



# The Black and White



November 2014 edition

## Woonona Surf Life Saving Club

Illawarra Club of the Year 2009, 2012 & 2013

NSW Club of the Year 2013

Illawarra Patrolling Club of the Year 2009 & 2013

### Presidents Report

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I hope everyone had a Merry Christmas and a happy New Year. Our Lifesavers on Patrols have been very busy over the holiday period, thank you to all our volunteer lifesavers for all the many hours and hard work you have put in over these summer holidays.

Welcome back to all the nippers starting back again on the 8<sup>th</sup> Feb for a Twilight nippers, I hope you can stay for a BBQ dinner a drink after nippers, our Twilight nippers and BBQ is becoming very popular for a social catch up.

Woonona SLSC held a Bunnings BBQ on the 1<sup>st</sup> Feb, this was a great success with us raising approximately \$1,700 for our club. Thank you to Outback steakhouse for providing all of the sausages for this fundraiser, and thank you to Kieran and Helen for organizing this, and to everyone who helped out on the day. Well done!!

We have also been very fortunate to be able to purchase a new IRB motor and rescue tubes, due to grant funding through the Aust. Governments Beach safety Equipment fund. Also we have just received our new Oxy Viva backpack, this was purchased through funding from the Woonona Bulli RSL club. These items will make a massive difference to our ability to provide lifesaving on Woonona beach.

Stacey Paddon  
President

### Social Events Report

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#### Member Services

Josh and Ben Clarke attended the SLSNSW Lifesaver Exchange on January 23-26, and Madi Bow is currently attending the SLSA National Youth Leadership College on February 3-8. Good luck also to Thomas Blunden and Michael Usher who were nominated for the Junior Lifesaver of the Year Award, both boys are exceptional members who have recently completed their Surf Rescue Certificate and are patrolling members and water safety personnel. We are so very proud of these members for representing Woonona SLSC in these prestigious SLSA development programs.

If there are any members interested in trying something new at the club, have a problem and don't know who to approach, or want more information on anything membership or club related, please contact Madi Bow, Member Services Officer, who can (hopefully) help you out!

#### The Social Side

We had an extremely successful and fun Twilight Nippers and Sippers on December 14 – thank you to everyone who helped man the BBQ and bar, and to everyone who came along. The first nippers back is a Twilight Nippers and Sippers again on February 8 – looking forward to seeing everyone there!

I have decided to cancel the High Tea in February to make way for a bigger and better event in March: the (Adults Only) Beer & Beef night, a beautiful event where meat meets alcohol. Information will be released early February!

See you on Feb 8 at nippers (and the bar)! Mads Bow

## **Change is coming to the surf club...**

The WSLSC Management Committee have identified a need to address our member recruitment & retention strategies. We want to figure out why people join the club and why they stay, as part of our goal to meet members and the community's needs. As part of this process we will be reviewing the club's Strategic Vision document, and consulting our members about their experience in the club and their ideas for the future. By reviewing our vision and management strategies we hope to identify strengths and weaknesses in the club and create an action plan to help us build our membership and improve the quality of our members' experience! The first step in this process is conducting research. We have prepared a survey that we are asking all of our members to complete. Members from the committee will be around to all the patrols between 18/1/15 and 8/2/15, and at nippers on 8/2/15, 22/2/15, and 8/3/15. We want to interview ALL OF OUR 10+ YRS MEMBERS! The survey will also be sent via email – if you have five minutes, please print, complete and return to someone on the committee e.g. Stacey Paddon, Helen Bow, Madi Bow, Anthony Arnold (at nippers) etc

## **Director of Life Saving**

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Thank you to everyone who assisted during the busy holiday period. In December January alone we performed over 1000 hours of patrolling our beach and keeping the community safe. We have now come off the longer patrols and Sundays and public holidays are now 9.45 to 5 pm and Saturdays are 10-2 until the end of February. I just want to reinforce that patrol swaps whenever possible should be arranged well ahead of time so that there is no last minute panic.

We have again performed well this year with 14 rescues 5 first aids performed (2 on one busy patrol) and over 230 preventative actions. With nippers coming back this Sunday afternoon we need water safety and the more help the better. This will also be followed by sippers so if you can please come along.

We have purchased a new oxyviva through the generosity of the RSL which is in the rear of the ATV. Please ensure that it is kept clean and sand free.

Thanks again for all your work so far and continue to provide a safe beach for the remainder of the season

Rachel

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## Surf Boat Report

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G'day sportsfans!

2015 has begun and so has the tail end of the rowing season! Starting early in the piece was the international Collaroy young guns carnival - open to U23's and U19's. only. Woonona was well represented with the U23 W Johnson and Friends and the U23 M HC & 39s proudly wearing the white and black.

The girls had an unlucky first race, but picked right back up to where the four bronzed buff babes ended last year, finishing the rounds with a second and a first, easily making it into the semi finals. Another dominating first took the girls into the minor semi's before a close second into the major semi's. Up against the best crews in Australia, the girls held there own, but some poorly timed swell held them back from their full potential. Regardless, the girls were stoked and as they should be for the first time rowing in 6 weeks, and finishing in the top 6 of the field. Well done girls, a bleaming excellent result.

The U23 M finished the day early with three gentleman's lasts. But it should be known that the boys never surrendered to the 6'7" 120kg of muscle competition and kept rowing. Even young Lachy MacKinnon was heard shouting inspirational tones on the way home.

Next time we'll hear results from Manly and Illawarra branch carnivals!

Love Mitch

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## Nippers Update

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Sunday 8<sup>th</sup> February will see the nippers return for 2015. A reminder that it is an afternoon event with marshalling in the hall at 230pm for sign-on, first events on the beach at 3pm, with the BBQ afterwards from 5pm. This will be our first nipper's day since the Christmas break, so come along and enjoy the afternoon, and some socialising afterwards.

Nippers will run every 2 weeks from 8<sup>th</sup> Feb, with the remaining dates for the season being 8<sup>th</sup> Feb, 22<sup>nd</sup> Feb, 8<sup>th</sup> March, 22<sup>nd</sup> March, with the final for the season a week later 29 March incorporating the presentation. The calendar is available on the website at the following link <http://woononaslsc.com.au/our-club/calendars>

A quick reminder for the SLSI Junior Carnival, being hosted by Thirroul SLSC Saturday 21<sup>st</sup> February 2015. Cost for entry is \$12.50 per competitor. Entries close 9am Monday 16<sup>th</sup> February, so for anyone interested please contact me at [aja074@gmail.com](mailto:aja074@gmail.com) or shoot me an SMS 0403 471 926 so we can coordinate your competition entry via the online system.

A reminder to parents – if you can lend a hand with the BBQ please email me at [aja074@gmail.com](mailto:aja074@gmail.com) or via my phone 0403 471 926.

I look forward to seeing you all on the 8<sup>th</sup> February and we can have a ripping start to the year.

Cheers  
Anthony.  
Director Junior Activities.

## Sponsors



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