

1. Date of workshop.

	Response Count
	162
answered question	162
skipped question	1

2. Ethnicity of child.

	Response Percent	Response Count
Maori 	6.9%	4
NZ European 	81.0%	47
NZ European/Maori 	12.1%	7
Other (please specify)		2
answered question		58
skipped question		105

3. Number of children in your care.

		Response Percent	Response Count
1		84.3%	75
2		13.5%	12
3		1.1%	1
4		1.1%	1
5		0.0%	0
6		0.0%	0
answered question			89
skipped question			74

4. How did you hear about Active Movement?

		Response Percent	Response Count
Plunket		96.2%	125
Early Childhood Centre		0.8%	1
Sport Wanganui		3.1%	4
Word of mouth		1.5%	2
Other (please specify)			19
answered question			130
skipped question			33

5. Was the approach practical and realistic?

	Not at all				Very	Rating Average	Rating Count
Rating	0.0% (0)	0.6% (1)	2.5% (4)	20.0% (32)	76.9% (123)	4.73	160
answered question							160
skipped question							3

6. Was today's session valuable to you?

	Not at all				Very	Rating Average	Rating Count
Rating	0.6% (1)	0.0% (0)	5.6% (9)	27.3% (44)	66.5% (107)	4.59	161
answered question							161
skipped question							2

7. If you deliver physical activity to 0-5 year olds, how confident do you feel now?

	Not at all				Very	Rating Average	Rating Count
Rating	0.0% (0)	0.7% (1)	17.0% (25)	38.8% (57)	43.5% (64)	4.25	147
answered question							147
skipped question							16

8. What are key messages for you from today's session?

		Response Percent	Response Count
Movement & activities are important		28.3%	34
Tummy Time		48.3%	58
Massage & touch		15.0%	18
Vestibular - spinning, rocking, etc		10.8%	13
Crawling (opp arm, opp leg)		6.7%	8
Milestones (stages of development)		6.7%	8
Movement important for brain development		10.0%	12
New activity ideas		2.5%	3
Interaction with baby		3.3%	4
	Other (please specify)		57
		answered question	120
		skipped question	43

9. How will you use what you learned today? What do you intend to do?

		Response Percent	Response Count
Tummy time		35.9%	46
Swiss ball / Beach ball		24.2%	31
Bubbles		20.3%	26
Vestibular activities (swinging, rocking, etc)		7.0%	9
Scooter board		0.8%	1
Massage		17.2%	22
Watch DVD / Read info		5.5%	7
Do activities every day / more often		13.3%	17
Encourage partner/kids to play with baby		2.3%	3
Make more time for activities & movement		10.9%	14
	Other (please specify)		33
answered question			128
skipped question			35

10. How often to you intend to do it?

		Response Percent	Response Count
Daily		95.0%	152
Weekly		4.4%	7
Monthly		0.6%	1
Never		0.0%	0
answered question			160
skipped question			3

Q1. Date of workshop.

1	14/06/2012	Aug 12, 2013 11:51 AM
2	26 January 2012	May 15, 2012 11:23 AM
3	26 January 2012	May 15, 2012 11:22 AM
4	26 January 2012	May 15, 2012 11:22 AM
5	26 January 2012	May 15, 2012 11:21 AM
6	1 February 2012	May 15, 2012 11:20 AM
7	1 February 2012	May 15, 2012 11:19 AM
8	1 February 2012	May 15, 2012 11:18 AM
9	2 February 2009	May 15, 2012 11:18 AM
10	10 February 2009	May 15, 2012 11:17 AM
11	10 February 2009	May 15, 2012 11:16 AM
12	10 February 2009	May 15, 2012 11:16 AM
13	10 February 2009	May 15, 2012 11:15 AM
14	10 February 2009	May 15, 2012 11:15 AM
15	10 February 2009	May 15, 2012 11:14 AM
16	9 February 2009	May 15, 2012 11:14 AM
17	9 February 2009	May 15, 2012 11:13 AM
18	10 February 2009	May 15, 2012 11:13 AM
19	12 March 2009	May 15, 2012 11:12 AM
20	12 March 2009	May 15, 2012 11:10 AM
21	12 March 2009	May 15, 2012 11:10 AM
22	13 March 2009	May 15, 2012 11:09 AM
23	31 March 2009	May 15, 2012 11:09 AM
24	31 March 2009	May 15, 2012 11:08 AM
25	31 March 2009	May 15, 2012 11:07 AM
26	30 April 2009	May 15, 2012 11:05 AM
27	30 April 2009	May 15, 2012 11:05 AM
28	30 April 2009	May 15, 2012 11:04 AM
29	30 April 2009	May 15, 2012 11:03 AM
30	30 April 2009	May 15, 2012 11:03 AM

