



Breakfast

Light -8

- Butterworks Farm yogurt, fresh fruit, hazelnut granola
- Poached duck egg, steamed greens, sea salt, toast
- Breakfast sandwich, English muffin, egg, cheddar, choice of meat
- Local oatmeal, spiced milk, maple syrup, butter
- House made cereal, toasted oats, kasha, millet, amaranth, milk, fresh berries

Classic-11

- Eggs benedict, hollandaise, ham, English muffin, home fries
- 2 eggs, meat or hemp seed patty, toast, home fries
- Wild blueberry pancakes, maple syrup, butter
- Red Hen bread French toast, maple syrup, whipped cream, berries

Hearty -13

- Red Flannel Hash, grass fed corned beef, beets, potatoes, 2 eggs, toast
- Market vegetable strata, chevre, side of meat or hemp seed patty
- Roasted Mushroom tartine, poached eggs, Tarentaise cheese
- Monte Verde eggs, 2 eggs, local bean salsa, arepas, chorizo, queso fresco

Sides - 4

- 2 eggs
- Smoked bacon, breakfast sausage or ham
- Fresh fruit
- Home fried fingerling potatoes
- Red Hen toast, English muffin or bagel
- Steamed Greens
- Hemp seed patty

Please note eating raw or undercooked food may increase your risk of food borne illness