

SPORT WHANGANUI NEWS ... TERM TWO 2015 ...

BRUNGER BRINGS IT!



Sport Whanganui is proud to announce the appointment of Jodie Brunger, our new Community Sport Leader.

Jodie joins us from her previous teaching position at St Johns Hill School, bringing with her a unique insight and valuable experience of primary school sport needs. Jodie's focus will be

working with clubs and codes to increase the capability in sports organisations throughout the region. Welcome to Sport Whanganui Jodie! If you would like to get in contact with Jodie please email or call:

jodie@sportwhanganui.co.nz | 06 349 2324 | 021 144 8944



MORE KIDS : MORE OPPORTUNITIES : BETTER SKILLS

A big thank you to everyone who was involved in our KiwiSport Regional Partnership Fund Consultation. We had a great response and appreciate all those who took the time to attend our forums and fill out our survey.

From this consultation we have confirmed that our KiwiSport priorities are still relevant, these being:

- Fundamental Movement Skills programmes within Primary Schools
- Coaching programmes that are impacting on Kiwi Kids
- New and innovative programmes

The Community has also opted for two funding windows which will close the $\mathbf{30}^{th}$ **April** and the $\mathbf{31}^{st}$ **October** each year.

It has also come to our attention that we need to inform the community more about KiwiSport and we are in the process of updating and simplifying our KiwiSport process.

For any questions regarding KiwiSport please contact Robyn Wood I robynw@sportwhanganui.co.nz I 06 349 2880

MITRE 10 MEGA WANGANUI FUTURE CHAMPIONS TRUST

It was a double celebration at Cooks Gardens recently as former Olympian Philippa Baker-Hogan announced the names of the latest Future Champions Trust recipients, and of the Trust's new naming rights sponsor, Mitre 10 MEGA Wanganui.

As chair of the Trust, Baker-Hogan was delighted to declare the names of seven young Whanganui athletes that have been awarded grants from the newly named **Mitre 10 MEGA Wanganui Future Champions Trust.**

Congratulations to Aiden Nossiter, Toby Brooke, Jessica van Bentum, Rebecca Smith, Finn Brown, Elena Forlong and Shannon Schimanski. These awardees have received a range of funding to bolster their international competition prospects.

The Mitre 10 MEGA Future Champions Trust provides

financial support for high-achieving Wanganui individuals, to assist the advancement of their international sporting careers. The Trust was launched in November 2013 and to date has granted a total of \$16,500 to eleven individuals across seven codes.



FMS DELOVERY TEAM

The Sport Whanganui Fundamental Movement Skills team have been busy throughout Term 2 working in schools and delivering the FMS programme to Year 3 and 4 kids.

The new format of Fundamental Skills forms part of the newly implemented Integrated Primary Programme and covers the basic skills of manipulation, locomotion and balance.

The Whanganui-based team (pictured) have been working in 20 local schools throughout Term 1 and 2 in what has been a very well received new format.







··· Lydia Bennett ··

Lydia Bennett got a call from her sister, "Get ready we are going to the gym!." The 52 year old decided it was now or never if she was going to improve her health.



"I thought, 'I really don't want to' and stood in my lounge trying to get my head around what was about to happen. But I knew inside I needed to drop some weight."

Lydia went along to the Splash Deck Fitness Centre and joined in the circuit class. From that day she started on a plan to exercise twice a week.

Lydia asked her GP for a Green Prescription. "The Green Prescription support people gave me a call and set me on the right track to lose weight, that was a year ago."

"My confidence has grown so much in the last 12 months that I have a new outlook on myself. I feel more energised. This journey made me face my diabetes and high blood pressure conditions, and do something about it."

Lydia's increased exercise and improved diet has paid off. She says that she wouldn't be successful today without the encouragement of the Green Prescription team. "Their consistency speaks volumes to me."

Lydia and her sister entered their first triathlon, something she never thought she could do. "It was a great moment for me." Her GP says her health has improved hugely. Before the Green Prescription, Lydia could only manage two classes per week. She now visits her local swimming pool and gym three to four times a week.