Q1. Date of workshop.

31	30 April 2009	May 15, 2012 11:02 AM
32	11 June 2009	May 15, 2012 11:01 AM
33	11 June 2009	May 15, 2012 11:01 AM
34	11 June 2009	May 15, 2012 10:59 AM
35	11 June 2009	May 15, 2012 10:59 AM
36	8 July 2009	May 15, 2012 10:58 AM
37	8 July 2009	May 15, 2012 10:57 AM
38	8 July 2009	May 15, 2012 10:56 AM
39	8 July 2009	May 15, 2012 10:56 AM
40	8 July 2009	May 15, 2012 10:55 AM
41	8 July 2009	May 15, 2012 10:55 AM
42	9 September 2009	May 15, 2012 10:54 AM
43	9 September 2009	May 15, 2012 10:53 AM
44	9 September 2009	May 15, 2012 10:52 AM
45	9 September 2009	May 15, 2012 10:52 AM
46	9 September 2009	May 15, 2012 10:51 AM
47	9 September 2009	May 15, 2012 10:49 AM
48	18 November 2009	May 15, 2012 10:49 AM
49	18 November 2009	May 15, 2012 10:48 AM
50	18 November 2009	May 15, 2012 10:47 AM
51	18 Novmeber 2009	May 15, 2012 10:46 AM
52	3 February 2010	May 15, 2012 10:45 AM
53	3 February 2010	May 15, 2012 10:45 AM
54	3 February 2010	May 15, 2012 10:44 AM
55	3 February 2010	May 15, 2012 10:44 AM
56	3 February 2010	May 15, 2012 10:43 AM
57	3 February 2010	May 15, 2012 10:42 AM
58	3 February 2010	May 15, 2012 10:42 AM
59	3 February 2010	May 15, 2012 10:41 AM
60	29 March 2010	May 15, 2012 10:40 AM

Q1. Date of workshop.

61	29 march 2010	May 15, 2012 10:40 AM
62	29 March 2010	May 15, 2012 10:39 AM
63	29 March 2010	May 15, 2012 10:39 AM
64	29 March 2010	May 15, 2012 10:35 AM
65	29 March 2010	May 15, 2012 10:35 AM
66	29 March 2010	May 15, 2012 10:34 AM
67	29 March 2010	May 15, 2012 10:33 AM
68	13 April 2010	May 15, 2012 10:06 AM
69	13 April 2010	May 15, 2012 10:06 AM
70	13 April 2010	May 15, 2012 10:05 AM
71	13 April 2010	May 15, 2012 10:05 AM
72	13 April 2010	May 15, 2012 10:04 AM
73	13 April 2010	May 15, 2012 10:03 AM
74	13 April 2010	May 15, 2012 10:03 AM
75	13 April 2010	May 15, 2012 10:02 AM
76	13 April 2010	May 15, 2012 10:02 AM
77	13 April 2010	May 15, 2012 10:02 AM
78	14 April 2010	May 15, 2012 10:01 AM
79	14 April 2010	May 15, 2012 10:00 AM
80	14 April 2010	May 15, 2012 9:59 AM
81	14 April 2010	May 15, 2012 9:58 AM
82	14 April 2010	May 15, 2012 9:58 AM
83	10 May 2010	May 15, 2012 9:56 AM
84	10 May 2010	May 15, 2012 9:55 AM
85	10 May 2010	May 15, 2012 9:55 AM
86	10 May 2010	May 15, 2012 9:54 AM
87	10 May 2010	May 15, 2012 9:53 AM
88	10 May 2010	May 15, 2012 9:53 AM
89	6 June 2010	May 15, 2012 9:53 AM
90	9 June 2010	May 15, 2012 9:52 AM

Q1. Date of workshop.

