

Woonona Surf Life Saving Club

Illawarra Club of the Year 2009, 2012 & 2013

NSW Club of the Year 2013

Illawarra Patrolling Club of the Year 2009 & 2013

Last week I completed my award skills update (proficiency), it was good to see the good turn out and the efficiency of the event. For those of you who have not undertaken your proficiency, you will have one more opportunity next weekend (**22nd Dec**).

Congratulations to all those who competed in Sydney Water. It was good to hear about some of the results. Special congrats to Zara Sharman for making the Inter-Branch Team. Keep training for the Thirroul Carnival and Branch titles now kids.

You will have noticed that some of the bushes have been trimmed. This is only stage one of the works to be conducted at the Beach. Further vegetation reduction will commence at some stage in the new year.

Patrols now start an hour earlier and finish an hour later. Please make sure you arrive at your patrol in time to set up.


Have a Merry and Safe Christmas.

Eon Chapman
President



To our vigilant Patrols, IRB crews, Nippers, Rookies, the Rowing teams, and our exceptional bronze and SRC course participants, as well as the great representation at our Junior/Senior Surf Carnivals.

A couple more events and social activities to put in your diaries before we break for Christmas, and I wish you and your families a safe and enjoyable Christmas, see you all in the new year, destination :

Woonona Club. 

Save these dates!

22 December – Last chance proficiency!!!!

Christmas Nippers!!!!

18 January – Branch Rookie Day

1 February – Junior Centenary Carnival, Thirroul

2 February – WSLSC Nippers is BACK!

1 February – Bunnings Fundraiser BBQ

9 February – Sandon Point Fun Carnival!

15 February – Junior Branch Carnival, Bulli

16 February – WSLSC Nippers

15 March – Trivia night

24 May – Villains Benefit Night

Fundraising

Appeals Day

Thank you to everyone who participated in appeals day, our club raised just over \$8,000 for Surf Lifesaving Australia.

New Year Instant Party Raffle

Some of the proceeds may go towards sending our competitors to Aussies in Perth.

Help us by selling a book of tickets or by taking a shift selling tickets at Woonona East Liquorland or IGA.

- Liquorland shifts Fri 4-7pm and Sat 3-6pm
- IGA shifts Thurs 4-6pm and Sat 10-12pm

Bunnings BBQ

We will be holding a Bunnings BBQ on 1 February 2014, *we need helpers*, so give Kieran a call if you can help.

Community Building Partnership Grant

Woonona Surf Club has just been advised that we were successful in obtaining \$13,000 in the Community Building Partnership grant. The grant is for the fit out of the Nicholson Park building for increased storage and new gym. The project will involve working closely with Wollongong City Council, who will be completing the structural work to the building. I would like to thank Ryan Park for supporting our project and making these funds available.

For more information on any of these, contact Kieran 0429728879 or Stacey 0407710221

Junior Washup



The Twilight nippers on Nov 24th was fantastic, with ideal surf and our first point score for the season, followed by a BBQ and the bar open in the clubhouse.

The surf at the 8th Dec nippers proved tricky but still lots of fun and a good challenge for our stronger nippers.

I would like to thank the nipper families who stayed for the spreading of Ron "Nugget" Nipperess' ashes – the family were so pleased with how many nippers stayed to be part of the guard of honour for the family; thank you so much.



Coming up on **22 December**, we have Christmas nippers! As per tradition a special guest will be arriving at 11.20am so make sure all you nippers are down there to say hi!



In other news, congratulations to our Sydney Water team who proudly represented Woonona:

Zara Sharman, Caleb Sharman, Beau A'Bell, Ruby Sargent-Wilson, Billy Sargent-Wilson, Lewis Sargent-Wilson, Tess Stephens, Payton Brown, Caitlin Hill and Jack Bell. Tess got 5th in flags. Ruby made the final of sprint and was 7th in Flags. Lewis got 4th in flags.

At Warilla Sharmans and Sarg-Wilsons attended - Caleb was 2nd in swim and Billy 3rd on flags. Lewis got 5th in flags. Ruby 7th in sprint and 5th flags.

A big thanks to Adam Sargent-Wilson, for organising the kids over the 4 competitions.

Congratulations to Zara Sharman and Yvette Avery for being selected to represent the Illawarra at the NSW inter-branch championships at Soldiers Beach on 13 & 14 December. Our Branch came 6th in the state, ahead of South Coast – well done guys!



IMPORTANT REMINDER FOR PARENTS:

9th February – Sandon Point has invited us to a Fun Carnival! All of our nippers, age managers and water safety will be going along. 9.15am marshal (first event @ 9.30am). The morning will go for 2 hours, and it'll be plenty of fun, so put the date in the diary now!