"It's been a journey finding the other person in me. There is no going back. From a mouse to a lion 'hear me roar'!"

DON T FORGET TO SAY THANKS!

It takes just two minutes to thank a sport volunteer by nominating them for the Lotto Sport Maker Campaign

By nominating a volunteer through the Lotto Volunteers website that person can go in the draw to win one of two



monthly \$500 prizes for our region. Come on Whanganui, Rangitikei & Ruapehu - take time to say thanks to those who deserve it!



GROUP HEADS TO PALMY TO WATCH BALL! JEIS

🗺 Sport Whanganui Court Sports Development Officer Ross Cronshaw has made the trip to Palmerston North seven times over the last few months to watch the Breakers Manawatu Jets first division team play their home games.

He has been taking the Sport Whanganui van across with 10 local kids to watch the games. The kids are local basketball players, some involved in the Whanganui basketball academy, and have been attending Friday and Saturday night games.

The initiative has been well received with volunteers making themselves available to help supervise the trip. UCOL have also assisted with securing the tickets. The Jets are currently placed 6th on the NBL table but have been very competitive with most of their losses being very close.



BASKETBALL OPEN COURT TIME

Sport Whanganui Court Sports Development Officer Ross Cronshaw, with help from Basketball Whanganui and For Our Kids, have been running Open Court Time sessions on Saturday afternoons from 1-3pm at Springvale stadium.

Both courts have been available to play on with a gold coin donation for entry, and have been very popular. There have been a range of people turning up to participate but it has been Year 8, 9 & 10 boys that have mostly been taking advantage of the court time so far.

Whanganui Police have been on hand to make sure things have been running smoothly, with For Our Kids looking to extend funding into the third term and hopefully further.

HEAD DOWN TO SPRINGVALE AND PLAY BADMINTON



Did you know that you can head down to Springvale Stadium Extension and play badminton on a casual basis?

All you have to do is head to the Splash Centre first and get the key to unlock a world of Badminton fun! Cost for the lights is \$2 for 15 minutes and it is open during the weekends. There are four courts available for play.

Graham Feist, from Badminton Wanganui also runs junior recreational nights on Tuesdays 6 - 8:30pm costing \$4 per person, with rackets provided. The Thursday morning group welcomes players for their 9:30 - 11:30am sessions.

If you are more serious about your Badminton, Graham has Under 15 reps from 5 - 7pm and Under 17 - 19 reps from 7 - 9pm, on Monday nights. With Under 13's reps on Wednesday night from 6 - 7.30pm.

Badminton is a great family game and the casual time has proven to be very popular, so what are you waiting for?

"Knowledge Speaks but Wisdom Listens"

- Jimi Hendrix, 1967



What a hectic term to say the least in our Regions Primary Schools!

There was plenty of action happening throughout the Rangitikei and the Ruapehu wider regions for those engaged in our Sport Whanganui Integrated Physical Education Programmes. 10 schools took part and over 651 children were engaged from Year 0 to Year 8 Primary School students in Term 2. It is always great to see their development and improvement of their foundation, fundamental movement and leadership skills.

Rural Schools Basic Sport Skills

Not only are our metro towns engaged in our Integrated Primary Programme we also have our rural isolated country schools taking part in our education programme of Basic Sport Skill sessions.

This term schools such as Papanui Junction School (50 mins away from Taihape), Pukeokahu Primary (50 mins away from Taihape), Orautoha School (40 mins away from Ohakune) and Ngamatea School (40 mins away from Ohakune) just to name four schools out of nine have all been engaged in our Basic Sport Skill sessions.

These schools are very isolated and travel is a large barrier for these children to learn on a regular basis Basic Sport Skills, where they normally wouldn't get the chance to take part. Sport Whanganui provide an opportunity for these schools to learn and develop their sporting skills once per term. The main focus of these sessions is to up-skill the teaching staff so they can continue to develop their students while we are not in their schools.

Rangitikei Midweek Leagues

This term the sport for the Rangitikei Midweek league was 5-aside Indoor Football. We had a pleasing four Secondary School teams and nine Primary School teams take part.

Plenty of team work and team spirit was displayed with all enjoying their indoor football league.