91	4 June 2010	May 15, 2012 9:51 AM
92	9 June 2010	May 15, 2012 9:51 AM
93	9 june 2010	May 15, 2012 9:50 AM
94	28 June 2010	May 15, 2012 9:50 AM
95	28 June 2010	May 15, 2012 9:49 AM
96	28 June 2010	May 15, 2012 9:48 AM
97	28 June 2010	May 15, 2012 9:48 AM
98	28 June 2010	May 15, 2012 9:47 AM
99	28 September 2010	May 15, 2012 9:46 AM
100	28 September 2010	May 15, 2012 9:45 AM
101	4 October 2010	May 15, 2012 9:44 AM
102	4 October 2010	May 15, 2012 9:43 AM
103	4 October 2010	May 15, 2012 9:42 AM
104	4 October 2010	May 15, 2012 9:42 AM
105	4 October 2010	May 15, 2012 9:41 AM
106	4 October 2010	May 15, 2012 9:41 AM
107	4 October 2010	May 15, 2012 9:39 AM
108	2 December 2010	May 15, 2012 9:39 AM
109	14 February 2011	May 15, 2012 9:38 AM
110	14 February 2011	May 15, 2012 9:38 AM
111	6 April 2011	May 15, 2012 9:37 AM
112	6 April 2011	May 15, 2012 9:36 AM
113	6 April 2011	May 15, 2012 9:36 AM
114	6 April 2011	May 15, 2012 9:35 AM
115	6 April 2011	May 15, 2012 9:35 AM
116	6 April 2011	May 15, 2012 9:34 AM
117	6 April 2011	May 15, 2012 9:34 AM
118	6 April 2011	May 15, 2012 9:33 AM
119	6 April 2011	May 15, 2012 9:32 AM
120	6 April 2011	May 15, 2012 9:32 AM

Q1. Date of workshop.

121	6 April 2011	May 15, 2012 9:32 AM
122	6 April 2011	May 15, 2012 9:31 AM
123	11 April 2011	May 15, 2012 9:27 AM
124	11 April 2011	May 15, 2012 9:26 AM
125	11 April 2011	May 15, 2012 9:25 AM
126	11 April 2011	May 15, 2012 9:24 AM
127	11 April 2012	May 15, 2012 9:23 AM
128	11 April 2011	May 15, 2012 9:22 AM
129	13 June 2011	May 15, 2012 9:22 AM
130	13 June 2011	May 15, 2012 9:21 AM
131	13 June 2011	May 15, 2012 9:21 AM
132	13 June 2011	May 15, 2012 9:20 AM
133	8 August 2011	May 15, 2012 9:20 AM
134	8 September 2011	May 15, 2012 9:19 AM
135	8 August 2011	May 15, 2012 9:18 AM
136	8 August 2011	May 15, 2012 9:17 AM
137	8 August 2011	May 15, 2012 9:16 AM
138	6 September 2011	May 15, 2012 9:16 AM
139	6 September 2011	May 15, 2012 9:15 AM
140	6 September 2011	May 15, 2012 9:13 AM
141	6 September 2011	May 15, 2012 9:12 AM
142	22 September 2011	May 15, 2012 9:11 AM
143	22 Septembe 2011	May 15, 2012 9:10 AM
144	22 September 2011	May 15, 2012 9:10 AM
145	22 September 2011	May 15, 2012 9:09 AM
146	22 September 2011	May 15, 2012 9:08 AM
147	22 September 2011	May 15, 2012 9:08 AM
148	22 October 2011	May 15, 2012 9:06 AM
149	1 February 2012	May 15, 2012 9:05 AM
150	5 March 2012	May 15, 2012 9:04 AM

Q1. Date of workshop.

