



The Black and White



November 2013 edition

Woonona Surf Life Saving Club

Illawarra Club of the Year 2009, 2012 & 2013

NSW Club of the Year 2013

Illawarra Patrolling Club of the Year 2009 & 2013

The season is speeding along. We have completed our annual appeals day collection and thank you to all who assisted. Due to your participation, this continues to be our biggest fundraiser for the year.

Well done!

During the month you were represented by 15 club members at the SLSA awards of excellence where we were nominated for the prestigious honour of SLSA Club of the year 2013. Unfortunately we did not take the top award. Against us for the awards were three clubs who were up for nomination for the second time and clubs that had extremely strong finances. The judges have given us some positive feedback regarding the presentation and nomination that they were impressed with & what we had achieved and fully expected to see us in the running again in the future. We are proud of our NSW Surf Life Saving Club of the year status.

Your social committee has put together a great social program for year. Please take the opportunity to participate in these activities and feel free to introduce new people to the club in the process. I am looking forward to the upcoming wine and cheese night and the Christmas Party.

Your fundraising committee is also organising fundraising activities that are need to provide the club with much needed finances but also provide our members with an enjoyable experience as well. We will be having our annual New Year's Instant Party raffle, Trivia Night, Bunning's BBQ and Villains Concert – join in.

Thank you all

Eon Chapman
President

Save these dates!

23 November 6.30pm Wine & Cheese night.

24 November 2.30pm Nippers # 3 TWILIGHT

7 December 6.30pm – Christmas Party

8 December Nippers #4

18 January – Trivia Night

1 February – Junior Centenary Carnival, Thirroul

9 February – Sandon Point Nippers!

15 February – Junior Branch Carnival, Bulli

24 May – Villains Benefit Night

We have had a cracking start to nippers this season. While the conditions haven't been ideal, everyone's been having a good go!

Our next nippers is a twilight nippers - 24th November @ 2.30pm. Thank you to the parents helping with set up, the members cooking the BBQ, and to the Computer Guy for sponsoring the BBQ for our first five nippers.

Congratulations to our competitors at the Sydney Water series; we have seen great results already with two more rounds to go at Warilla and Thirroul. There is surf training and board training available for Under 8 nippers and above each week. All skill levels are strongly encouraged to attend!

Surf training - Thursdays @ 4pm,

Board training - Fridays @ 4pm.

Finally, the Youth Camp is also on November 23/24 at Coledale Beach. RSVPs close on 11 November, but talk to Gabs if you missed the date and would still like to come along. It's expected to be an action packed, sleepless weekend! See you at Twilight Nippers!

Madi Bow
Junior Director

The Woonona kids are doing really well at Sydney Water Carnivals. We have had 10 competitors each week and lots of top ten finishes. They are all really improving and doing a fantastic job representing the club.

Results from the first two carnivals:



NAME	WADE	SPRINT	FLAGS	SWIM	BOARD
Lewis SARGENT-WILSON	FINAL	7th	3rd		
Ruby SARGENT-WILSON		SEMI	2nd	12th	
Billy SARGENT-WILSON				4th	
Zara SHARMAN				8th	
Caleb SHARMAN				FINAL	
Tess STEPHENS			7th		
Caitlin HILL					
Payton BROWN					
Beau A'BELL					
Jack BELL					

NAME	WADE	SPRINT	FLAGS	SWIM	BOARD	IRONMAN
Lewis SARGENT-WILSON			3rd			
Ruby SARGENT-WILSON		7th	5th			
Billy SARGENT-WILSON			6th	8th		
Zara SHARMAN				5th		
Caleb SHARMAN				7th		
Tess STEPHENS			7th			
Caitlin HILL		6th	7th			
Payton BROWN						
Beau A'BELL			9th			
Jack BELL						
Max DIGNAM						

Still to come:

Round 3 16/11/13 Warilla

Round 4 30/11/13 Thirroul

Adam



Wine & Cheese night – 23rd November

6.30-9.30

Movie night for the Kids!

Upstairs in the club house, projector screening of a new release.

BYO: beanbag, pillow, blankets, etc
Free movies and popcorn!



Wine and Cheese Tasting for the adults!

Downstairs in the courtyard, lashings of classically matched cheese and wine.

Try four of our perfect pairs for \$15



RSVP: Gabs 0402153646 by November 4th

Reminder: **RSVP by the 15th of November** to Gabs on 0402153646 - for a fantastic night of tasting under the stars at the Wine & Cheese night **\$15** (free Movies for the kids!)

Christmas Party – 7th December 2013



Youth Program Sponsor

Surf Sports

This year, Woonona is looking to participate in some other avenues of competition, in particular the Patrol competition and First aid competition. These events will likely be run at Branch, and will be run at State and Australian Titles.

Both of these sports assess the skills of competitors in tasks associated with surf rescue patrol work. These include physical, theoretical, first aid and scenario tasks and are undertaken by a team of patrolling members. We've already seen some interest from members and wish to begin training and finalise teams. This is a great opportunity for those who wish to compete, but have thought that surf boats, boards, IRB'S or beach events are right for them.

If you are interested or want further information, please contact me.

Mitch Bell

mitchell.bell7392@gmail.com

0415553313

Message for all **Bronze Medallion** and **SRC holders**, Each year we undertake Award Skills Maintenance (Proficiency). The dates for this year are; 10th Nov, 17th Nov, 1st Dec, 15th Dec and 22nd Dec. They will commence in the courtyard at 10am for each date with the dry component and move to the beach for the timed swim and rescues at 11am. You are welcome to attend whichever date you prefer. If the dates are not possible, please contact us as soon as you know (before 22nd Dec) so we can discuss options, however, other than in exceptional circumstances, no other proficiencies are planned to be conducted.

Just a couple of changes this year, the wet and dry components of the Bronze Medallion and SRC will be done on the same day and all awards (incl. ARTC, Spinal etc.) will also be completed on the day. I have also attached a SLSA document setting out the requirements for each award in more detail for those who are interested.

If you have any questions feel free to contact Morgan MacKinnon or myself (0416204303). Thanks, Phill Geary

Watch these websites for competition and event updates:

WSLSC



SLS Illawarra



SLS NSW



SLS Australia