The Term 3 sport will be 4-aside Volleyball and will be held at the Marton Memorial Hall commencing on the 30th July (Thursdays) till the 3rd September 2015.

> To register please contact: <u>marie@sportwhanganui.co.nz</u> I 027 440 9305

ANGITIKEI

JP & TWIS

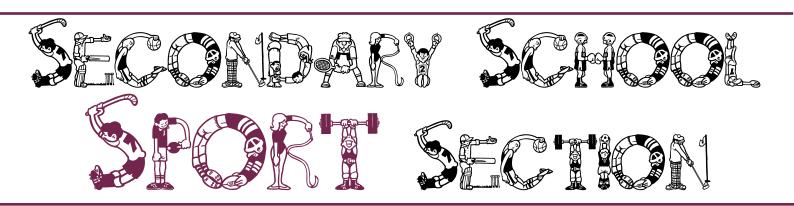
Mangaweka Kindergarten

During Term 3 Sport Whanganui will be engaged with Mangaweka Plunket Kindergarten offering a kindy programme for 3 - 4 year olds to establish and learn their movement skills. Components such as balance, gross motor skills, fine motor skills, eye tracking, crossing the midline, memory and body awareness will all be covered in these sessions.

This programme will assist in their development of Fundamental Movement Skills when they transition from kindergarten to school.



MARTON – 28th July onwards (8 week programme) 3.30 - 5.30pm @ Hunterville School **HUNTERVILLE** – 27th July onwards (8 week programme) 3.30 - 5.30pm @ Marton School





and Sport NZ have teamed up to support and celebrate the sport volunteers in our community who make sport happen the Sport Makers.

As part of the partnership Sport Whanganui have been given a range of quality sporting goods to pass on to local Sport Makers in our region, to recognise the huge contribution of Sport Makers.

Whanganui Regional Secondary Schools were thankful to be part of this campaign and each of the 12 schools were offered a certain numbers of 'hoodies' to present to some of their school coaches, student coaches and volunteers.

This is an additional way of saying 'thank you' and to recognise some of the many people who continually make sport happen in our schools.

THANK YOU to all coaches and volunteers, without you sport would not happen as well as it does in our schools and community.



WHS Year 13 Volunteer Coaches receiving their hoodies

Regional Cross Country

The Whanganui Regional Secondary Schools Cross Country was held on Thursday 21st May at the Waiouru Military Camp with eight secondary schools in attendance.

Hosted by the Waiouru Military Camp and Ruapehu College, exciting and challenging courses were set by two trainers at the army camp. The 120 students that participated seemed to really enjoy the experience, even in the chilly mountain weather!

The schools gave a huge "thank you" to Ruapehu College and to the army camp for hosting such an awesome event. (For results, please see the Sport Whanganui website).

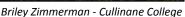




Judah Lyon - Ruapehu College



The Start Line -Jnr Girls



Term 3 Midweek Leagues

Term 3 will see the return of KiwiSport funded midweek leagues with **Futsal** and **Badminton** on offer for Secondary School students.

These leagues will be held at Wanganui High School and Wanganui City College and are open to all secondary school students.

Register your interest with your sports coordinator now or contact Clare at Sport Whanganui for more details:

clare@sportwhanganui.co.nz 06 349 2881



Area Schools Tournament

The New Zealand Area Schools Tournament will be held in Whanganui from $6^{th} - 9^{th}$ July.

This tournament will attract approximately 400 Secondary aged students to Whanganui from all over New Zealand to compete in a range of sports; netball, basketball, volleyball, football, rugby, girls sevens, golf and ki o rahi.

This tournament is certain to bring a week full of action packed sport!

For the full sports schedule or to find out further information please check the Sport Whanganui website or contact Clare at Sport Whanganui:

www.sportwhanganui.co.nz | clare@sportwhanganui.co.nz



Waimarino Tough Kid®

Friday 3rd July Raetihi Showgrounds

The first ever Waimarino Tough Kid[®] will be taking place at the Raetihi Showgrounds on Friday 3rd July.

