



The Black and White



February 2014 edition

Woonona Surf Life Saving Club

Illawarra Club of the Year 2009, 2012 & 2013

NSW Club of the Year 2013

Illawarra Patrolling Club of the Year 2009 & 2013

The Presidential report

Your committee has been busy since Christmas with events completed for you (bare foot bowls) and further in the planning (trivia night and Villains Concert). We have also had some success on the sponsorship front with Woonona Bulli RSL providing funding for 3 new rescue boards and additional life-saving education equipment, RUS Mining with funding for 3 new adult race boards, Fibre Optics with funding for a new ski, Woonona Petfood and Produce with funding for a new nipper foamie. We have also secured a good sponsorship from Appin Valley Way to help the clubs general finances. Well done Steve Bow for your hard work in securing these sponsors.

We have also received grant funding to fit out the Nicholson Park amenities shed and now await council to undertake their preparatory works. Lets hope we can be in there for next season.

In other news, I would like to ask that all members be vigilant when leaving the surf club premises. I have on two occasions now noticed that the hall has been left open for no apparent reason. If the afternoon patrol could please do a security sweep to ensure everything is locked before leaving the beach it would be most appreciated.

Chappo

Fundraising

Entertainment books are available to purchase on presentation day for \$55 – offers discounts on local entertainment, and raises funds for the club.

The Entertainment™ Book is a local restaurant and activity guide which provides hundreds of up to 50% off and 2-for-1 offers from the finest restaurants, cafes, attractions, activities, retailers and hotel accommodation. The Membership entitles buyers to exclusive offers that are virtually restriction free, literally pages and pages of offers to enjoy all year long. Click here for more information <http://www.entertainmentbook.com.au/search-the-book.aspx?bookinit=wollongong>

Contact: Macca
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Save these dates!

- 15 March – Trivia night
- 16 March – Nippers
- 30 March – Nippers & Presentation
- 24 May – Villains Benefit Night

Lifesaving

I'd like to thank everyone that completed their patrols over the busy Christmas period. We completed our patrols well and had some very good results. On December 28 our IRB was called to assist Bulli with a boat that had been pushed on the rocks and two people were either in the water or on the rocks. The rescue was completed in difficult conditions and on return to Woonona the IRB was tasked to Bellambi to assist another boat broken down on the bommie. This boat was then assisted to Bellambi harbour. With Bulli we were awarded the Illawarra Rescue of the month for our efforts.

On February 9th an 18 year old boy dived into shallow water at Woonona and in doing so broke vertebrae in his neck. The patrol immediately came to the assistance of the boy and through the use of common sense and experience managed the patient until ambulance arrived. The patient was taken to Wollongong hospital and our actions were praised by ambulance and doctors who stated if the patrol had not done what they did the boy may have died. Whilst this was happening another person had to be rescued from the surf and others had to be moved to safety. The actions of this patrol were exceptional.

We have now gone into a period where competition is held during Saturdays and Sundays and I want to ensure that the patrols are what we are here for and they are covered.

The club has a fine record of patrols and I ask the all members complete their patrols and continue this tradition.

J.MCINALLY
Director of Life Saving

Illawarra Junior Branch Carnival



Congratulations to all the competitors who have recently competed at both the Thirroul and Branch carnivals. These carnivals are a flow on from the very competitive Sydney Water series that was held at the end of 2013. For a relatively small Woonona competition team we certainly impressed with lots of podium finishes across a large variety of events. It was even more pleasing to see the new faces that gave the competitions a go for the first time and many of these athletes were able to win medals for the club. I hope that next season we see even more of our Woonona nippers attending these carnivals as we have loads of talent throughout the club. Well done to each and every athlete that competed at the carnivals- you certainly did the Woonona Surf club proud. Good luck to our even smaller team competing at the State Surf lifesaving championships at Umina in the first weekend of March.

Northern Beaches Nippers Challenge


The Stingrays travelled to Sandon Point on 9 February to participate in the annual Northern Beaches Nippers Challenge. The Challenge is an opportunity to participate in a carnival like atmosphere with nippers from Sandon Point, Thirroul and Bellambi. It was a great day with small surf and sunny weather. The Stingrays were well represented across all ages groups and combined with the nippers from other clubs in the friendly spirit of the day. As usual, our dedicated water safety team helped the nippers confidently negotiate the water events.

Hosting this event is a massive undertaking. Thanks to Sandon Point SLSC for organising this event in 2014.

Nippers 16 February Point Score

The first point score for 2014 was an epic affair. Rain threatened and the surf built during the morning, but the Stingrays turned up in a major way to compete. Effort and determination were on show with lots of nippers swimming and paddling around the cans set about 80m out on a big high tide (which made for a long swim in deep water). The sand events were also keenly contested with many kids ending up like crumbed sausages at the end of flags and very puffed after sprinting 100m.

The Woonona Club really stepped up on the day. The Senior Branch Carnival was on at the same time, and many SCR/Bronze holders came along to provide a safe and enjoyable beach for the nippers (PS: we know who you are now ...). The effort on the beach was matched by Alison and Renee on the BBQ - must have been good because it was all demolished. Timing was perfect, because once everything was packed up, it started to pour with rain. Well done Stingrays for a great point score.

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