151	5 March 2012	May 15, 2012 9:03 AM
152	5 March 2012	May 15, 2012 9:03 AM
153	5 March 2012	May 15, 2012 9:02 AM
154	5 March 2012	May 15, 2012 9:01 AM
155	5 March 2012	May 15, 2012 9:00 AM
156	29 March 2012	May 15, 2012 8:59 AM
157	29 March 2012	May 15, 2012 8:58 AM
158	29 March 2012	May 15, 2012 8:58 AM
159	29 March 2012	May 15, 2012 8:57 AM
160	29 March 2012	May 15, 2012 8:56 AM
161	7 May 2012	May 15, 2012 8:54 AM
162	7 May 2012	May 15, 2012 8:52 AM

Q2. Ethnicity of child.

1	Southeast Asian	May 15, 2012 11:22 AM
2	NZ/Samoan	May 15, 2012 9:08 AM

Q4. How did you hear about Active Movement?

1	Gemma	May 15, 2012 11:16 AM
2	Midwife	May 15, 2012 11:15 AM
3	Mothers Group	May 15, 2012 11:01 AM
4	Mothers Group	May 15, 2012 10:57 AM
5	Mothers Group	May 15, 2012 10:56 AM
6	Mothers Group	May 15, 2012 10:55 AM
7	Barnadoes	May 15, 2012 10:55 AM
8	Gemma	May 15, 2012 10:51 AM
9	Information leaflets, PAFT	May 15, 2012 10:49 AM
10	Posted letter	May 15, 2012 10:05 AM
11	Friends and hospital	May 15, 2012 10:01 AM
12	Mothers Group	May 15, 2012 9:58 AM
13	Mothers Group	May 15, 2012 9:55 AM
14	Mothers Group	May 15, 2012 9:54 AM
15	Mothers Group	May 15, 2012 9:43 AM
16	Mothers Group	May 15, 2012 9:42 AM
17	Mothers Group	May 15, 2012 9:41 AM
18	Mothers Group	May 15, 2012 9:27 AM
19	Facebook	May 15, 2012 9:12 AM

Q8. What are key messages for you from today's session?

1	Babies develop at their own pace.	Aug 12, 2013 11:51 AM
2	Move baby more	May 15, 2012 11:17 AM
3	Can'tt start exercise too soon	May 15, 2012 11:14 AM
4	I am a eqarly childhood teacher so I know all of this already. I raise my daughter based on the RIE/Paicker approach which encourages tree movement. I am opposed to a few things mentioned, but I feel that it is useful info for most new parents.	May 15, 2012 11:12 AM
5	Stimulation	May 15, 2012 11:09 AM
6	Start activity early	May 15, 2012 11:08 AM
7	Stimulation	May 15, 2012 11:05 AM
8	Play with baby while helping her learn	May 15, 2012 11:05 AM
9	Can never interact too much with your baby	May 15, 2012 11:03 AM
10	Senses and how they develop	May 15, 2012 11:02 AM
11	Senses and reflex stimulation	May 15, 2012 10:59 AM
12	Sounds, movement, smell, surroundings	May 15, 2012 10:57 AM
13	Rolling	May 15, 2012 10:55 AM
14	Sensory stimulation is critical	May 15, 2012 10:54 AM
15	Rolling	May 15, 2012 10:53 AM
16	Eye control	May 15, 2012 10:52 AM
17	Start movement early	May 15, 2012 10:49 AM
18	Moving and senses	May 15, 2012 10:47 AM
19	Rolling	May 15, 2012 10:46 AM
20	Swissball	May 15, 2012 10:45 AM
21	Encouraging movement	May 15, 2012 10:45 AM
22	Sensory stim	May 15, 2012 10:44 AM
23	Visual stimulation	May 15, 2012 10:44 AM
24	Eye development	May 15, 2012 10:42 AM
25	Balance & senses	May 15, 2012 10:41 AM
26	Eye tracking co-ordination	May 15, 2012 10:40 AM
27	Senses	May 15, 2012 10:40 AM
28	Bubbles, Stimulation	May 15, 2012 10:35 AM

Q8. What are key messages for you from today's session?

