator in WSS programme. b. Clear roles in recruitment, retention and recognition - Head of Sport/Teachers in Charge/Sport & Coach Coordinators – involve all in planning, implementation and evaluation. c. Coaching system, plan used and understood. d. Database – up to date and easy to use. 	
<p>2. Support from School community, Board, management and staff to prioritise Sport and Coaching.</p>	<ul style="list-style-type: none"> a. Coaching Plan including time and resources. b. Regular update on status of Coaching to key Sport stakeholders. c. Board - Sport portfolio holder. d. Sports Council – Board member, management, parent, student, coach, code representation. 	
<p>3. Engaging Parents successfully into School Sport and Coaching.</p>	<ul style="list-style-type: none"> a. Multiple channels for contact – web, FB, newsletter, email, parent/ whānau forums, teacher/parent evenings, PFA, interschools, assemblies. b. Parent/whānau and student Sport Forums – Summer/Winter. Expo on all sports offered and key Coaching people presenting. Make school sport attractive to be involved in. c. Publicise the way parents can be involved in sport – explain roles clearly, encourage them to contact you regardless of a specific role. d. Find out what your parents/ whānau have skills and abilities in, so as to use in Sport. 	

<p>4. Teachers and support staff encouraged and expected to keep coaching or contributing to Sport in your school.</p>	<ul style="list-style-type: none"> a. Teacher and staff profiling for Sport/Coaching interests/experience. b. Ask them to contribute. c. Head and Board support to raise expectations of school involvement in Sport. d. Support mechanisms to keep staff in Sport – relief, rostering, TIC support, thank yous, alignment to full school planning. 	
<p>5. Established links with good clubs in key sports.</p>	<ul style="list-style-type: none"> a. Know who your feeder clubs are – through historic or current connections. b. Revisit the relationship. Identify mutual outcomes. c. Match school values with club values. d. Trade facilities/other things for Coaching. e. Establish with sister/brother schools locally to better achieve outcomes for young people through clubs. 	
<p>6. Understanding of the value of coaching and how to make it an attractive option.</p>	<ul style="list-style-type: none"> a. Coaching ambassadors – old boys/girls of school. b. Talk about Coaching as a valuable contribution at all levels in multiple channels. c. Survey your coaches to understand what motivates and keeps them coaching. d. Survey your students to understand what they need from a Coach and inform your Coaching System and plan with this information. e. Coach support systems in place and work. f. Profile and promote your coaches. 	

<p>7. Good relationship with Sports codes and identified Coaching needs and outcomes in your school.</p>	<p>a. One pager on each Sport, describing that Sport in your school and what support you need from the Code in relation to Coaching.</p> <p>b. Regularly meet with Codes, in school with your Coaches.</p> <p>c. Invite codes to be part of planning and evaluation of Coaching.</p>	
<p>8. Thanking coaches and volunteers regularly and in a way that means something to them.</p>	<p>a. Regularly connect with your coaches.</p> <p>b. Use multimedia.</p> <p>c. When recruiting coaches and reviewing each season, identify why people coach and what keeps them coaching.</p> <p>d. Join with school sponsors to recognise coaches and sport volunteers.</p> <p>e. Develop the school culture to ensure people (students and their whānau) say thanks for the work Coaches put into them.</p>	
<p>9. Fostering students into coaching.</p>	<p>a. Ensure the school culture includes service to others.</p> <p>b. Ask students to be involved in Coaching.</p> <p>c. Provide support and development for student Coaches.</p> <p>d. Align Coaching opportunities to NCEA and other achievement systems.</p>	