Year 3-8 kids from Ohakune, Waiouru, Raetihi, National Park and Taumarunui will come together and battle it out to complete this ultimate Tough Kid[®] course whilst having a great time!

The Waimarino Tough Kid[®] will be a great opportunity for our country rural schools to take part in a physically challenging but fun obstacle course that is appealing to all kids from all walks of life.

Be sure to head down to the Raetihi Showgrounds from 10am to catch all the Waimarino Tough Kid[®] action and stay tuned to our Facebook page for photos from the event!





www.mudmuster.co.nz Saturday 17th October Shelter View Jetsprint Park WHANGANUI ENTRIES 22 JUNE OPEN 22 JUNE THE DOWNS GROUP RANGITIKEI

The Downs Group Rangitikei Tough Kid[®] is back for it's third year taking place at the McIntyre Reserve on Friday 25th September. Over 500 Year 3-8 kids will get put through the paces of the Tough Kid[®] course where they will hurdle over hay bales, crawl through fences and trudge through muddy bog!

TOUGH KI

Mangaweka School

Entries for this event open on **Monday 3rd August** and registration packs will be sent directly to schools.



www.facebook.com/SportWhanganui



22nd June	McDonald's Mud Muster™ <i>ENTRIES OPEN</i>	
26th July	Triathlon Club Duathlon	
3rd August	The Downs Group Rangitikei Tough Kid® <i>ENTRIES OPEN</i>	
4th August	Wanganui Primary Contributing Schools Netball	
9th August	John Taylor Memorial Duathlon	
14th August	Taihape Country 7's	
25th August	Wanganui Primary Contributing Schools Football	
3rd August	The Downs Group Rangitikei Tough Kid® <i>ENTRIES CLOSE</i>	
17th August	Mitre 10 MEGA Tough Kid® <i>ENTRIES OPEN</i>	
13th September	Triathlon Club Duathlon	
15th September	Year 7 & 8 Rangitikei Cluster Quads Tournament	
15th September	Wanganui Primary Contributing Schools Cross Country	
17th September	Year 5 & 6 Rangitikei Cluster Quads Tournament	
25th September	The Downs Group Rangitikei Tough Kid®	



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Saskatoon for Softball Star

Wanganui Softball Umpire Lance Brown has been appointed to officiate at the upcoming 14th ISF Men's World Softball Championship in Sasketoon, Canada.

Held over ten days (26th June - 5th July), the biannual tournament will see 16 countries compete for the World title, including the current title holders New Zealand.

Lance has done five international trips in his lifetime, all for Softball, and this is his third trip to Canada. Now at the highest level he can achieve, he is one of only nine international certified umpires in New Zealand - a fantastic

achievement.



During the competition, Lance will have a maximum of three and a minimum of two games per day. Just like the players, the umpires are hoping to make it to

the final games too. The Plate Umpire especially is where Softball officials strive to be. While being a Plate Umpire in a championship game would be pretty special, Lance would be happy to have a spot on a final game. Maintaining impartiality though means that if New Zealand does well in the competition, Lance may have to settle for a top-notch spectator seat. **Congratulations Lance, and good luck!**



Manic Mayhem is a fun, themed pool party for 8 - 14 year olds which takes place on the last day of each term. Head down to the Splash Centre to catch all the action!

Friday 3rd July | \$5 entry | 6 - 8pm | 06 349 0113

HOLIDAY PROGRAMME

The **Splash Centre Holiday Programme** runs from Wednesday 15th - Friday 17th July and is available for kids aged 8 - 11 years old.

Activities include Hydroslide Races, Ping Pong Races, Inflatable fun, sausage sizzle and more!

10am - 1pm. Only 20 spaces available each day!

 1-day:
 \$5.00

 2-days:
 \$10.00

 3-days:
 \$13.00

 Book today
 1 06 349 0113

whanganui winners

Whanganui has come up trumps again in the Lotto Volunteer 'Thank a Sport Maker' campaign.



The campaign rewards two sport volunteers in our region

every month, from a pool of nominations offered from the community.

The March winners for this region were Matthew Boult and Laura Kidd, and the May winners were Leah Thompson and Arsana Blackstock.

