

# Save 14 tonnes of CO<sub>2</sub> emissions per year



	Action	Kg of Carbon saved per year
1	Turn off electrical appliances when they are not in use - don't leave them in 'stand by' mode	440
2	Shift to a green power provider	5,300
3	Use a clothesline instead of a dryer when possible	640
4	Plant a native tree	2,270
5	Wrap an insulation blanket around your water heater	455
6	Wash clothes in warm or cold water, not hot	160
7	Recycling just half of your household waste	1,080
8	Run your washing machine only when it is full	45
9	Run your dishwasher only with a full load	90
10	Turn off your mobile phone charger when it isn't charging	8
11	Let hot food cool down before putting it into the fridge	6
12	Use a reusable bag every time you go shopping	8
13	Turn off the tap while brushing your teeth	3
14	Keep the tyres on your car fully inflated - check monthly	365
15	Keep the air filter in your car clean - check monthly	365
16	Turn off or fix dripping taps	20
17	Clean the air filter in your air conditioner	160
18	Adjust your thermostat down by 1 degree Celsius	900
19	Take shorter showers	160
20	Reduce your rubbish by 25% (by buying products with less packaging, buying reusable items instead of disposable ones, recycling your paper, plastics and glass)	455
21	Use less hot water by installing a low flow showerhead	160
22	Turn off 5 lights in hallways and rooms when you are not in them	300
23	Changing one regular light globe with a compact fluorescent	260
24	Caulk and weather-strip around windows and doors to prevent air leaks	400
25	Whenever possible, walk, bike or use mass transit (based on saving 2.5kg litres of petrol, and saving 2 litres per week)	67
26	Start a carpool with your co-workers or friends (based on sharing a ride 2 days a week)	183
<b>TOTAL SAVINGS</b>		<b>14,300kg</b>



If you were to take all the actions above you would not only prevent over 14 tonnes of CO<sub>2</sub> emissions annually, but also save over \$2,000 per year.