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## TRAMPING

### Experience day tramps

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<b>level:</b>	<b>2</b>
<b>credit:</b>	<b>3</b>
<b>planned review date:</b>	October 2008
<b>sub-field:</b>	Outdoor Recreation
<b>purpose:</b>	People credited with this unit standard are able to prepare for, complete, and evaluate day tramps using a map.
<b>entry information:</b>	Open.
<b>accreditation option:</b>	Evaluation of documentation by NZQA and industry.
<b>moderation option:</b>	A centrally established and directed national moderation system has been set up by the Sport, Fitness and Recreation Industry Training Organisation – Outdoor Recreation Advisory Group.
<b>special notes:</b>	<ol style="list-style-type: none"><li>1 Definition <i>Backcountry</i> is an area away from settled districts. <i>Suitability</i> includes distance, challenge, and mental attitude.</li><li>2 For assessment purposes a day tramp in the backcountry with a minimum of five hours tramping is required.</li><li>3 A minimum of three day tramps must be completed.</li><li>4 Assessment against this unit standard must be in an area or season where or when snow and ice would not normally be encountered.</li><li>5 NZMS 260 maps are topographical maps published by Land Information New Zealand and available from map selling agencies throughout New Zealand.</li></ol>

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- 6 All activities must comply with any relevant environmental, legislative and/or regulatory requirements set out in the New Zealand Environmental Care Code, Health and Safety in Employment Act 1992, Injury Prevention, Rehabilitation, and Compensation Act 2001, and their subsequent amendments. *The New Zealand Environmental Care Code* is available from the Department of Conservation, Head Office, PO Box 10420, Wellington.
- 7 There are minimum assessor requirements for assessment against this unit standard. The details of these requirements are available on the Sfrito website <http://www.sfrito.org.nz/>.

### **Elements and Performance Criteria**

#### **element 1**

Prepare for day tramps.

#### **performance criteria**

- 1.1 Day tramps are selected based on the needs and abilities of the participants.  
  
Range: may include but is not limited to – skill, fitness, experience, mental preparedness.
- 1.2 Access issues are evaluated.  
  
Range: may include but is not limited to – Department of Conservation, farmers, tangata whenua.
- 1.3 Items of personal equipment are selected and their selection is justified based on the chosen route, environmental conditions, and personal needs.  
  
Range: may include but is not limited to – torch, first aid kit, sunscreen, appropriate footwear and clothing, whistle, spare clothing, raincoat, pack.

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- 1.4 Properties of personal equipment, clothing, and footwear are described.
- Range: must include but is not limited to – insulation, protection, weight, waterproofness.
- 1.5 Items of group equipment are selected and their selection is justified based on the chosen routes and needs of the group.
- Range: items must include but are not limited to – first aid, navigation aids, communication, emergency shelter, firefighting aids.
- 1.6 Food and drink are selected and their selection is justified.
- Range: may include but is not limited to – trip duration, portability, ease of preparation, nutrition, weight.

### **element 2**

Complete day tramps using a map.

### **performance criteria**

- 2.1 Moving skills are smooth and efficient.
- Range: must include but is not limited to – rhythm, balance, rest.
- 2.2 The key features of the relevant NZMS 260 maps are identified.
- Range: contour, scale, key, colour shading.
- 2.3 The ability to follow the route is demonstrated using defined geographical features and the map.
- 2.4 The map is orientated using defined geographical features.
- 2.5 Care for the environment is demonstrated based on the New Zealand Environmental Care Code.
- 2.6 A commitment to personal and group safety is demonstrated.
- 2.7 Communication with the group leader and other group members is effective.
- Range: clear, intentions understood.

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2.8 A commitment to positive personal and group morale is demonstrated.

#### **element 3**

Evaluate day tramps.

#### **performance criteria**

3.1 Evaluate each tramp and identify at least two recommendations for future tramps.

Range: preparation, participation, fitness, route choice, suitability.

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#### **Comments on this unit standard**

Please contact the Sport, Fitness and Recreation Industry Training Organisation [info@sfrito.org.nz](mailto:info@sfrito.org.nz) if you wish to suggest changes to the content of this unit standard.

#### **Please Note**

Providers must be accredited by the Qualifications Authority or a delegated inter-institutional body before they can register credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be accredited by the Qualifications Authority before they can register credits from assessment against unit standards.

Accredited providers and Industry Training Organisations assessing against unit standards must engage with the moderation system that applies to those standards.

Accreditation requirements and an outline of the moderation system that applies to this standard are outlined in the Accreditation and Moderation Action Plan (AMAP). The AMAP also includes useful information about special requirements for providers wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

This unit standard is covered by AMAP 0102 which can be accessed at <http://www.nzqa.govt.nz/site/framework/search.html>.