Matthew and Leah were each nominated for their outstanding commitment to Cullinane College sport.

Laura Kidd and Arsana Blackstock were both rewarded for their work at the NZ Secondary Schools Track & Field and Road race two-day event at Cooks Gardens last year.

In April, Gary Reid and Logan Hughes were winners for their respective roles in Touch Rugby and Football.

Sport Whanganui encourages everybody to think about the people that make sport happen in our community, and to thank them with a Lotto Volunteer e-card. Winners from the draw receive a \$500 voucher to spend on sport apparel and gear. Go to www.sportwhanganui.co.nz.

FOUNDATION SKILLS

Sam from Sport Whanganui has recently taken over Gemma Bartley's role as deliverer for the Foundation Skills programme. This programme is delivered to Primary School kids in Year 1 and 2. Sam is really enjoying delivering the activities where she provides three sessions to every class over a three week period. The idea is for the teachers to learn as they go and carry on the delivery throughout the year to the children.

The schools Sam has been delivering to throughout Term Two are Upokongaro, Aranui, Brunswick and St Johns Hill. Areas focused on are body awareness, crossing the midline, vestibular system, gross motor skills, fine motor skills and eye tracking. Without these skills children can struggle with simple tasks in everyday life and in the class room. The programme is based around giving children the opportunity to practice and master the Foundation Skills for formal learning.

Sam looks forward to continuing with this programme throughout the year.



SPOT LIGHT

The Spotlight on Sport

campaign continues on, with a

steady stream of sport representatives visiting the More FM studio to chat live on air with Craig Hanford and Sue Miller on their prime-time early morning breakfast show.

The Sport Whanganui and Mediaworks partnership helps clubs and codes to lift their profiles through dedicated radio airtime.

In April we focused on Court Sports which saw Ross Cronshaw and Phillip Teohaere in the studio talking about Basketball, as well as Kevin Gray and Shaun Tyson informing us about Volleyball. May was Donna Jeffrey, Rochelle Howard, Renee Harrison and Pare Muraahi chatting to Craig and Sue about Netball.

Thanks for chatting with us on Spotlight on Sport and be sure to stay tuned into 92.8 MoreFM in June to hear all about the sport of Rugby!



Is this you?

Sport Whanganui staff have spotted you out and about in the community assisting with the **Ron Bissett Memorial Multisport Race** held in Whanganui in May.

Because you were spotted and to say thanks for giving up your time we have a special prize pack for you to collect from our office!

All you need to do is email <u>rachel@sportwhanganui.co.nz</u> or phone 06 349 2318.

From the team at Sport Whanganui, thanks for being such a GOOD SPORT!!



New Zealand Team Selection Announcement Sprint Kayaking

The progress made by the Whanganui Kayak Club and the hard work of its paddlers, coaches and supporters has led to three of the clubs young athletes, Aiden Nossiter, Max Brown and Tobias Brooke being selected to represent New Zealand in a squad of ten women and nine men. The team will undertake a European tour and contest the 2015 Junior and U23 World Championships held in Lisbon, Portugal in July 2015.

Recently named in Canoe Racing NZ's Pathway to Podium programme, Nossiter, Brown and Brooke have been preparing for their Junior and U23 World Championship campaign with hours of training both on and off the water. Trying to balance exhausting training requirements while raising money to fund the World Champs campaign and fitting it in around their respective study and work commitments is a credit to them all.

The NZ Junior & U23 tour will take place from 27th June to 29th July, a 33 day tour.

The three Whanganui paddlers will first travel to Budapest, Hungary where they will complete their build up to the Championship with a series of training camps based at the Olympic Centre in Dunavarsany (about 40 minutes from the centre of Budapest). Water sessions will be held on the Little Danube River, an exemplary venue with 1000m course marked every 100m complete with starting gates. The river itself is closed off by a dam at each end allowing athletes to paddle 27km North or 40km South. Trainings will take place alongside the Hungarian national age group team, creating a unique learning opportunity for Whanganui's young paddlers.

