

### Woonona Stringray's

October 21st 2012

## Welcome to 2012-13

Today is our first day on the beach for our new season and it's great to see so many kids on the beach. Welcome to all returning nippers and new Stringray's we hope you have a heaps of fun with us this season making new friends, learning about the beach, improving your skills and most of all enjoying Summertime at the heach!

Parents being the first newsletter it's a bit lengthy but it's best to get all that's required for the season covered up front to hopefully set the foundation for a great season ahead for us all.

#### Some things to know:

Arrival time: 9.30am for a 10am start. Muster on the grass to the North of the Surf Club to meet your age managers before heading off to your first activity of the day.

Finish time: Approx 11.45am Once finished sign out children (U6 & U7 only). For all ages, please remove your children's club cap.

Be prepared: Please apply sunscreen before arriving at the beach.

*What to bring:* Towel, water bottle, hat. Some kids like to wear goggles for the swim & wetsuit in the surf if the water is cold.

**Gold coins:** Who doesn't love the smell of a sausage sizzle? At the end of each nippers a BBQ is provided in the Surf club courtyard. What a great way to finish off the morning with a sausage sizzle or a bacon and egg roll.

#### What will the kids do?

Throughout the morning depending of beach & surf conditions, nippers will compete and partake in several different events including Swim/wade, boards, spirits, flags, surf education etc.

Throughout the season on certain nipper days point score will be held. These are the ones that count towards championship points.

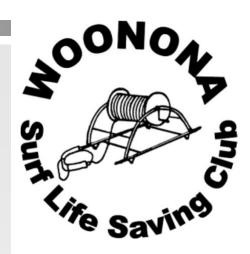
#### What do parents do whilst nippers is on?

- You must stay on the beach and with the your age group. As you can imagine if your child requires assistance we can not leave the rest of the group on the beach by themselves, This could be as simple as attending the toilet.
- \* Assist age managers where possible. Often they are just parents like you, or even young club members. Just assisting with flag set up for example is a great help! Kids love seeing their parents involved.
- \* Encourage all kids. Not everyone can win but everyone is trying their best. Let's cheer them on.
- \* Be social, get to know the other parents, have fun and enjoy being on the beach with the kids..

#### Parents,

Woonona Surf Club is a <u>volunteer organisation</u>. Please help us make this Summer the best it can be by helping us out. "What can you do?"

- Appeals Day. Please help out by meeting at the Surf club, bring the kids with their club caps on
   Saturday 27th October @ 10am to assist in collecting for a couple of hours. It's our biggest community fundraiser for the year.
- Each month the Junior Activities Committee (JAC) meet at the RSL. Feel free to come along with ideas. Otherwise contact Aaron and he can bring your ideas to the meeting.
- BBQ Roster: An age group will be rostered on for running the BBQ each nippers. When it's your age's turn please help out. Offer your assistance to the age manager the nippers before your turn or at the start of that morning.
- Attend social events. Why not be apart of the club? We have an event every month, bring the kids!!
- Most of all have fun at the beach! Not just on nippers days, come and enjoy the beach with your kids whenever you can. Where else would you would want to be on a beautiful summer day!!



#### Upcoming dates

- JAC Meeting @ RSL, 7.30pm . 23/10
- Appeals Day, 10am ......27/10
- Sydney Water #1, Shellharbour 27/10
- Sunday Sippers/Halloween Party.28/10
- Sydney Water #2, Thirroul .... 3/11
- Nippers #2 (U12 BBQ)......4/11

#### Training (meet @ the surf club)

- Swimming training, Mon 4.30pm
- Board training, Fri 3.45pm
- Sprint training, Sun 4pm

#### Contacts

JAC Chairperson, Aaron Dobner.. 0410-213050
Club President, Peter Evert....... 0417-664097
Secretary, Vanessa McInally ......

woonona\_secretary@yahoo.com.au

#### Sydney Water competition.

All nippers are encouraged to compete in the Sydney Water competition, please talk to your age managers or contact Aaron ASAP.



### Saturday 24 November 2012 6.30pm – 9pm

# KIDS - UPSTAIRS IN THE CLUB ROOM



BYO pillow, blanket or bean bag
Free Movies



Meanwhile,

Parents

Downstairs

in the

courtyard

Wine & Cheese

Classically matched cheese and wine.

Experience

Try 5 of our perfect pairs for \$15

**RSVP** for catering