

Case study – Wanganui boys and girls gymnastics club
How we have created capability in a sport using Fundamentals

Outcome No – 1 - Increased level of activity / **5** - Coach Development / **6** - Capability

SW Strategy – Sharing of best practise and creating a network of opportunities

Need – Quality deliverers of fundamental skills programmes across the region

Issues – Gymnastics Club in financial difficulty, needing restructure and reluctant to engage in schools based delivery.

- FMS gym sport delivery not possible without some influence of coaching structure
- Insufficient capability in rural areas to deliver to rural schools
- Travel costs need to be eliminated to rural areas for success of programme
- Lack of capable deliverers to support Sport Wanganui's FMS programme.

Process – Lead a restructure of the Gymnastics Club, resolving their financial issues through sound governance practices. Review and reallocate staff duties as appropriate for new structure, and begin up skilling of staff within the club. Also put in place development plan on behalf of club#. This allowed them to take on delivery of the FMS programme which in turn provides an alternative income stream for the club. This was extended in 2013 by Gymnastics being a pilot code for the Sport Wanganui teacher up skills. In order to reach outlying areas also facilitated an arrangement to get a satellite gym in operation in Taihape and later a group in Marton.

Desired outcomes

- **Community / Audience** – Our children received quality delivery of fundamental skills
- We have skilled deliverers for Gym Sports in all our regions.
- **Sport(s) / Schools** – The Gym Sports module is a popular choice in the FMS programme.
- **SW** – Sport Wanganui supports the Gym Club to deliver teacher up skill to many of the schools doing Gym Sport FMS.
- **Other** – Funders / sponsors – In the long term the Gym Club must be able to provide deliverers of its programmes and Sport Wanganui's FMS module independent of the current KiwiSport funding.

Linkages – Provided linkage to country schools for local gym club.

Influence – Sport Wanganui involvement in the gym club created an opportunity for them to establish satellite clubs in both the North and Southern Rangitikei areas (Taihape and Marton).

Put in place coach development plan

Partners – Sport Wanganui, Primary Schools, Taihape Gym Club, Wanganui Boys & Girls Gym Club, Flip & Twist Group Marton, Gymnastics New Zealand, KiwiSport Fund, Powerco Trust.

Key learning's - Capability to deliver effective programmes hinges to a large extent on the governance and structure being sound in a club. Financial constraints influence many aspects of a clubs performance and will be an obstacle to growing the membership.

Successes / Evidence – Delivery capability in all three of our major regions (Wanganui, Rangitikei, and Ruapehu) is now a reality, with local clubs in two of those three regions.

Sustainability / Growth – The continued effectiveness of the FMS programme and teacher up skills will ensure that the clubs created remain strong and grow their numbers. Funding outside of KiwiSport monies must be a part of the future plan.

Plan addresses - Governance / Capability / Finance / Facilities / Coach & Volunteer development / Athlete development / Junior and senior membership / Marketing & comms / Competition and events / Partners& Relationships – and incorporates SW and other partner roles.)