Following the Budapest training camp, the NZ team have been allowed by the Hungarian Federation to compete in a Regional Regatta from the 3rd to 5th July. This will be the first opportunity for the athletes to stretch their muscles and test their racing form following over 25 hours of flying time to reach Budapest from New Zealand.

From here, paddlers will travel to Lisbon, Portugal on the 19th July where they will begin final preparations for the Championships. World Champs racing commences on Thursday 23rd July and will run through to Sunday 26th July.

Good luck boys! We know you have put in a lot of hard work both in training and to getting overseas, and we can't wait to see your achievements!

Welcome GDO Jeffery





Sport Whanganui welcomed a new face to the sports house hub recently - Donna Jeffery is Netball Wanganui's new Game Development Officer.

Donna has been in the GDO seat four months now, and with the netball season now under way she is fully immersed in the sport that she loves. The netball calendar has already been busy for Donna with Masters Games, Rep Trials, school holiday programmes, the junior academy, umpire programmes, coaching modules and more. A recent training session for 30 representative players hosted by Silver







Ferns Joline Henry and Jodi Brown has added to the excitement.

An accomplished netballer herself, Donna started playing for Wanganui Marist Netball in 2002. She coached adult Marist teams, and coached the Wanganui High School A2 team during a stint there as a Sports Co-ordinator. With a background in banking, six years with NZ Police and a two-year Sport & Fitness Management Diploma, Donna is in fine form for her latest career move.

Sport Whanganui congratulates Donna on her new role.



OUT & ABOUT IN Mhanganui

Have you seen **Suzy** - the McDonald's Mud Muster[™] event vehicle? Keep an eye out for the dirtiest Suzuki Swift Sport in town thanks to David Jones Motors.



Ron Bissett Memorial Multisport Race

After initial concerns about extreme wet weather the Whanganui Multisport Club hosted the annual Ron Bisset Memorial Multisport Race where the sun came out on race day and the low tide left conditions in very good order.

The Memorial Race is held each year in May to honour Ron Bisset, a former club member and winner of the first Ironman event held in New Zealand in 1977.

This year's event was well supported with just over 70 participants taking part across the three duathlons and one multiport race being contested on the day. The Kids Duathlon, introduced this year, proved popular and consisted of a 1km run, 4km cycle and 1km run. Out of 19 competitors, line honours went to Sage Zimmerman, with Arlo Johnston runner-up and Riley Wright in third.

The adult duathlons followed the same format with the short distance course being a 2.5km run, 10km cycle and a 1.25km run. The long course consisted of a 5km run, 20km cycle and a 2.5km run. And finally, a 5km run, 20km cycle and 5km kayak to finish made up the memorial multiport race.

In the short course duathlon, Briley Zimmerman was the first home in 36m 39s followed closely by Te Mana Kaura finishing in 37m 41s.

The long course duathlon was won by team mates Tom Francis and Lee Harris in the swift time of 59m 44s while the individual winner went to Jimmy Hildreth in 1h 8m 21s. The first female home was Tonia Nesbitt in 1h 13m 13s.

Aaron Cox finished strong to clinch first place overall in the multisport event in a time of 1h 23m 26s and claimed the trophy. Young up and coming paddler, Sapere Simon, was the first female home in 1h 45m 26s.

The next event on the Whanganui Multisport Club's calendar is a club duathlon race to be held on Sunday 26th July at the Top 10 Holiday Park.



TAIHAPE CRICKET SKILLS HOLIDAY PROGRAMMESkills based programme for 7 to 10 year olds boys and girls.Tuesday 14th July, \$15 per person. To register please contact:Rebecca Brownlie I triffad@hotmail.com

Top Psychologist brings expert advice



Sport Whanganui recently played host to Gary Hermansson, Performance Psychologist and Professor of Psychology at Massey University. Hermansson shared his knowledge with local athletes in the city as part of the

Sport Performance Whanganui workshops.

With extensive involvement in Sport Psychology and consulting for over 25 years, Hermansson works with individual athletes, squads and teams at varying levels of recreation to elite. His areas of specialty are psychological skills development, dealing with psychological barriers to performance, sport counselling and team development work.