Rookies Corner

The past few months for our Rookies have been awesome!! It was kick-started with Nippers in October where once again our Rookies have provided undivided attention to our Nippers via water safety. There have been a few nasty days in the surf (notably, last Sunday) where our Rookies didn't get to rest until the end. On behalf of the club, thanks for all your hours in the first half of the season.



We have had our Youth Camp at Coledale camping ground which was amazing to say the least. Jetski's, surfing, IRB's, jet boats, trivia and camping games were a few of the activities we got up to. The camp was a great opportunity to launch the new Youth Involvement Program, which is now an important part of our Youth development and retention.

What's coming up now?

Proficiency: **22nd Dec** at 10am. All must complete including SRC's

Christmas nippers: **22nd Dec.** water safety Pizza party!

Social: Ice-skating and a trip to wet 'n' wild, will happen in the second half of the season.

Any questions? Don't hesitate to contact me. Rookies out!

Gabba

Illawarra Branch Rookie Fun Day

18 January 9am – 3pm

WLSLC are hosting Illawarra Branch Rookie Fun Day Madi can provide more info.

Charity Swim (Logans Clubbies)

Thanks to our clubbies who swam for Cystic Fibrosis.



Lifesaving

First of all I want to thank everyone for your efforts in patrols so far. We have had 3 near to perfect audits - well done. To the water safety who help on nippers days, you do an exceptional job in 1 Keeping the kids safe and just as important, giving them the confidence to be comfortable in the surf. This was shown in the bigger surf at last nipper day with the skills and courage shown by our nippers in a challenging surf. The stories (exaggerated) they are telling and the smiles on their faces made my day.

We are coming into the busy time of the year. Remember Saturday patrols are from 10-4 with a morning 10-1 and afternoon 1-4. Please everyone attend or get substitutes. Those staying home over Christmas and can help out others going away please do if you can and help your mates and the club. You can have a break after the holidays.

The patrol of the year competition has started and will continue. I know this will be a close result and well contested so please co-operate with Rachel and show us how good you are.

Congratulations to Scott for his selection in the Life Savers exchange program over the Australia day weekend. It will be an eye opener and you get a lot out of as all the previous attendees have.

Everyone have a great Christmas New Year stay safe keep our beach safe and if at all possible have fun.
MACCA

Bronze squad

Congratulations to our first squad to have completed their bronze this season

- ✓ Justin Brown
- ✓ Lizz Quin
- ✓ Mitch Vorley
- ✓ Hayley Brown

Morgan McKinnon



Surf Sports

Bronze Medallion and SRC holders, Each year we undertake Award Skills Maintenance (Proficiency). The last date for this year is **22nd December**. Commencing in the courtyard at 10am with the dry component and move to the beach for the timed swim and rescues at 11am. If the dates are not possible, please contact us as soon as you know (before 22nd Dec) so we can discuss options, however, other than in exceptional circumstances, no other proficiencies are planned to be conducted.

Just a couple of changes this year, the wet and dry components of the Bronze Medallion and SRC will be done on the same day and all awards (incl. ARTC, Spinal etc.) will also be completed on the day. There is a SLSA document setting out the requirements for each award in more detail for those who are interested. If you have any questions feel free to contact Morgan MacKinnon or myself (0416204303). Thanks, Phill Geary

Boats

We have great representation in the Rowing teams this year, with Vommers, JAMM, Woo Girls, Vet Women WaveRider and Tonners

Congratulations to the Woonona open womens crew coming 2nd at the Garie dash. First Carnival – finalists!

Woonona Rowers Wave Session:

<http://www.youtube.com/watch?v=0pdJbi5dUik&feature=youtu.be>

Watch these websites for competition and event updates:





Junior Training & Surf skills Development Day 2013

Warilla Surf Lifesaving Club
28th December 8:30am till 3pm



Warilla Barrack Point are proud to announce the return of their two Kellogg's Nutri-Grain Ironman for the next Junior Training and Surf Skills Development Day. Children ages Under 9's to Under 14's are invited to take part in training for multiple surf sport skills including meeting and training with both Ali and Hayden and will finish with a mini surf carnival so the kids can show their newly learnt surf skills.

While the kids warm up ready for training Parents are invited to a welcoming morning tea from 9am till 9.30 were you will meet the boys and their families and hear their journeys from Nipper to Ironman you will also have the opportunity to ask any questions.

Thanks to our event sponsors Woolworths and Kellogg's morning tea and lunch will be provided for both Children and Parents on the day. Thanks to our event sponsors Engine Swimwear 1st, 2nd and 3rd prizes will be given on the day.

Event is limited to 80 children, A limit of 20 children per club you must pre register your child / children by 24th December by emailing Jason Hall at jdhall7@bigpond.com.au

A registration fee of \$20 per child will be charged on the day and children will need to wear a wristband at all time to indicate payment. Parents with current bronze certificate are asked to bring their oranges and help with water safety on the day.