29	Available resources	May 15, 2012 10:06 AM
30	Correct development	May 15, 2012 10:04 AM
31	Activites for young babies	May 15, 2012 10:03 AM
32	Stimulate vestibular system	May 15, 2012 10:00 AM
33	Moving at a young age	May 15, 2012 9:59 AM
34	Visual stimulation	May 15, 2012 9:55 AM
35	Starting early is good	May 15, 2012 9:51 AM
36	stimulate babys senses	May 15, 2012 9:50 AM
37	Stimulate babys senses	May 15, 2012 9:48 AM
38	Stimulation	May 15, 2012 9:48 AM
39	Stimulation	May 15, 2012 9:45 AM
40	Touch movement	May 15, 2012 9:44 AM
41	There are lots of activites to try that I was not aware of	May 15, 2012 9:43 AM
42	Keep baby active from birth	May 15, 2012 9:42 AM
43	Stimulation	May 15, 2012 9:41 AM
44	Movement & balance	May 15, 2012 9:41 AM
45	Bubbles, balls	May 15, 2012 9:38 AM
46	Keep baby active	May 15, 2012 9:37 AM
47	Visual stimulation	May 15, 2012 9:35 AM
48	Reading, writing, eye movement and strength	May 15, 2012 9:32 AM
49	Utilising resources from home	May 15, 2012 9:27 AM
50	Encourage development	May 15, 2012 9:18 AM
51	Movement important from birth	May 15, 2012 9:16 AM
52	Importance or exercises	May 15, 2012 9:13 AM
53	Importance of movement	May 15, 2012 9:10 AM
54	Physical activity	May 15, 2012 9:10 AM
55	Develop important muscles	May 15, 2012 9:08 AM
56	Bubbles	May 15, 2012 9:06 AM
57	Reminders of activities	May 15, 2012 8:52 AM

Q9. How will you use what you learned today? What do you intend to do?

1	Work it out with my baby	May 15, 2012 11:22 AM
2	Turning	May 15, 2012 11:16 AM
3	Promote Active Movement to my clients	May 15, 2012 11:15 AM
4	Eye movement	May 15, 2012 11:09 AM
5	Practise exercises	May 15, 2012 11:09 AM
6	Carry out activites shown	May 15, 2012 11:01 AM
7	Movement and feel with baby	May 15, 2012 10:57 AM
8	Rolling	May 15, 2012 10:56 AM
9	Balance	May 15, 2012 10:52 AM
10	Turning	May 15, 2012 10:49 AM
11	Rolling	May 15, 2012 10:48 AM
12	Rolling	May 15, 2012 10:47 AM
13	Turn some of the activities	May 15, 2012 10:45 AM
14	Try different movements	May 15, 2012 10:43 AM
15	Stimulation	May 15, 2012 10:42 AM
16	Outdoors	May 15, 2012 10:41 AM
17	Encourage sensory stimulation	May 15, 2012 10:35 AM
18	On floor loads	May 15, 2012 10:05 AM
19	Teaching	May 15, 2012 10:03 AM
20	Development	May 15, 2012 10:00 AM
21	Use objects around the house for tactile experiences	May 15, 2012 9:59 AM
22	Get more touchy feely toys	May 15, 2012 9:55 AM
23	Touch	May 15, 2012 9:50 AM
24	Exercises during nappy changes	May 15, 2012 9:48 AM
25	Outside play, hit walking	May 15, 2012 9:46 AM
26	Get a bag of goodies	May 15, 2012 9:41 AM
27	Balance, reflex	May 15, 2012 9:41 AM
28	Give it a go at home	May 15, 2012 9:34 AM
29	Activites at home	May 15, 2012 9:16 AM
30	New ideas for activities	May 15, 2012 9:15 AM

Q9. How will you use what you learned today? What do you intend to do?

31	More concious of what movement I am doing	May 15, 2012 9:12 AM
32	Slow movement	May 15, 2012 9:10 AM
33	Help baby on floor	May 15, 2012 9:06 AM