Attendees at this workshop, held at Sport Whanganui on Monday 8th June, found it very enlightening and left with a new approach to Sport Psychology.

For more information about Sport Performance Whanganui check out the Sport Whanganui website or connect on Facebook through the *Pathway Promising Athletes* page.

Coaching Forum

Coaching is a critical issue in sport as you may well be experiencing. Finding coaches, providing development and keeping them are challenging sports like never before.

Sport Whanganui are currently working with schools and codes on coaching and volunteers projects including the "Join a Team" parent engagement in sport pilot, "Tri Whanganui", "Te Kāhui Maunga Festival" Iwi Games, Whanganui Rugby Coaching Plan and Secondary School Coach Coordinators.

Currently we have access to some Performance coaching experts that will be in town with our Pathway to Podium talent development hub and we would like to leverage their time to provide access to other coaches. Alongside this, we are hearing from athletes, parents, schools, clubs and sports codes that basic 'How to Coach' support is very much needed.

We recently invited sports and secondary schools to a forum held at Sport Whanganui to discuss coaching and to look towards collaborating more.

For more information on Coaching please contact: Nicole Dryden I 027 4402481 I <u>nicole@sportwhanganui.co.nz</u>



Be sure to head down to Jubilee Stadium on Thursday 18th June to see all the action from the Taipahake Kaumatua Olympics! Pictures will be posted on the Sport Whanganui Facebook page.

Rugby League Camp

Recently Whanganui played host to some of the top up and coming Junior Rugby League Players from our region during the Mid Central Zones annual Performance Camp.

These players were chosen as part of a talent identification program that Rugby League runs nationally to identify and nurture young talent in the game. Coaches and officials from many clubs, like those at the New Zealand Warriors, were in attendance to help develop and educate players and their families about the player pathways and their welfare.

Players were fitness tested and surveyed in regards to their life and sporting goals so that Mid Central Zone with the assistance of New Zealand Rugby League can continue to develop new and exciting programs to help develop players and their communities in the future.

On the 5th of July Whanganui will also host the Junior Club Champs which includes the top under 13, 15's and 17's club teams from Taranaki and Manawatu. It is hoped that more of these sorts of events will come to Whanganui and help grow the sport of Rugby League in our region in the future.





Whanganui Interschool MTB Champs

The Whanganui Interschool Mountain Bike Champs took place on Friday 12th June at Harakeke Forest.

92 riders from our regions Intermediate and Secondary Schools took on the course in the wet, dismal weather with junior, intermediate and senior categories and both individual and team options on offer.

Congratulations and well done to all riders who took part, and to those who placed in their respective races:

Year 7 & 8 - Connor Hoskin, Riki Wainhouse, Scott Emerson (Boys). Genna Maples, Taylor Brunger & Ara Molin (Girls).

Year 7 & 8 Teams - 1st Wanganui Intermediate, 2nd St Anne's and 3rd Wanganui Intermediate.

Year 9 & 10 - Hunter Gilbertson, Kyle Hoskin, Joesph Loveridge -Hills (Boys). Mia Gemmell, Kate Wells & Libby Abbott (Girls).

Year 9 & 10 Teams - 1st Wanganui High School, 2nd Wanganui City College and 3rd Wanganui High School

Year 11, 12 & 13 - Finn Williams, Lochie Steadman, Hayden Nicoloff (Boys). Gabrielle O'Connell, Emma Rainey & Mikal Terry (Girls).

Year 11, 12 & 13 Teams - 1st Wanganui High School, 2nd Wanganui High School and 3rd Cullinane College.

Special thanks must also go to the following groups for helping to make this event possible: WMTBC, Harrisons Hire Master, Civil Defence Wanganui, Wanganui Intermediate.









NEW ZEALAND JIU JITSU ACADEMY

Toa Kids Class

5 - 7 year olds Mondays at 4pm **Colts Class** 13 - 18 year olds Mondays at 5:30pm

Come along to one of the above classes or contact us for more information:

Shanon Casson - Head Instructor

021 0274 6291 | shanoncasson@nzjjacademy.com

69F Taupo Quay (Opposite the Warehouse Department store)



NEW ZEALAND JIU JITSU ACADEMY

RANGITIKEI GOLF CLUB



Club Championships have now been played and congratulations goes to the following champions for 2015:

Men's Senior: Martin Field Runner Up: Geoff Ingram Men's Intermediate: Bob Giles Runner Up: Lyndon Moore *Men's Junior:* Brett on the 37th over pire Junior B: Tyrone Barker Runner Up: Brian Northcott Ladies Silver: Jill Hall Runner Up: Lee Pudney Bronze I: Elizabeth Kinloch Runner Up: Michelle Mossop Bronze II: Hillary Tissingh Runner Up: Anne Robinson

Thinking about joining? Only \$250 for your first year!

Upcoming June events:

Sunday 21st Soup and Dessert Luncheon, \$25 a ticket Sunday 28th Ladies Weekend & Championship Pennants

Raumai Road, Bulls | 06 3221 475

WANGANUI TENNIS CLUB

CLUB DAYS:

Tuesdays 8.45am onwards Wednesday 1pm onwards Thursday 8:45am onwards Saturday 1pm onwards Sunday 1pm onwards



JUNIOR CLUB TENNIS: Fridays 3:30 - 5:30pm. Come along for ' a mixture of singles, doubles, mini tennis, crazy games, drills and coaching. Open to members of all ages and abilities.

SQUAD TRAINING: Thursdays. Spaces available for this amazing deal for coaching for newer players. \$20 only for an entire term of coaching-1 hour per week.

Bassett Street, Wanganui I tenniswang@xtra.co.nz

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Does your Club have a public notice you would like included in our newsletter?

If you wish to promote any upcoming events, courses, coaching clinics etc. or key club contact details we would love to include it in our newsletter.

Please email <u>rachel@sportwhanganui.co.nz</u> or phone 06 349 2318.

*Please note that the content and quantity will be at our discretion as will the design and layout.

WANGANUI ROLLER SKATING CLUB

Public Session Times - \$5.00 Entry

Fridays 7-9pm, Saturday's 2-4pm & 7-9pm, Sunday's 2-4 pm

Learn to Skate Classes - \$5.00 Entry Thursdays 6-8pm. For all enquiries phone Gary on 348 8366

If you are interested in:

Speed Skating contact coach Gary Clark on 348 8366 Artistic Skating contact Hannah Smith on 027 842 3229 Playing Roller Hockey contact David Dench on 021 0836 7706

37 Hatrick Street | 345 3381



NETBALL HOLIDAY PROGRAMME

Netball Wanganui will be holding a Netball Holiday Programme at Springvale Stadium in July.

Mon 13th July	9am - 12pm	Year 1 & 2	\$10	
•	12.30pm - 3pm	Year 3 & 4	\$10	
Tue 14th July	9am - 3pm	Year 5 & 6	\$25	
Wed 15th July	9am—3pm	Year 7 & 8	\$25	
Desister before Thursday 25th lung				

Register before Thursday 25th June

Email donna@sportwhanganui.co.nz for a registration form or phone 06 349 2326.

GONVILLE SWIMMING CLUB REUNION 2015

The Gonville Swimming Club invites past swimmers, divers, supporters and partners to attend the 2015 Reunion, which will be taking place in Whanganui on 24th and 25th October.

Registration is \$30 per person which includes Saturday's Meet & Greet, Sunday's Splash & Dash plus Morning and Afternoon Teas. Dinner is \$50 and transport is available.

Jane Lowe | 06 343 1325 | buickvalley@gmail.com



event organisers (Wanganui Harrier Club

SATURDAY 12th DECEMBER 2015

• 4 LAP COURSE FOR FULL MARATHON FOR MORE INFORMATION Phone: Allan and Pat Carter on 06 348 7750 or Allan on 027 246 5976 Pat 027 246 5975 • 3 LAP COURSE FOR 3/4 MARATHON • 2 LAP COURSE FOR HALF MARATHON wanganuiharrierclub@gmail.com





I LAP FOR 10KM **5KM DUBLIN/CITY BRIDGE LOOP**